Advance-Titan

INDEPENDENT STUDENT NEWSPAPER OF THE UNIVERSITY OF WISCONSIN OSHKOSH CAMPUSES

VAPING DEATHS



One vaping related illness reported in Winnebago County.

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FALL PUB CRAWL

The Advance-Titan provides a packing list of necessities for surviving the upcoming Pub Crawl.

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OPINION



Run With The Cops makes a joke out of incarceration.

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LIFE AFTER ATHLETICS

Former UWO pitcher shares his story of leaving baseball behind.

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Mental Health Fast Facts:

According to the National Alliance on Mental Illness

- 19.1% of U.S. adults experienced mental illness in 2018 (47.6 million people). This represents one in five adults.
- 4.6% of U.S. adults experienced serious mental illness in 2018 (11.4 million people). This represents one in 25 adults.
- 16.5% of U.S. youth aged 6-17 experienced a mental health disorder in 2016 (7.7 million people).
- 3.7% of U.S. adults experienced a co-occurring substance-use disorder and mental illness in 2018.
- 43.3% of U.S. adults with mental illness received treatment in 2018.





Illustration by Tatum Spevacek

UP investigates theft in IT department

By Jack Tierney tiernj03@uwosh.edu

The University Police is investigating the possible theft of items marked missing or undelivered department, UP Chief Kurt Lei- he has not yet been charged. bold confirmed.

vance-Titan that a former em- to the university. Provost and Vice and/or theft," the IT email read. ployee is believed to have taken Chancellor for Academic Affairs university items, including two John Koker said the university iPads and a document camera, and sold them at pawn shops.

The investigation reportedly Start, an early childhood and family development program, asked why it never received two iPads that were supposed to be delivered by the IT department.

open, suggesting other equipment to Jamf, an Apple mobile device significant fiscal loss or loss to

to its final locations. The department is conducting an inventory to determine which other items are missing.

from the information technology tifying the former employee since IT will be better able to manage

An IT employee told the Ad- Victor Alatorre referred questions cannot comment on an ongoing investigation.

Coincidentally, IT sent an email started when UW Oshkosh Head to UWO employees on Oct. 3 saying it recently enrolled in Apple School Manager, an Apple service that manages all purchased devices, both macOS and iOS. The email also stated that IT re-Other tickets were marked as cently purchased a subscription

tems administrators to convert IT administrative tasks for macOS, iOS and tvOS devices.

The Advance-Titan is not idenevents means that UW Oshkosh all university-purchased Apple make a working group to coordi-IT Information Service Director hardware ... and protecting the de- nate a more thorough review. The vices from misplacement, misuse

However it was not confirmed that a similar system exists for Windows or peripheral devices.

According to the UW System fiscal misconduct policy, the person who reports the misconduct should notify their immediate supervisor of the situation, and the supervisor will notify the Business Officer or Vice President for Finance.

If the misconduct does cause

arrived at IT but was not delivered management system used by sys- university reputation, the chancellor or appropriate representative will report misconduct to the chief audit executive and the "The combination of these UW System Vice President for Finance

> The chief audit executive will working group will review the fiscal misconduct to determine if a violation has occurred.

If a violation is found to have occurred, the chancellor can do any or all of the following:

- Determine if referral to the Department of Justice and/or local law enforcement agencies is necessary.
- · Notify federal authorities if federal funds or resources are involved

See IT Theft / Page 3

Assaul near home

Student upset that UWO did not send out a Titan Alert

By Cody Barnes barnec73@uwosh.edu

A UWO student is still recovering from an assault and robbery that occurred close to midnight Sept. 27.

Jed Molitor was walking from his house on Scott Avenue when a group of teens on bicycles assaulted him near Wright Street, less than a block from his house. He suffered a broken hand and cuts and bruises to his face and back of the head.

Molitor said he was walking to his girlfriend's house when the teens rode up behind him and hit him on the back of the head, knocking him unconscious. The assailants continued to hit him on the ground before stealing Molitor's wallet and backpack, but not his phone.

"They took everything, but were smart enough to not take my phone because you can track that," Molitor said. "I am upset that [UWO] did not send out a Titan Alert because it was close to campus; it could have happened to someone else."

Molitor said he asked the university why there was no Titan Alert.

In an email response from Associate Dean of Students Houa Xiong, she said many factors are taken into consideration when sending Titan Alerts, including the university usually does not receive police reports from the city until after incidences occur.

"At this point and time, the information is not timely and oftentimes may scare people more," the email read. "Since it is off campus, we do not have to report it."

Molitor said there were two other assaults that night and that his incident should have been cause enough for a Titan Alert. Xiong's email referred to the assaults, but the Advance-Titan has not received the police report requested on Oct.



Graphic By Tatum Spevacek & Susan Lor

Advance-Titan FREE Studio Headshots

5 - 7 pm | November 4th | Sage 3002

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The Advance-Titan is published on Thursday during the academic year.

Correction Policy

The Advance-Titan is committed to correcting errors of fact that appear in print or online. Messages regarding errors can be emailed to atitan@uwosh.

Advance-Titan Officials warn of vaping dangers

By Joseph Schulz schulj78@uwosh.edu

Health officials across the country are issuing warnings about the dangers of vaping as they work to figure out the exact cause of a recent string of vaping-related ill-

As of Oct. 1, there have been 1,080 cases of lung injury related to e-cigarette use nationwide and 18 deaths have been confirmed in 15 states, according to the Centers for Disease Control and Prevention. There have been no reported deaths in Wisconsin.

About 69 of those injury cases have been confirmed in Wisconsin and 17 probable cases are still being investigated for vaping-related illness, according to the Wisconsin Department of Health Services. One case has been reported in Winnebago County.

According to a joint study from the Illinois Department of Public Health and the Wisconsin Department of Health Services, 87% of the 86 patients with lung illnesses who were interviewed reported using THC products in e-cigarette devices. THC is the psychoactive ingredient in marijuana and can be turned into a vaporizable liquid.

Of the THC products reported, 96% were purchased from illicit sources. In addition, about 29% of the patients reported only using products containing THC and the chemical contents of those products are unknown, the report states.

96% of reported THC products were packaged, prefilled cartridges, with 89% acquired off from black market, the study found. No single brand of THC cartridge was reported by all patients, but 66% of patients reported using the Dank Vapes brand cartridges.

The report said that because the information used in the study was self-reported, "social desirability bias might affect reporting, particularly of illicit products," nonmedical THC products are currently illegal in both Wisconsin and Illinois.

UW Oshkosh Student Health Center Director Karen Sanchez said the investigation is still ongoing, and it's unknown what exact-



Joseph Schulz / Advance-Titan

A-Z Tobacco & Vapor Shop clerk Jordan Treichel exhales a cloud of vapor in front of vape juices.

ly is causing the illnesses, whether it's dealers cutting the vape liquids with other chemicals or the chemicals used to aerosolize the vapor.

"If I was just writing a hypothesis, I would think that it's probably all black market and not regulated stuff in general, whether it's THC or not THC," Sanchez said.

A-Z Tobacco & Vapor Shop manager Andrew Christensen said there's a market for THC products, especially in states where it is illegal. He believes the issue of illnesses is a direct result of street dealers cutting cartridges with unknown substances.

"This issue is coming from bootlegged cartridges," Christensen said. "Somebody [is] taking a raw material and at home picking a random product to try to cut that material down so it can become vapeable [without] really thinking about what that's going to do to the

While black market THC cartridges may play a role in the string of vaping-related illnesses, the Illinois Department of Public Health and the Wisconsin Department of Health Services found that 13% of the 86 lung illness patients interviewed reported using nicotine devices exclusively.

According to Johns Hopkins Medicine, vaping nicotine can present other health effects such as withdrawal symptoms and increased blood pressure and heart rate. Johns Hopkins also noted the long-term health effects of vaping are still unknown.

A report in the New England Journal of Medicine said e-cigarettes containing nicotine are the most commonly used tobacco product among United States high school students.

To combat the problem, Winnebago County Health Department Community Health Strategist Sarahjean Schluechtermann said the county is working to educate youth about the dangers of vaping.

"There's a lot of misconceptions about those products, that it's just water vapors so it's not that big of an issue, but they're actually very harmful," Schluechtermann said. 'We want to make sure that youth know that these are products that you shouldn't use."

Sanchez sits on the board of health in Brown County and said the board is in support of banning flavored vapes because they see the fruity flavors as marketing toward

Schluechtermann said Winneba-

go County will wait and see if bans on flavored vapes in other areas have an impact before enacting a countywide ban on flavored vape products.

Christensen said a ban on flavored vape products might cause more people to use real cigarettes.

"The former smokers, they're not going to want to try so hard," he said, adding that a ban could create a new black market for flavored vape products.

Both Sanchez and Schluechtermann said the best way to avoid contracting a vaping-related illness is to avoid vaping altogether.

Wisconsin Department of Health Services Communications Specialist Elizabeth Goodsitt said in an email that the investigation into what's causing the string of vaping related illnesses is ongoing, and no specific product or substance has been identified as the source of the

"While our investigation has shown that a majority of patients that were interviewed reported vaping THC, we continue to gather information about the products used, collect products for testing and investigate new cases," Goodsitt said.

remains unchanged March theatre name

By Jack Tierney tiernj03@uwosh.edu

The first play of the semester Purse-Wiedenhoeft said. was held at Fredric March Theatre, which retained the same name that was under student protest last semester for its connection to the Ku

Fredric March, who was a Tony and Academy Award-winning best actor, was born in Racine, Wisconsin, and attended UW Madison. He was in an interfraternity society named the KKK in 1921.

An open discussion with faculty, students and staff was held spring 2019 on campus to discuss the name of the Fredric March Theatre and the connection his name had to

The chancellor's office has not said if the name will stay as Fredric March Theatre, or if the name will be changed. The first play of the semester, Nat Turner, was promoted as being performed at the Fredric March Theatre.

The appointed naming committee submitted their suggestion for

2019 semester, Naming Committee tional Knights of the KKK. member and theater director Jane

Provost and Vice Chancellor for Academic Affairs John Koker said the Fredric March Theatre name is staying as of now. He said there was little student support at the open discussion, which suggested a lack of student interest.

Former UWO Assistant Chancellor for Academic Support of Inclusive Excellence Dr. Sylvia Cary-Butler was leading the naming committee but left the university in June to be the chief diversity officer at Kennesaw State University in Georgia. Koker said this impacted the theatre name decision.

The chancellor at UWM commissioned an investigation into their university following the protest of the removed Gen. Robert E. Lee statue in Charlottesville, Virginia. The Charlottesville protest became infamous for alt-right nationalism after a protester was killed by a white nationalist.

UWM said the group March was

the theater name late in the spring in was not associated with the na- ration of the 150th anniversary of

have won two Tony and Academy and speaking for the NAACP. Award-winning best actor awards. He was born Aug. 31, 1897, and died April 14, 1975, in Los Angeles, California. UWO named their theater after him in 1975.

When UWM finished their assessment of the university, it was discovered that their Fredric March Play Circle, held within Union Theater, had connections to the KKK. March was photographed in the 1921 Klan fraternity yearbook.

UWM said the Klan March was in appeared to recognize the resemblance the name had to the national society but did not mind the association it carried.

A different interfraternity organization at UWM in 1922 did associate themselves with the national Knights of the KKK, the Madison report said.

On Feb. 12 1959, March appeared before the 86th United States Congress, reading the Gettysburg Address as part of a commemo-

Abraham Lincoln's birth, among a March is one of two actors that lifetime of civil rights appearances

> When the news broke on the Madison campus, students responded by covering the names of those individuals who had a reported connection to the Klan. When the stories of Madison's Play Circle made their way north, Oshkosh students noticed the same name on their theater.

> An open discussion with faculty, students and staff was held March 4 in response, but two UWO students attended.

> Purse-Wiedenhoeft said the naming committee submitted their recommendation in late spring 2019. The university has not announced a name for the theater, and the first play of the year was scheduled Oct.

> "There was a campus-wide process and there was very little campus-wide participation," Koker said. "At this time there has been no decision."

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Campus to phase out blue lights

By Lydia Westedt westel51@uwosh.edu

UW Oshkosh is making plans to ensure student safety while balancing costs as talks continue about phasing out the "blue light" emergency phones on campus.

"We have to make a decision about how to be fiscally minded," University Police Capt. Christopher Tarmann said. "The blue lights we have are obsolete. It would cost about \$200,000 to replace every blue light on campus."

Tarmann estimates there are only about one or two legitimate emergency uses of the blue light phones per year.

"There's definitely way more prank use ... than there is actual use," Tarmann said.

Tarmann said about a year ago the blue lights helped thwart a sexual assault.

"We had a stranger sexual assault," Tarmann said. "Somebody used the blue light to report the incident."

Tarmann said the blue lights are still accessible for calling a Saferide.

"You can use them for any way to connect with us," he said. "It doesn't have to be an emergency, but it does have to be a legitimate police use."

UWO Mobile, an app created to put safety resources at students' fingertips, has a mobile blue light feature that serves the same purpose as a stationary blue

Tarmann said his favorite fea-



Jack Tierney / Advance-Titan

blue lights, he added it could be

Blue light emergency phones are phasing out around campus. UP is promoting the UWO Mobile app.

ture of the app is "Chat with UP."

"You'd be able to chat live with my full-time dispatcher, 24/7," he

Tarmann said students in an uncomfortable situation could use the chat feature to text back and forth with UP and no one around the student would ever know.

The app has a Virtual Safewalk feature where students can allow the UP to track their location live until they get to their destination. Tarmann said the app can be in your hand anywhere you go, not sure if the UP gets to make

whereas the blue lights are stuck the decision on phasing out the in one spot.

"There were periods of our 20 years before every blue light is

lives when we didn't have cell gone. That's why Tarmann fought "We care about our community and want

them to be safe."

much when those [blue lights] were relevant."

Although Tarmann said he's ed to be," Tarmann said.

phones," he said. "That's very to get an app with blue light features three years ago.

"I knew that's where we need-

Currently, UWO Mobile costs

about \$4,500 per year to operate.

The UP plans to continue their proactive approach to policing to ensure safety among the community. Tarmann said, "Our No. 1 goal for the police department is to keep students safe.'

"You're going to see us out there. ... We're not hiding. ... We're not trying to catch you," Tarmann said. "We care about our community and want them to be safe."

The UP plans to continue to offer the Saferide program to students during Pub Crawl. A Saferide can be summoned on the UWO Mobile app or by calling the UP at 920-424-1212.

Tarmann expressed concern for students and community members as the annual fall Pub Crawl will be taking place this weekend.

"I get scared for our community when they go to that event," Tarmann said. He added his biggest safety message to Pub Crawl participants would be "don't get scared to call us because we're here to help you. We understand what's happening."

If students have any safety concerns they would like to discuss face-to-face with the UP or the chancellor, Tarmann recommended students attend the annual Chancellor and Chief Campus Safety Walk.

On Oct. 14th at 5:30 p.m., Chancellor Andrew Leavitt, UP Chief Kurt Leibold and other campus leadership will meet in the UP parking lot. Students are welcome to attend and bring their safety concerns with them.

UWO's enrollment, revenue down; expenses up

By Jack Tierney tiernj03@uwosh.edu

up to about \$1.1 million in additional funding over the next two years after the Wisconsin Joint Finance Committee allocated \$54 million to the UW System last week, UWO's Provost and Vice Chancellor for Academic Affairs John Koker predicted.

Koker, who is the chief academic officer and has responsibility over the university's academic and budgetary affairs, said nearly \$500,000 of that amount will pay for a 2% faculty pay increase effective Jan. I under the approved UW System 2017-19 pay plan. The remaining money will be split between different units after an auditing system determines the amount that UWO will receive.

Units are academic affairs, administrative tuition and finance, student affairs and university advancement, Koker said.

"Don't get me wrong, giving faculty and staff raises is a good thing," Koker said. "But this campus has to figure out how to spend that money on something else."

Koker said the university Budget Committee is not sure how it is going to spend the remaining state allocation.

State money funds part of the university's general-purpose revenue that was off balance by \$9.5 UWO's College of Letters and million in 2018. Tuition money is another key revenue source for the university, but student enrollment, which coincides with student tui-

tion money, has been down since sign part of their credits for earned maining 30%.

That meant cuts to academic de-UW Oshkosh will likely receive partment funding the previous two semesters, which consequently increased faculty workloads.

expectations

research time because they are needed in the classroom, Koker

In addition, class sizes at the introductory levels have increased, for while some of the one-year con-

"Our leaders are unwilling to hold the line on increasing administrative positions, while at the same time making it more difficult for faculty to help deliver on the core mission of the university — the education of students."

- Jim Feldman, United Faculty and Staff of Oshkosh

a faculty member at Wisconsin comprehensive universities, which provides students both undergraduate and master's degree programs, are between 18 and 24 credits a year.

"Some faculty spend more time in the classroom while others are more focused on research, which brings millions of dollars to our state's economy each year," the UW System website reads.

Research is part of what makes UWO a comprehensive university and employers tend to value degrees from research universities because they teach fundamental life skills such as critical thinking.

Currently, faculty members in Science, the university's largest college, are teaching 21 credits

Faculty are not eligible to reas-

tract professors who were cut as a result of 2018-19 budgetary decisions have been replaced by fulltime faculty members.

Previously, COLS allowed faculty to reassign six of their credits in the classroom for research time in the field, but that program no longer exists. Koker said they hope to get back to the point where faculty can reassign some of their time to research.

Koker said UWO currently has more expenses than revenue. On top of that, this is the seventh year of a tuition freeze and student enrollment is less than what Koker said the university budgeted for. The faculty pay increase contributes to a significant loss in their general-purpose revenue, he said, as state money will pay for 70% of the faculty pay increase and the university must pay for the re-

— Capt. Christopher Tarmann, University Police

Academic affairs, the largest receiver of university dollars, includes the colleges, library, grants office, academic advising, center for academic resources, student support area, counseling center and advising.

United Faculty and Staff of Oshkosh, a union formed in 2017, questioned the faculty and department cuts that were made and said their implications could add risk to the UWO student experience.

UW System numbers show that ulty cuts made across the UW Sys tem from 2014-17.

"It seems to me to be a case of misguided priorities," United Faculty and Staff of Oshkosh President Jim Feldman said.

'Our leaders are unwilling to hold the line on increasing administrative positions, while at the same time making it more difficult my goal to protect the academic for faculty to help deliver on the mission of this institution in any core mission of the university the education of students.'

Koker said those numbers are questionable and that the university is looking into the reasons why they show what they do.

UW System numbers show UWO student enrollment at 12,903 in 2018, down from the peak enrollment at 13,312 in 2014. They also show 348 faculty members in 2018, up from 308 the year before. Feldman and Koker both said those numbers could be a mark of the access campuses that UWO merged with in 2018.

Between 2014 and 2017, the UWO had the highest percentage number of administrators at UWO of administrative positions hired went from 70 to 91, a 30% inand the largest percentage of fac- crease. In 2018, the number of administrators rose again to 103, up 47% since 2014. Koker also said that raise can be because of the merger.

> Koker said students should not worry about the budget situation that has lowered the morale of some faculty members.

> "As long as I'm in this role, it's way possible," he said.

Corrections

An article in the Oct. 3, 2019 Advance-Titan incorrectly stated the summer hours of the UWO Health Center. The correct fall semester hours includew: Monday: 8 a.m. - 6:30 p.m. Tuesday: 10 a.m. - 4:30 p.m. Wednesday: 8 a.m. - 4:30 p.m. Thursday: 8 a.m. - 4:30 p.m.

Friday: 8 a.m. - 4:30 p.m. An article in the Oct. 3 2019 Advance-Titan was updated online to include the numbers of alcohol and drug reports, hate crimes, and statistics for the Fond du Lac and Fox Cities campuses. The Advance-Titan did not originally have access to the full report.

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WO panel talks sex & spirituality

By Megan Behnke behnkm48@uwosh.edu

Last week the "Navigating Spirituality and Sexuality" panel discussion was held in Reeve Memorial Union to discuss how spirituality impacts views on sex, how sexuality can be viewed positively in light of spirituality and how to combat feelings of shame.

Panelists included UW Oshkosh senior Joy Evans, Women's Center program assistant Eliza Farrow, second-year student Liz Jacobson and grad student Jon Wills.

Farrow, who goes by pronouns they/them/their, said their views on sexuality and spirituality were influenced by pop culture references.

"When I was in middle school, I saw a sketch on TV from SNL about masturbation that really made it into a joke and made it seem not so great," Farrow said.

Farrow described discussing the SNL sketch with their mom.

"I kind of got a sense that that was wrong," Farrow said. "I got to high school and learned more about ... how society constructs these things and tries to shame people about sex."

Evans said that she mostly



Allison Russotto / Advance-Titan

Panelists at Reeve Union speak about how spirituality has impacted their views on sex.

stayed true to the principles she was raised with but considered alternative ideologies.

"I was a little rebellious in high school," Evans said. She added her views on sex and spirituality changed during her senior year of high school after she turned 18.

"After that I was like, 'Well, that's not me," she said. "I know it wasn't the way I was taught."

Jacobson said sex was never discussed in her household growing up. Her views regarding sex changed over time.

"I think when you get into middle school and maybe just high school, your world opened up a bit because you meet more people," Jacobson said. "And for me, it was middle school and realizing number one, there were

different backgrounds, which sounds so late to figure that out, ... that not everybody has the same assumptions your family had."

Wills said his perspective of sex and spirituality shifted in seventh grade when the topics of sex, sexuality and marriage were finally discussed.

"This is a moment where I re-

alized, 'Wow, I now really have a say in this," Wills said. "There was a short period of time that I broke with the Lutheran tradition, which I was raised in, because at that time the Lutheran church did not embrace marriage equality."

Jacobson said she still embraces some aspects of how she was raised in terms of sexual activity.

"For me, personally, I plan on waiting until marriage," Jacobson said. "I've acknowledged that that's not how it should be for everyone because that's not a good way for everybody to experience things, and that's sort of where that tension, so to speak, comes in between my views and the views that were brought up with how I was raised."

The "Navigating Sex and Spirituality" panel was held as part of The Red Zone's Healthy Relationship week for Sept. 30-Oct. 6. For the week of Oct. 7-Oct. 13, the topic will be alcohol and consent. The annual UWO Take Back the Night event which allows attendees to take a stand against sexual and domestic violence will be held Oct. 29 in the Reeve Union Ballroom from 5-8pm.

IT Theft: Undelivered items prompt UP investigation into IT

From Page 1

• Determine whether any disci-Disciplinary action must follow UW System and/or institutional policies and procedures.

not caused or is unlikely to cause procedures or significant financial/ significant financial, legal and/or reputational loss is. plinary action may be appropriate. reputational risk to the UW Sysmatter through appropriate procedures. The UW System website

The IT email said both macOS tem, the institution can resolve the and iOS devices will be slowly enrolled into the Jamf cloud.

"You will occasionally be pre- ue to present itself, with increasing

However, if the misconduct has does not detail what appropriate sented with a dialog box with a frequency and annoyance, until rollment.' This is not a scam. This dialog box will present itself when enrolled into Jamf. It will contin-

heading 'UW Oshkosh Jamf En- you complete the steps outlined in the dialog box."

The investigation into missing your computer hasn't been fully items in the IT department is ongoing, Leibold said.

Events in photos





LEFT: Special Olympics Wisconsin partnered with the University Police and surrounding law enforcement agencies to host Run With The Cops Thursday, Oct. 3rd, on the UW Oshkosh campus. Run With the Cops is a 1K kids run and a 5K run/walk. Fundraising from Run With The Cops goes to Special Olympics Wisconsin.

RIGHT: A pop-up store named the Poster Sale visited Reeve Union Oct. 2 with a collection of posters ranging from John F. Kennedy to Young Thug to Freda Kahlo. The Poster Sale was started by entrepreneur Mandi Van Aswegan of Greenville South Carolina. Van Aswegan commissions artists to travel the country selling their art and posters reaching 500,000 students in 2019 according to Greenville Business Magazine. Van Aswegan called the business a "cultural expression, empowering the modern college zeitgeist."

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JWO hosts famous jazz quartet

By Rachel Ryan ryanr71@uwosh.edu

The Oshkosh community will experience a once-in-a-lifetime event Oct. 15 when the Grammy Award-winning Branford Marsalis Quartet plays at The Howard.

The Branford Marsalis Quartet consists of several world-renowned jazz musicians including Joey Calderazzo on piano, Eric Revis on upright bass, Justin Faulkner on drumset and Branford Marsalis himself on alto, tenor and soprano saxophones. The group has been performing for three decades and has found its fair share of fame.

Students for Music, a UW Oshkosh student organization, has partnered with historic Oshkosh venue The Howard to host the quartet.

SFM president Giselle Olivia said the group tried to get Marsalis to perform at UWO last year but it didn't work out. She said this year SFM faculty adviser Sharon Tenhundfeld played a large role in connecting the organization with prominent musicians and local businesses

"It's really awesome that we even got him to come here," Olivia

Olivia said the Marsalis Quartet is like the "royal family of [the] jazz community."



Courtesy of Branford Marsalis

World-renowned musicians Joey Calderazzo (piano), Eric Revis (upright bass), Justin Faulkner (drumset) and Branford Marsalis (alto, tenor and soprano saxophone) play in the Bradford Marsalis Quartet.

Marty Robinson, professor of really exciting." trumpet and jazz at UWO, said when it comes to jazz.

"He's generally considered one of the most proficient and versatile 30 years," Robinson said. "When he's performing, you never know what you're gonna get, which is Hall in the Arts & Communication 7:30 p.m. Robinson said students

Robinson said throughout his 15 Marsalis doesn't fit into a box years at the university, UWO has never hosted someone of this caliber in the jazz world.

Prior to the event, Marsalis will jazz saxophonists of the last 20 or also host a master class for UWO students that will take place at 3 p.m. in the UW Oshkosh Music

Center. Olivia said students will be able to get advice and suggestions from Marsalis at this event.

"I think that's a once-in-a-lifetime opportunity," Olivia said.

After the master class, the concert will be held at The Howard with doors opening at 6:30 p.m. and the performance starting at can attend the event for \$5.

"This is the recital that you can't miss because ... if you're here for four or five years, you're not gonna hear anything like this," Robinson said.

Robinson hopes that students who attend the concert will hear the stylistic versatility the group can play. He said in jazz, improvisation is a key element, and the quartet is doing that on stage for an hour and a half.

"Imagine a comedian who just goes on stage and asks the audience, 'What are you thinking about?' And then he starts riffing on that for 10 minutes and telling the funniest stuff that you can hear. That's what these guys are doing with music," Robinson said.

While this is the first SFM event held off-campus in partnership with a local music venue, Olivia hopes it will not be the last. She said in the future, they would like to build relationships with other venues so they can accommodate a variety of artists like Marsalis.

Robinson highly encourages students to attend the Branford Marsalis Quartet.

"Be ready to have your ears be blown away," Robinson said. "Not by the sound, but by the creativity."

Food pantry to open in Reeve Union

By Amber Brockman brocka24@uwosh.edu

Reeve Memorial Union will be opening a food pantry to help combat food insecurity among UW Oshkosh students, prompted by research done by McNair scholar Joy Evans and her mentor Juliana Kahrs, UWO assistant director of health promotion.

Evans said the food pantry vember.

Kahrs said Evans focused her research on health disparities among minority college students and examined how health can with \$300." factor into student success.

healthy foods was an issue for research, she was able to identify these other issues, so we decided to focus on food insecurity," Kahrs said.

campus are required to have a meal plan, but even the cheapest option costs about \$1,000 a se-

"If you divided it up by month, you're spending about \$300," should be opening in late No- Evans said. "Then on top of that, you have to spend more money just to be able to eat again in a day. Think about how much you could get from the grocery store

"She recognized that access to delia Bowlus said through Evans' pects of a person's life.

many students and also linked to food insecurity and related health students' ability to focus and risk factors," Evans said. "The issues as a serious concern on campus.

"Her findings, although they Evans said students living on were based on a relatively small sample size, corroborated the findings of numerous similar studies conducted on campuses across the country," Bowlus said. "The beauty of Joy's work is that it identifies that this is a particularly serious problem for students of color living in the residence halls so that we as campus community can begin finding solutions.'

Kahrs said food insecurity can McNair program director Cor- have negative effects on many as-

"Food insecurity can impact BMI and mental illnesses are all many other health factors that contribute to acute and chronic preventable diseases," Kahrs said. "In addition, current research indicates a link between experiences of food insecurity and the incidence and severity of depression and anxiety among many populations, including college students."

Based on the research Evans collected on students of color, she discovered over half of them were food insecure and experienced risk factors.

"Inadequate sleep, low physical activity, unhealthy weight or

succeed in school and influence majority of people who are food insecure experience three to five of these things."

While having an on-campus food pantry won't alleviate all of the problems students experience with food insecurity, Bowlus said it will help with immediate needs.

"Having the pantry in Reeve, which is frequented by virtually all students, is critical if we are to reach students in need as well as raise awareness among the campus community as a whole that students are not immune to food insecurity," Bowlus said.

Sage Hall study room kiosks: Out of order

By Bethanie Gengler

When Sage Hall first opened eight years ago, it came with many amenities including a number of study rooms, conference rooms and breakout/group rooms available for students to reserve for free using the Google Calendar app.

With the recent campus merger of UW Oshkosh, UW-Fox Valley and UW-Fond du Lac, the campus IT systems and conference room reservations have switched from Google to Microsoft Outlook and the kiosks outside the Sage study rooms have remained off.

Now, many students are using instead of reserving the room via Outlook, often for eating lunch or socializing with friends. For those who need these rooms, they may not be available despite being reserved.

Senior Brinley Fischer said she tem to reserve a study room.

"I usually just look to see if they're empty or if the screens are working; I check that," she

Senior Tia Slusar said she tried using Outlook to reserve a room, said. but it was not as easy as reserving a room using Google.

"I tried to reserve them once, but I couldn't figure it out," she

In the past, reservations were displayed on a kiosk outside the desired room alerting students to the room's use. This semester, the study room kiosks remain dark.

With every study room on the the rooms without a reservation third floor occupied last Thursday but only one room actually reserved, Slusar and senior Paige Schultz said they were waiting for a room to open up. Once a student left a nearby room, Slusar quickly rushed in to claim it.

Senior Sunny Wang was the study room that Slusar and Schultz claimed. Wang said she had actually reserved a different room.

"I normally book a room, but when I got there it was taken, so I just went in another one," she

To book a room, students must use their Outlook Calendar and schedule an event. For the location of the hall, type in "Sage

"With Google, you could just type in Sage and an entire list of rooms would come up," Wang said. "Microsoft is not that ad-

Wang said with the Outlook system, students need to either know the room number they wish to reserve or type the floor number followed by the number "2" to get a list of rooms. A list of available study rooms can be found at uwosh.edu/it/sage-hall.

they don't even try it," Wang said.

But with the kiosks outside the rooms turned off, students occupy any open room regardless of whether the room is reserved. Wang said the room she reserved using Outlook Calendar was occupied.

'You can kick people out," she said. "Show them on your phone. Say, 'Hey, this is my room."

According to an email from a UWO information technology employee, using Outlook Calendar to reserve a room works better on a computer than the mobile app. IT confirmed that none of the kiosks in Sage Hall are currently working.

"With the switch outside to Outlook, it was determined that we were going to have to update the kiosks outside of each [breakout/study] room in order for them to display Outlook," the email

"Some students don't under- said. "As we have not secured funding for that upgrade, all of them were switched off until they could report accurate data."

> Having 29 classrooms at Sage Hall brings a large population of students to the building, many of whom need to use study rooms for reasons other than socializa-

> Fischer said when all of the study rooms are full, it is an inconvenience to students who have to "try to find somewhere else to study."

Schultz said not having the kiosks turned on is causing confusion among students.

"Last semester the screens were turned on and you could see what time the rooms were reserved for," she said. "Now it's like they're not even working like that anymore."

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Students give back through volunteering

By Bethanie Gengler genglb78@uwosh.edu

Privilege, bias, discrimination and prejudice have been hot topics nationally and locally in recent years, and one UW professor has taken a unique approach to teaching her students about these issues.

Professor Tammy Ladwig is a teacher "teaching teachers to be

Ladwig instructs a course at both UWO-Fox Cities and UWO-Fond du Lac called Education in a Pluralistic Society primarily taken by education majors. The course is a service learning and distance learning course with Ladwig alternating between the two campus locations and appearing via monitor to the satellite campus.

But Ladwig's course isn't your typical lecture and exam-based class. One of the course requirements is for students to spend 15 hours volunteering in the commu-

The students volunteer at locations within the Fond du Lac and Fox Cities communities including BEAMING Equine-Assisted Therapeutic Riding, St. Joseph Food Program, the Community Clothes Closet, Habitat for Humanity, at humane societies, local school districts and more.

Although the majority of volunteer hours take place outside of class time, Ladwig also dedicates some class time to volunteering and participates alongside her students.

Last Thursday, Ladwig's UWO-FDL class attended a conference on special education at Ripon College while her UWO-FC class played kickball with students from Thrive Career Academy, a program offered at UWO-FC that helps individuals with disabilities learn job skills and obtain employment within the community.

But how does playing kickball help UW students understand privilege, bias, discrimination and prejudice?

By allowing UW students to work with people who are disenfranchised, Ladwig's course teaches understanding, empathy and compassion.

"The university students and the Thrive students all grow together. They get a hands-on, eye-opening



Bethanie Gengler / Advance-Titan

UWO-FC students enrolled in a service learning course play kickball with students from Thrive Career Academy

experience in how much we're alike," she said.

Thrive Academy instructor Monica Allaback said the partnership between Ladwig's class and the Thrive students allows them to "work with a population they may not be able to work with, and that opens their eyes — both UW students and Thrive students."

Allaback said it gets the Thrive students "comfortable talking with other people, gets them better able to communicate" and adds camaraderie in the class and on campus.

UWO-FC student Helen Zalas said the partnership with Thrive has been a positive experience for the

"Just doing activities together is so big for them and so good for us ... and it's good to be involved," Zalas said. "The reward is being able to make a difference and they make you happy when you're doing this."

UWO-FC student Tom Russell said working with the Thrive students helps the students feel accept-

"This is a pluralistic society class so [we're] trying to be more aware of the differences of people," he said. Russell said he specifically seeks out classes Ladwig teaches because she has a different teaching

"Seeing a different perspective in the way she teaches opens my eyes to a more diverse thought pattern,"

Ladwig said some of her students initially look uncomfortable when



Bethanie Gengler / Advance-Titan A Thrive Career Academy student gets ready to steal a base.

they learn they will be working with diverse populations who may

have disabilities. "I'm upfront about it; it's in the syllabus. You are going to be uncomfortable at times," Ladwig said. She added the individuals her class works with are often disenfran-

chised, picked on and isolated. "How can somebody in the class who might be a role model bridge that gap and work through that with the students?" she said.

Some of her former students have developed lasting relationships with the Thrive students.

the Thrive students once a week," she said.

Ladwig said the purpose of her class is to give perspective to discrimination, prejudice and bias.

"Diversity is not just a black and white issue; it's an issue of so many things," she said. "The diversity of socioeconomic status; putting them with these people."

Students also work with St. Joseph Food Program, which is located across the street from UWO-FC and serves more than 650 families

"They are working poor, low-"I have students from UW Osh- er socioeconomic status," Ladwig kosh that come back and work with said. "So what does that mean?

What does that look like? What does that bring? What obstacles might they have that we don't have? What obstacles can we maybe help them with?"

Ladwig said she wants her students to be less judgmental and more open to learning how they can help others since they may someday play an influential part in educating our youth.

Prior to becoming a professor, Ladwig was a school teacher and said some of her students experienced food insecurity.

"I knew there were kids going home to no food, to nothing," she said. "So we would box up food and we'd give the kids food to take home. What does it mean to be food insecure? What does it mean when you can't just go to the refrigerator and eat something nutritious?"

One of the programs offered through St. Joseph Food Program provides meals to area school chil-

"Every Friday they have a representative from the school who gets these boxes for these kids so that when they go home they can have something to eat," she said. "Seeing that, and being able to be part of that, putting those boxes together, what that means. This is a real thing. And then what can I do to contribute so that perhaps somebody isn't food insecure or so that I can lend a helping hand."

Ladwig said the importance of getting students out into the community, working with diverse populations and volunteering cannot be underestimated.

"It gives you a perspective of perhaps where you might be able to serve your college better," she said. "You are college students. You have a responsibility to take your knowledge and your ableism and give back through your ability, your intellect, your empathy [and] your compassion to help build better, stronger communities."

Titans serve community at Hands on Oshkosh

By Sophia Voight voighs33@uwosh.edu

More than 170 students, staff and faculty of UW Oshkosh came out to provide their support to various organizations throughout Oshkosh in the university's semiannual Hands on Oshkosh event last Saturday.

Hands on Oshkosh is a campus-wide "morning of service" program that is held once per semester. Volunteers throughout the campus visit community locations such as parks, nonprofits and elementary schools to lend their hands to projects and help make a difference in the community.

Students met in the Reeve Union ballroom, where they received a T-shirt and water bottle and heard an introductory speech about the day's event, before loading into buses and being transported to volunteer sites.

groups and sent off to different lo- Oshkosh's organizations. cations and organizations such as Growing Oshkosh, Christine Ann Domestic Abuse Services, Father Carr's Place 2B, the Salvation Army and the River East Neighborhood Association.

Neil Romenesko, director of the men's shelter at Father Carr's Place 2B, a life enrichment center, said Father Carr's greatly appreciates everything the program has done for their organization.

"What was accomplished in the shelters was phenomenal," Romenesko said. "A group of 29 students can get the same amount of work done in a few hours that it would take one of our volunteers two weeks to do."

UWO student and Reeve Union Volunteerism program assistant Alaina Riedel commended Hands on Oshkosh's volunteers for getting out into their community and Participants were divided into donating their time and efforts to

"I think the aspect of volunteering that's most important is the community association," Riedel said. "And the biggest way to get to know your community and the individuals in it is to volunteer."

Riedel said it's important to get to know and become involved in the city you live in and volunteering is a good way for new students who may not have lived in the area to become familiar with Oshkosh.

"I think doing your part to give back to the city in which you live is something that makes that connection," Riedel said.

UWO student and Hands on Oshkosh volunteer Stephanie Jost said volunteering is a way to make connections and get involved in your

"I've definitely made a lot of connections around Oshkosh and on campus," Jost said. "I know so many more people now that I've

started volunteering."

Jost added volunteering isn't just important for the people participating, but also for the people they are helping and providing their services

"You never know when you're going to end up on hard times, and if I can help someone while I can, I want to do that," Jost said. "And I know if I'm ever in a situation, there will be volunteers that will step up for me."

Volunteer opportunities at UWO don't stop with Hands on Oshkosh

Jost, who serves as an executive board member of Titan Volunteers and as associate vice president of civic engagement for the Panhellenic Conference council, plans volunteering and philanthropy events for her organizations throughout the year. Jost said UWO has plenty of opportunities for students to get involved in volunteering and make a

For students interested in getting involved in volunteering, UWO student organizations Titan Volunteers and Circle K are exclusively dedicated to service.

Reeve Union Student Involvement also provides the Alternative Break program, which allows students to travel over winter or spring break to work on community-based service projects in different areas around the world. Information about this program can be found by visiting uwosh.edu/reeve/involvement/volunteerism/.

Students interested in volunteering can also email volunteer@ uwosh.edu and ask to be added to the volunteer email list that sends out weekly volunteer opportunities.

"There are definitely resources and you should utilize them," Riedel said. "And my advice is to try them out because you never know unless you try."

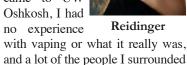
Up in smoke: Vaping should be taken seriously

By Lauren Reidinger reidil42@uwosh.edu

On campus it's almost impossible to walk anywhere and not see

someone vaping or juuling it's become a normalized daily activity for many college students.





Throughout my college years, vaping became more known and used by my classmates and dormmates. It became a normal thing for people to plug in their Juul at night and not just their phone for a charge.

myself with didn't either.

I believe e-cigarettes are only used because society feels it's "cool" or "better than cigarettes" when truly it's not. You are still putting harsh chemicals into your system regardless of what the product name is.

People are given all the information they need to understand why it's not good for them, yet they continue to juul.

According to Johns Hopkins Medicine, vaping "raises your blood pressure and spikes your adrenaline, which increases your heart rate and the likelihood of having a heart attack.'

Not only does vaping increase users' likelihood of having a heart attack, but they start to feel dependent on it as addiction spikes from constant use, and it becomes harder and harder to break with continual use of vaping and e-cigarettes.

Although I conformed to society and tried vaping, I hated it from the start. It hurt my lungs and made me feel weird. I didn't want to rely on something like that for a sense of



Chris Gajdos / Advance-Titan

When vaping first came around, it was talked about as a "healthy alternative" to cigarettes that could still give people the same high a cigarette would.

It spiraled into controversy as some believed it was unhealthy and others were blind-sided by longterm side effects. Everyone should know it is unhealthy. And no, it's not healthier than cigarettes.

According to the Truth Initiative, every Juul pod is equivalent to smoking 20 cigarettes worth of nicotine. That alone should be a clear indicator that these habits are horrible for your body.

I interviewed students at UWO (all of whom asked to stay anonymous) who either vape sometimes or never have. I asked their opinions on vaping and how it affects ity. They all explained how they

A UW Oshkosh student takes a drag of a Juul brand e-cigarette while walking to class. not only their lives, but the people around them.

> "Vaping serves no purpose [other] than trying to fit in with mainstream society," a junior who has never vaped said.

They also expressed that they were never pressured into using it because the majority of their social group didn't vape either.

A senior at UWO who sometimes vapes expressed how they only did because everyone around them was doing it. They felt pressure from their social group to do it, but felt it was "normal" or "cool" to vape.

"Everyone is doing it, so I should too," a senior who occasionally va-

The majority of students who vaped started in their high school years when it first rose to populardidn't have health problems in mind when starting out, but as more information came out about it, they slowly began to retreat from usage.

"The more I found out about it and what it can do to you, it just disgusted me, and I wanted nothing to do with it ever again," a senior said.

Each interviewee who occasionally vaped expressed how they came to know it was bad for them but chose to do it anyway to fit in with society and be normal. They expressed how in high school, popularity matters and you have to do certain things to be a part of the

"It's just a fancy cigarette in a new shiny packaging," a senior said. "It contains different chemicals, but ideally the outcome is still the same — not good."

"Whatcha Think?"

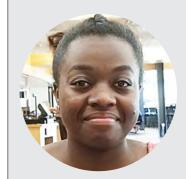
about the vaping epidemic?



Isabella Eliasen, junior "Vaping is stupid. Grow a pair. Smoke pot or smoke cigarettes like a real adult. Stop vaping and pretending it's good for you when it's not."



Bryce Kalaus, sophomore 'For college kids who just vape to look cool, I think it's stupid. I don't understand why they have to suck on a USB drive to feel a buzz."



Valencia Tolefree, senior "I don't think they have enough research to show that it's causing all of these illnesses."

'Nat Turner' challenges audience

By Leo Costello costel93@uwosh.edu

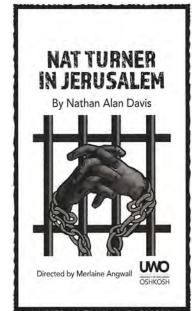
The UW Oshkosh theatre department debuted the first college performance of the 2016 one act ones he committed. play written by Nathan Alan Davis, "Nat Turner in Jerusalem," last week, providing a profound and challenging experience for its audience.

Davis, who spoke on campus about his play last week, wrote the play to tell the true story of Nat Turner, a slave-turned-rebellion leader who was sentenced to death for the murder of 50-60 white men, women and children in retaliation against the murders against his own kind. Turner believed he was on a mission from God in search of "holy vengeance."

"Nat Turner in Jerusalem" takes place at Turner's jail cell in 1831 Jerusalem, Virginia, during Turner's final night as he self-reflects and confesses his story to his attorney, Thomas Gray, who atheist with a tragic past.

The lines between good and in Jerusalem." Both Turner and

Gray seem justified in their awful actions. Gray is himself a member of the group that oppressed Turner, and Turner is a victim of even worse atrocities than the



This challenging play of moralhappens to be a slave-owning ity and religious deconstruction was even more of a challenge to direct. Merlaine Angwall directed evil are blurred in "Nat Turner the play's themes of racism, religion and morality effortlessly.

imalist aesthetic. The jail cell jutted out so far upstage that it went over the first few rows of seats, making for an intimate and three-dimensional experience.

The lighting of the stage really set the intimate tone of the prothe faint orange glow of a sunset through the jail cell window. Most of the play's key moments were used as cues for some beautiful dramatic lighting choices.

The jail cell walls were as simple as they could be, breaking apart into sections to really let the scenes breathe. Only the bare essentials were present in the construction of the set, putting all the emphasis on the story and performances.

Barefoot and in chains, Bryan Carter, a senior, gave an incredibly powerful and honest performance as Nat Turner. His ability to listen during the course of the show brought his character to life in a brutal way. Carter gave Turner an eloquent and generally calm demeanor, making the revelation of his atrocities incredibly shocking to the audience.

Parker Sweeney, a senior, gave the Prairie Theatre Oct. 10-12.

The stage was set with a min- Thomas Gray a relatable personality. He isn't simply the racist villain the audience roots against. Sweeney's charm, despite his intimidatingly tall statue over Carter, made him a uniquely relatable character.

Carter, Sweeney and senior duction as well, at first shining Garret Johnson as the prison guard all played off each other so naturally that, from the beginning of the play, it was clear these three characters had a complex relationship that started far before the show began.

Since this was the first college production of "Nat Turner in Jerusalem," the playwright was in close contact with Angwall. The pressure was on — and it really paid off.

UWO's production of "Nat Turner in Jerusalem" brought to light modern issues of racial injustice in an honest, yet nuanced way with this true story that brought some audience members to tears.

There is still a chance to see UWO's production of "Nat Turner in Jerusalem." The understudy cast will be performing at the UW Oshkosh-Fond du Lac Campus at



Eduardo Ruiz-Gopar, junior "With all the people getting sick, I feel like there's a bias to it with all these people using illegal cartridges. Do your research before you make assumptions about it."



Madelyn Ryan, senior "A lot of people don't know what's actually in it. There's not enough research to support that it actually is better than cigarettes."

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Life as a nonbinary student

By Burgundy Johnson johnsb85@uwosh.edu

As a queer, autistic, asexual and nonbinary person, my pronouns are they/them/theirs and vi/vir/virs, I'm fairly certain two of my history and I have mixed feelings about my safety on campus at UW Oshkosh.

On one hand, people seem to leave me alone. I've been informed that I give off this "don't mess with this person" vibe, which is definitely for the



Johnson

best because I am a black belt, but I also know I'm a pacifist who runs from bees.

On the other hand, I don't appreciate the way the University Police shrugs off my friend and my concerns over a dark, unlit area of campus that said friend has definitely been stalked at before. The nearest blue lights are far, far away in either direction.

I have a friend who's had rocks thrown at them while walking along the sidewalk. Another was targeted by a student who believed LGBTQ people should be killed.

Friends of mine have been blatantly discriminated against by teachers, students and employees for being queer, presenting as queer or just wearing a bunch of queer-positive buttons.

I also know that this campus is prefixes that I'll break down. steadily getting better.

who, when I actually bothered to ter developing a strong emotional tell them my pronouns, did not at bond, which isn't me being prudleast make an honest effort to use ish; it's how my orientation works them, but I definitely don't tell ev- and there ain't nothing to be done

ery professor.

I rarely tell my pit lecturers my pronouns. I don't remember the last time I told a lab proctor or a math teacher for that matter, and professors were never told.

I tell my majors' professors in English, biology and environmental studies with few exceptions because it never came up so it didn't cross my mind.

reading may be curious, my identhem are easy to explain.

I'm nonbinary, or agender, feel like I'm male or female, but rather something else entirely.

I have a gender, probably, but I feel incredibly neutral, not strongly toward anything in particular.

Like extra dimensions in physics, gender exists in theory because the math evidences its existence but we don't know for sure if it's there, and we can't directly perceive it regardless.

I've grown quite attached to the word "nonbinary" because it's sufficiently vague and accurate at the same time.

I'm also on the aromantic spec-

"But Burgundy, you just said that you still experience romantic attraction!" I heard at least one person say, to which I clarify that I specifically consider myself demiandropolyromantic, which is I absolutely despise it all, but a mouthful of a conglomeration of

"Demi" refers to how I only I have yet to have a professor experience romantic attraction afabout that.

"Poly" refers to my attraction to multiple genders, but not necessarily all. I choose to use "poly" instead of "bi" or "pan" because while, yes, I'm attracted to all genders, all physiology types, and all presentations, but I'm not attracted to all combinations. I personally feel that describing myself as "pan" or "bi" would be false advertising.

"Andro" I use as a modifier Because I know some of those to "poly" to specify that I have a strong preference for mascutity has a lot of labels, and none of line-spectrum identifying types and fellow nonbinary folks.

In addition to all of those identiwhich for me means that I don't ties, I'm also polyamorous, which for me stems from experiencing deep emotional bonds for many friends and having a hard time deciphering the difference between a deep emotional love and a romantic love.

> Regardless of my own blurry gray line between platonic and romantic feelings, I tell my loved ones that I simply have too much love to give and no single person can possibly contain it all, and that's okay. But most of the time, I just tell people I'm queer. It's a

> I don't hide it. I think I look too openly androgynous and gay to fool anyone into thinking I'm cisgender and straight. I'm also a terrible liar.

> I want to live openly as myself existing as an obnoxious, loud, nonbinary person just living their best life, even if the world around me is tense and filled with way too many people who want to hurt my friends and me.

> I've found a home on campus, and though it could still use a lot of improvement, I'm going to continue living my best life being me.



Photo courtesy of Kristine Campbell

Dr. Katherine Decker (left) and student Bridget Mullin perform.

Flourish Through Music brings joy to campus life

By Emma Klein kleine18@uwosh.edu

Uplifting music will play in the Titan Underground on the first Monday of every month this semester from noon to 1 p.m. as other events do not have to be part of "Mindful Music Mon-

The event as envisioned by Kristine Campbell, counselor at the UW Oshkosh Counseling Center, and Alison Shaw, chairwoman of the music department, is a collaboration between the Counseling Center and the music department.

Flourish Through Music is an "exciting new initiative to improve the wellness of all students and our campus community," Campbell said.

great first step in providing students resources to help improve their mental health. They hope the Flourish Through Music program spreads to more areas around campus such as Clow and Sage halls, Campbell and Shaw

live music.

"Where we are right now, we don't want to eliminate anyone who might have something to lin on piano. share " she said

achieved quickly or easily, but ent and gave everyone a chance music can aid in the healing process. It is easy to access, sparks joy and allows for relaxation.

According to the Proceedings of the National Academy of Sciences of the United States of America, listening to music makes people happy because of the chemicals it produces in their

Feeling connected to friends and society is also important for mental health.

"People are consuming music in a really different way," Shaw said. "We consume it in an isolated manner'

When people view themselves as isolated from others, it can create a perception of emotional distance from others. When people get together to listen to mu-

sic, it decreases isolation's effect on mental health and increases people's well-being because it breaks through emotional barri-

Flourish Through Music and long to be effective forms of selfcare. In fact, having small moments of mindfulness each day can be better than longer periods of self-care less frequently because there is less stress buildup.

Long events can cause discomfort for many reasons. Campbell said short music initiatives can improve stress by helping mental health, making people feel good, building a community and helping students with performance anxiety.

Many people struggle with "Mindful Music Monday" is a their mental health; when these issues are out in the open, it shows people they are supported.

The lineup for "Mindful Music Monday" includes music majors and UWO faculty such as Assistant Professor of Music Katherine Decker, Chancellor Andrew Leavitt, Dean of Students Art Shaw said "Mindful Music Munin, Associate Dean Kiersten Monday" is open to all kinds of Bloechl-Karlsenl and counselor Tim Arnold.

The first "Mindful Music need to see what the response is, Monday" performance featured and the interest is too, and we Decker on the cello and music performance major Bridget Mul-

Good mental health can't be joyed by everyone who was presto hear something pretty, calm and nourishing to the soul," Decker said.

> Chancellor Leavitt will be playing the saxophone for the next performance on Nov. 4 from noon to 1 p.m. in the Titan Underground.

> New student organizations UMatter and Music & Wellness support "Mindful Music Monday," as well as faculty, students, staff and other organizations.

> Flourish Through Music gives everyone the opportunity to improve their mental health through music in a safe environment.

This initiative is a win for everyone involved. It shows what the campus community can achieve when people come together to help others.

Incarceration is no laughing matter

By Bethanie Gengler genglb78@uwosh.edu

Photos on the UW Oshkosh Flickr page from last week's Run With The Cops event appear to show UWO students and children dressed in prison stripes standing behind a fake jail cell smiling and laughing while being handcuffed by a police officer.

As a UWO student who has spent time at the Winnebago County Jail, I was shocked to see these images. This is not a laughing matter.

The Run With The Cops event was organized to raise money for The Special Olympics of Wisconuniforms and making fun of those who have been incarcerated help people with special needs? What message does this send the Oshkosh community about incarcera-

The University Police should be well aware of the horrors of being locked up, and I was stunned at how they didn't seem to take it seriously. Dressing up as cops I understand, but inmates?

UWO students and UP, there is one thing I want you to understand: incarceration at the Winnebago County Jail is hell.

If you truly want to experience incarceration, let's start by unlocking the handcuffs, stripping you naked and making you bend over to expose your genitals, spread your buttocks and lift your breasts and hair to ensure you aren't hiding



University of Wisconsin Oshkosh Flickr sin, but how does dressing in prison Two students pose in stripes and handcuffs for Run with the Cops.

contraband. Let's see who's smil-

Next, let's give you an old stretched-out sports bra along with from incarceration has a difficult some used sh*t-stained panties. We'll top it all off with a blaze orange jumpsuit to differentiate you from the other inmates since you're

Oh, you came in at night and there's no toilet paper in your cell? Didn't you know you have to ask for that? Too bad, I guess you'll have to go without it until morning or use your washcloth.

sweet and innocent, they're going to rape you with a hot curling iron."

Inmates have a very hard time finding a job, especially convicted felons; their job application is automatically pushed to the bottom of the pile. They become shunned

by society for the rest of their lives, even if the crime was nonviolent.

A person who has been released time adjusting to society.

When our community members joke and laugh about the hardships inmates face, it sends a strong message to those who were incarcerated: you are a joke, you are not wanted, you are not welcome and no matter how much time passes, you will never be an accepted member of society.

UP and Oshkosh community: the You'll hear things like, "You're next time you want to laugh and make jokes about our inmates and criminal justice system, I suggest you spend a few days as an inmate at the Winnebago County Jail and see if you're still laughing when you leave.

Sports



Courtesy of UWO Photoshelter

Senior Hannah Braun tees off at the Titan Fall Classic earlier this season at Oshkosh Country Club.

Braun paces golf

By Josh Woolwine woolwj80@uwosh.edu

The UW Oshkosh women's golf team finished third at the WIAC Women's Golf Championships on round added even more pressure Oct. 4-6 at the Reedsburg Country Club in Reedsburg, WI.

The Titans finished with a score of +135 over the 54 holes, finishing behind UW-Whitewater (+81) and UW-Stout (+89). UWO placed just ahead of UW-Eau Claire who finished with a score of 138 over-par.

Inclement weather on Saturday delayed play, forcing golfers to play between 25-27 holes on Sunday.

"Reedsburg Country Club is a Liza Ruetten said. "It is a welltrapped course with large undulating greens and some tight doglegs. Now add inches of rainwater to this course. The players lost all 'roll' on any shots which made the 5,700yard layout even longer for them."

Ruetten explained how the team away from us in team total score." dealt with terrible weather condi-

"Playing 25-27 holes for a conference championship for the final for our team members," Ruetten added. "The tee time format was eliminated and the players started on different holes throughout the course, a shotgun format. Coaches were unable to use carts to reach players quickly which also added another strike."

Despite the conditions, Ruetten said she was very impressed with her team's performance.

"However, all teams had to play very challenging layout," Coach in the same conditions," she said. "Several of our players had their best conference performance to date and many played to their season average. Both Whitewater and Stout had some breakout performances that aided their teams in it prepares to compete in April in its shooting lower scores and breaking

Senior Hannah Braun, last year's individual champion, finished ninth in this year's tournament with 239 strokes. Fellow Titans sophomore Margherite Pettenuzzo and junior Dianna Scheibe finished tied for 13th with 243 strokes each.

This was the last tournament of the fall golf season; the team will prepare for a long break before their next tournament in April.

"Many of our players will make plans to hit indoors during our off-season," Ruetten said. "In addition, several will try to make plans to travel south during semester breaks to prepare for April 2020. We are also fortunate to have access to a golf simulator bay in the Rec Center and an indoor field to work on short game in the Rec Plex next

The team will have winter off as next event.

Titans stump Stout

By Joseph Schulz schulj78@uwosh.edu

The UW Oshkosh football team eked out a 26-23 victory when they traveled to UW-Stout last Saturday, extending their winning streak over the Blue Devils to 10 games.

After the win, the Titans are sitting at 3-1 on the season and 1-0 in conference play. UWO finished the game with 204 yards through the air and 174 yards on the ground. The Titan defense held the Blue Devils to 87 yards rushing and 207 yards passing.

Freshman quarterback Kobe Berghammer completed 50% of his passes, going 15 of 30 for 155 yards through the air and scoring one touchdown. He also lead the Titans in rushing, running for 45 yards and one touchdown.

While Berghammer led the Titans in passing yards, Freshman running back Peter MacCudden had the superior passer rating, going 1 for 1 for 28 yards and a touch-

Berghammer tossed the ball out to MacCudden and MacCudden tossed the ball out to junior wide receiver Ryan Hayes.

"We had a game plan that they might come up and play hard on it," Berghammer said. "So, we had a play where he came out and threw it deep."

The Titans' sophomore kicker Jaydon Haag also completed a pass during a fake punt for 21 yards.

"We were working on it all week," Haag said. "It was the second punt of the game and coach pulled it out. The guy was wide open and I just had to lob it up."

Haag went 2 for 2 in field goal attempts, including the 42 yard game winning kick in the fourth quarter.

The Titans took an early lead in the first quarter with a 14-yard touchdown pass from Berghammer to wide receiver Riley Kallas. At the end of the first half, the Titans were up 23 to 10.

In the second half, the Blue Devils clawed their way back, tying the game up at 23-23 with 11:18 left in regulation.

With 8:49 left in the game, Haag drilled the game winning field goal. Before the kick, Haag said he was nervous, knowing it would give UWO the lead in the fourth quarter.

"It was my first big kick," he said. "I could hear the crowd yelling, and I was just thinking don't miss this kick. I hit it and it looked good."

The Titans' defense staved off defeat, not allowing a point for the remainder of the game.

Head coach Pat Cerroni said Stout is always a tough place to play and that most of the team had never played there before.

"We went in there with a bunch of young guys, and they actually played a pretty solid game," Cerroni said. "We had a nice drive in the fourth quarter to seal it.

Cerroni said after Haag's field goal to take the lead, the guys on defense looked at each other and said, "it's time."

"They executed to perfection, and we got off the field in four plays," he said of the defense's fourth quarter stand.

Cerroni said he's proud of his guys for getting the tough road win.

"We got the win, and in this conference that's all you can ask for," Cerroni said.

The Titans will take on UW-Stevens Point at Titan Stadium at 1

Volleyball's quick start leads to win

By Dakota Zanin zanind51@uwosh.edu

The UW Oshkosh women's volleyball team defeated UW-River Falls three sets to Falcons last Saturday.

Titans with 14 kills while soph- currently at. Being disciplined omore Kendall Enyart and fresh- with our approach will give us the man Kate Nottoli reached career best chance of accomplishing the highs in kills during the sweep goals we have set for ourselves." with 10 and eight, respectively.

Ellmann said the quick start by the team helped contribute to the

"We played pretty clean, aggressive ball from midway through the first through the end of the second," Ellmann said. "We did just enough to squeak see high level execution when we needed it.'

Senior Rachel Gardner led the Shelby Coron added a match-best four blocks during the victory.

The Titans (14-5) remain undefeated in conference play (3-0) ence after the win over UW-River tans.com.

Ellmann said he is not going to get complacent because of the team's current success.

"Don't get us wrong, we love winning as much as the next team, but we know there is a lot none after the Titans hosted the of season ahead of us," Ellmann said. "We can't even think about Senior Samantha Jaeke led the being happy with where we are

This victory continues the Fal-Titans head coach Jonathan cons' losing streak against UWO, having last won on Oct. 27, 2012 three sets to one.

Ellmann said that in order for the team to continue their high level of play, they need to play within their borders rather than focus on other factors.

"This team has kept the focus out of the third. It was nice to on things we can control," Ellmann said. "We are simply striving to be even better."

UWO continued conference Titans with 19 digs and junior play on Wednesday night traveling to UW-Stevens Point, looking to continue their undefeated conference streak.

The result of the Titans' away and remain tied with UW-White- contest at UW-Stevens Point can water for first place in the confer- be found online at uwoshkoshti-



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Adapting to life after athletics

By Colan Treml tremlc58@uwosh.edu

Throughout my entire life, I have been consumed by athletics

in every way imaginable.

have played alevery most known sport to humankind and have surrounded myself with every shot, pass, throw and catch possible.



From falling asleep with Scott Van Pelt's late-night highlights to traveling hundreds of miles to see a collegiate football game, athletics have filled my life in a way that some people may deem unhealthy.

However, athletics have taught me life lessons that can only be understood through firsthand experience and I wouldn't be where I am today without them.

In 2015, I had the opportunity to continue my education at UW Oshkosh while playing the great sport of baseball.

I played four years at UWO, making incredible memories and friends throughout the process. However, due to my poor time management skills and lack of awareness as a 20-year-old college athlete, I am a semester behind in my studies, which means I will not graduate until Decem-

For the first time in 18 years, I will be attending school without playing a sport. My emotions are mixed and it's a scary thought, but it helps me understand a question that I haven't had the

opportunity to answer for the past four years: what is life at UWO without athletics?

"Life at UWO after athletics also has helped me realize how many other opportunities are out there."

> — Colan Treml Former UWO pitcher

Life at UW Oshkosh without athletics means a multitude of things. However, the first thing that pops into my head is that I'm free.

I don't have any responsibilities to focus on besides my studies, my friends and limiting my frozen pizza intake to three per

There are no more 5 a.m. practices. No more mandatory lifting after classes. No more missing classes to play in games across

For the first time, I truly have no worries. It's a great feeling but also a scary one. Maybe I should get off my couch and go to the gym. Eh, maybe tomor-

Life at UWO after athletics also has helped me realize how many other opportunities are out there.

Clubs, jobs, internships, fraternity life, you name it.

UWO has opportunities for every kind of student and there is more than enough to keep everyone busy.

I don't know how it only took me four years to realize it, but hey, better late than never.

The last thing I have discov-

ered without athletics at UWO is that there is an overwhelming feeling of being obligated to get your life together.

For some reason, when you are involved with athletics, there is a tendency to think that you have more time than you actually do.

In reality, everyone is in the exact same spot, racing toward the finish line. I have never truly known what I want to do with my life and to be honest, I still

But I've found that people who aren't involved in athletics are pushed more when it comes to knowing their future.

However, whether you have a ten-year plan set up or are still trying to figure out what you're going to have for dinner tonight, everything is going to be okay. We're all in this together.

Soccer drops the ball **By Neal Hogden**

hogden39@uwosh.edu

The UW Oshkosh women's soccer team lost a pair of matches against St. Norbert College and UW-La Crosse last week.

UWO was shut out by UWL by a score of 2-0 on Oct. 5. The Titans dropped to 0-1 in Wisconsin Intercollegiate Athletic Conference play with the loss.

Junior Mallory Knight, junior Emily Burg, freshman Grace Herrmann and senior Madison Smith all recorded shots for the Titans.

Oshkosh had a tough time controlling the ball as La Crosse shot 14 times on offense and UWO

Five of La Crosse's 14 shots were on goal and senior goalie Madelyn Runyan saved three of those five shots.

UWO let through La Crosse's two goals in the 33rd minute and 39th minute, which would prove to be the only offense the Eagles

In a more evenly matched game, the Titans led St. Norbert in almost every offensive category but were unable to defeat the Green Knights, losing 2-1.

Sophomore Alexia Poulos scored UWO's lone goal in the contest, firing a shot past St. Norbert goalkeeper Ava Seifert in the 80th minute of the contest.

Junior goalie Erin Toomey got her first loss in goal of the season for the Titans as she let through two goals in the 30th and 69th

Oshkosh outshot the Green Knights 12 to 11 and recorded six shots-on-goal to St. Norbert's

UWO took on UW-Whitewater at Titan Stadium on Wednesday. The result of that game can be found at uwoshkoshtitans.com.

The Titans look to bounce back in conference play as they travel to UW-River Falls to take on UW-Stout on Saturday at 4:30 p.m.



April Lee / Advance - Titan

Alumni dive back into action

UWO swimming and diving alumni reunited in Albee Pool on Oct. 5. Alumni participants and current athletes cheered each other on in friendly competition as UWO athletes gear-up for the 2019-2020 season.

Potter rallies to a 16th-place finish

By Neal Hogden hogden39@uwosh.edu

The UW Oshkosh men's and women's cross-country teams both placed fifth at the UW-Eau Claire Blugold Invitational on Oct. 4.

The UWO women's team placed fifth behind Wisconsin Intercollegiate Athletic Conference foes UW-Eau Claire, who won the event and UW-Stevens Point, who placed fourth with 152 points.

UWO followed with 169 points and was eight points ahead of UW-La Crosse, who took sixth in the 27-team field.

The women were led by se-

nior Ashton Keene who finished in 26th place out of 346 runners with a time of 23:07. Freshman Zanzie Demco followed Keene for the Titans with a 29th-place finish just over 13 seconds behind

Rounding out the top five for UWO was senior Amanda Van Den Plas, who finished 35th with a time of 23:25, sophomore Elizabeth Reddeman taking home 55th place with a time of 23:52 and freshman Meygan Benzing in 60th with a time of 23:55.

At the halfway point of the race, Oshkosh was in fourth place with 102 points. All five scoring runners for UWO were at least nine spots ahead of their final position halfway.

The men's race was won by St. Olaf and WIAC opponents UWSP and UWEC finished second and fourth, respectively, out of 29 teams. UWO came in six points behind UWEC with a score of 144.

The Titans finished 19 points ahead of UW-Stout and Luther College who tied for sixth place with the tiebreaker going to Stout.

Sophomore Steven Potter and junior Andrew George placed 16th and 17th, respectively, pacing the Titan runners with times of 25:30 and 25:32.

Junior Cody Chadwick placed 25th, sophomore Andrew Rathkamp placed 36th and freshman Joseph Kehoe placed 52nd.

At the halfway mark of the 10K race, Potter sat in 36th place but soon after, he pushed himself to a 16th-place finish. In contrast, Chadwick was in 11th place at the 5K mark and fell back to finish in 25th place.

UW-Whitewater senior David Fassbender won the race with a time of 24:52.

UWO will next be at the Lawrence University Gene Davis Invitational on Oct. 12 in Appleton before returning home on Oct. 19 for the UW Oshkosh Kollege Town Sports Invitational at Lake Breeze Golf Course in Winne-

Reign of terror draws to an end

Area band 'Automated Terror Machine' plays final show

uslabe78@uwosh.edu

The grindcore band "Automated Terror Machine" played their last show together before a cheering crowd in Appleton on Monday night.

ATM is the two-piece band with Stephen Peniston and Jake Szabo. The two have been playing together under the moniker ATM since their junior year of high

"I texted Stephen to see if he wanted to play in a hardcore thrash-punk band called 'Automated Terror Machine,' and he said he was in, and everything after that's been history."

"Jake had the chops," Peniston said. "He's a very good drummer, very well-trained, and it just came down to me being like, 'Hey, let's play in a grindcore band—hit this snare as hard as you can."

"We didn't want to be too repetitive, looking at what other bands are doing, but just wanted to be more unique," Peniston said.

"Once I learned what blast beats were, the most important thing was to isolate myself from other grindcore bands," Szabo said. "It's funny because if you hang out with us, we're not listening to crushing grindcore every day, we're listening to so much other stuff, and there's so much inspiration that comes from things other than music, too."

The band has not only played regularly in the local punk scene,





Ethan Uslabar / Advance-Titan LEFT: Peniston rapidly strums his guitar. RIGHT: Szabo sweats heavily as he pounds his drums.

but has also toured the country playing shows in 35 states over the duration of two east coast

tours, two southern tours, and two "Midwest weekend warrior tours." The band's last tour was a southern tour that ended in March.

"It's honest-to-God one of the greatest experiences ever," Peniston said of touring. "It pushes you out of your comfort zone every day. You're in a new city every day, experiencing different cultures, meeting new people. It's such a unique experience to just say 'Fuck it' and roll the dice and see where it takes you."

"You never know what to expect, and a lot of the time you'll walk away with the coolest stories," Szabo said. "We went like 20 minutes out of our way heading to Toronto on tour to see Niagara Falls. That was cool. It's really bittersweet because you get such a small taste of each city so you're always leaving wanting one more day."

Their time playing together has come to a close as Peniston is moving to Baltimore, Maryland. The two reflected on their time playing in the local scene before their last set together.

"Watching everything come up has been super sick," Szabo said. "Stephen was the only kid in the scene for the longest time, and now we go to shows and there're hella kids. It's really cool seeing younger people getting into it."

"It's been amazing to see the impact the local scene has had on kids has been awesome," Peniston said. "To see what it's blossomed into and to see how wholesome and sincere the community's become, because that wasn't always the case."

"Stephen really did a great job, so with him moving to Baltimore it's gonna be really interesting to see what happens," Szabo said.

The two have formed a particularly close bond after accompanying each other nearly 20,000 miles next to each other in a car, but now the two are going their separate ways. Peniston looks forward to his fresh start in Baltimore, but despite that, he feels bittersweet about his upcoming move.

"The hardest thing about leaving is knowing that I'm walking away from a good thing," Peniston said. "I'm walking away from what is literally one of the most wholesome punk scenes in America — there are four states I haven't been to, and that's my cred for that statement — I love this place."

Upcoming **Events**

Oct. 10, 2019

Thursday, Oct. 10

Study Abroad Fair - 12-4 p.m. Reeve Ballroom

Stephanie Hunder artist reception - 6-8 p.m. Allen Priebe Art Gallery

Pottery Night - 7 p.m. Titan Underground

"Los Locheros" documentary showing - 5-6 p.m. Reeve Theater 307

Oshkosh Into the Night - 4-8 p.m. Opera House Square

Night Whispers - 7 p.m. Oshkosh Public Museum

Reeve Union block party - 4 a.m. - 6 p.m. Reeve Union

Friday, Oct. 11

Wisconsin Public Radio's "Old Time Radio Drama Live" -7 p.m. The Grand Oshkosh

Northeast Wisconsin Horror Film Festival - 7 - 10 p.m. Time Community Theater

Improv comedy show - 9 p.m. The Backlot Comedy House

Saturday, Oct. 12

Farmers Market - 8-12:30 p.m. Northeast Wisconsin Horror Film Festival - 11 - 5:30 p.m. Time Community Theater

Improv comedy show - 9 p.m. The Backlot Comedy House

Sunday, Oct. 13

Cemetery Tales: The Exhibition in Oshkosh - 1 p.m. Oshkosh Public Museum

Northeast Wisconsin Horror Film Festival - Time Community Theater 11-5:30 p.m.

Monday, Oct. 14

Masculinity Monday - 11:30 Reeve 221

Indigenous People's Day - 1-3 p.m. Reeve 202

Homecoming spoons tournament - 4 p.m. Reeve 202

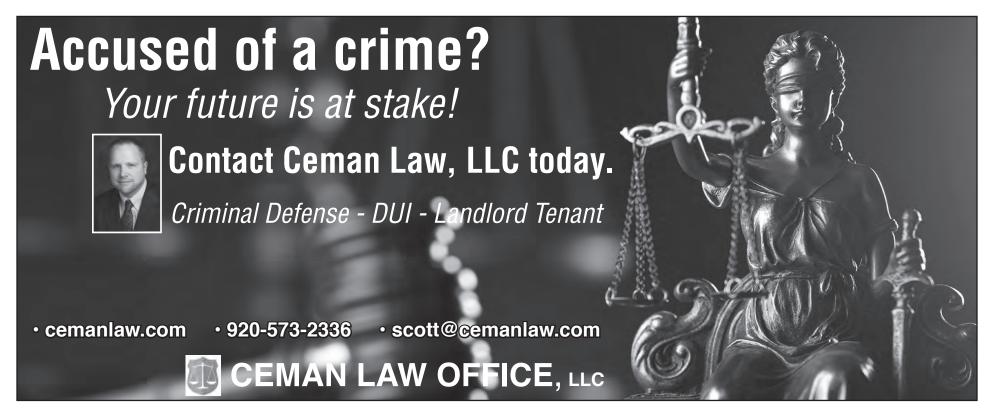
Tuesday, Oct. 15

Homecoming talent show - 7

p.m. Reeve Ballroom Wednesday, Oct. 16 Homecoming comedian Chris Distefano - 8 p.m. Albee Hall



Ethan Uslabar / Advance-Titan Stephen Peniston addresses the crowd before ATM's last set.



Your Fall Crawl packing list

Your dirtiest shoes

If you wear new white shoes for Pub Crawl, there's nothing higher education can do to help you. Even if it doesn't rain for a week prior to Pub Crawl, every yard you step foot in is bound to somehow be 5% grass and 95% mud. Wear shoes that you can part with at the end of the day if the necessity arises. Keep in mind that mud might wash out, but those Tide Pods will never restore your pride.

Ibuprofen

Whether or not you actually fell down a flight of stairs or if your head just feels that way, pain relievers will be your best friend Saturday night and Sunday morning. Make sure you dig through your vanity and find these miracle workers so you don't aggravate your

headache more when the time comes.

Water

Aqua. Sweet, sweet aqua. Mix it in between drinks to survive the day, use it to rinse mud off your pants, swish it about in your mouth after you vomit or freeze it into the lovely form of ice cubes. However you use it, some high quality water will be key for a solid weekend.

It should be noted that Natty Light is not an acceptable substitute for water.

Your phone

If you participate in Pub Crawl, but you don't share embarrassingly incoherent photos incessantly on Snapchat, did it even happen? Perhaps tethering it to your wrist would be a good plan, but your phone will be critical for calling rides, ordering pizza and sandwiches and documenting all the debauchery you and your friends get up to. It's also the quintessential item to lose—would it really be Pub Crawl if you didn't drop it in the mud?

A fanny pack

Whether it's around the waist or slung over the shoulder, the fanny pack is an essential for keeping your belongings close at hand, and in a quite fashionable manner.

Bandages

Somebody is going to fall and bash their chin. While that scrape will be a lousy souvenir from Pub Crawl, it's far better than leaving your wound open and chancing an infection. You'll also score major points if somebody needs a bandage and you deftly produce one from your stylish fanny pack.

An excuse

This will come in handy for the next week as your friends survey the resulting damage. Somebody's TV is getting smashed. Not saying it's going to be your fault, but like any good Scout, always be prepared.

By Ethan Uslabar uslabe78@uwosh.edu