

The Advance-Titan

INDEPENDENT STUDENT NEWSPAPER OF THE UNIVERSITY OF WISCONSIN OSHKOSH CAMPUSES

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NOSEBLEED



Band announces new album, discusses Fox Valley music scene.

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DEPRESSION

Student shares his decade-long battle with depression while at UWO and shares tips for others who may be struggling.

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ENDANGERED RAPTORS



Peregrine falcons hatched on the UWO campus.

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TITAN TENNIS

Tennis sweeps three opponents to move to 5-2 on the season. Leffler and Koppa lead UWO with victories over UWSP opponents.

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UWO responds to alleged constitutional violation

By Joseph Schulz
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In an ongoing legal battle between a John Doe and UW Oshkosh, the university's lawyer Anne Bensky and Wisconsin Attorney General Josh Kaul filed a response to Doe's allegation on Sept. 25 that the university violated his constitutional right to due process.

Doe filed a lawsuit against UWO on Sept. 11 asserting the

university's investigation into a possible sexual assault was unconstitutional.

The case stems from a March 16, off-campus party sponsored by the sorority group Zeta Tau Alpha's UWO chapter.

Doe alleges a sorority member invited him to the party where they sat next to each other on the bus ride home afterward; upon arriving at their destination, they ended up in the woman's bedroom

where they had sex.

The woman's version of events is considered confidential and has not been made public. According to court documents, on May 13, she reported the encounter as non-consensual to Associate Dean of Students Joann "Buzz" Bares.

The response said that Doe's due process claim is invalid and that UWO's nonacademic misconduct procedure is constitutional.

The documents said Doe does

not have a property or liberty interest at risk, which are essential to claiming his 14th Amendment rights were violated, as the amendment prohibits states from depriving someone's liberty or property without due process of the law.

The response says a college education is not a property interest the same way a public education from kindergarten through 12th grade is.

"Seventh Circuit case law dic-

tates that a college education itself does not create a property interest," court papers said.

Doe has not claimed a liberty interest because damaging his reputation is not the same as damaging his liberty, the documents said.

The papers provide an example from a previous lawsuit where another plaintiff's liberty was damaged because he was expelled

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Sex assault counseling changes

By Amber Brockman
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UW Oshkosh has created a new counseling position, the sexual & interpersonal violence prevention coordinator, with the goal of creating a position with a more consistent funding source and is ending its sexual assault and violence services with Reach Counseling.

UWO Dean of Students Art Munin said the sexual and interpersonal violence prevention coordinator position will be replacing the campus victims advocate position through Reach Counseling, which was funded by grants administered by the Office of the Justice Assistance. The partnership with Reach Counseling will end December 2019 after 15 years of implementation.

"This has been a wonderful partnership that UWO is very grateful to have been part of for so many years," Munin said. "However, as with any grant funded, the money for this position had to be reapplied for every year, leaving the possibility that, at any point, the funding could be denied and the position ended."

UWO funds the new position, so an employee will always be available to students.

"Our students will now have a confidential advocate that can serve students on all three campuses," Munin said. "We also have a full-time professional dedicated to systemic prevention efforts."

Despite the reorganization of counseling services, Munin said UWO will maintain their association with Reach.

"Reach continues to be beneficial to students and we greatly value their partnership," Munin said. "We continue to

Assault, batteries up; burglaries down

By Jack Tierney
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The University Police released their 2019 crime report, showing that burglaries were down 86% and thefts were down 66% from 2014-2018.

Between 2017 and 2018, sexual assaults went from 5 to 4 victims, respectively, while assaults, batteries and robberies went up.

UWO did not publish anything about drinking in the 2018

report, though UW-Whitewater and UW Madison did.

UWO did not have a reserved category in their report for hate crimes. UW-Stout and Eau Claire did.

The UWO report was 36 pages long. UW-Stout's was 80, UW-Eau Claire's was 90, UW-Green Bay's was 75, UWM's was 2,017 and UW-Stevens Point's was two pages.

The report stated there were 139 calls for marijuana, 1104 traffic stops, 300 suspicious in-

cidents, 155 welfare checks and 334 assists to other agencies were reported.

Parking services showed 82% of their revenue coming from permit sales with 3,400 parking spaces available. 7%, 10% and 1% of the revenue came from pay stations, tickets and "other," respectively.

Revenue was distributed for snow removal, operations, GO Transit, staff, safety and lot maintenance and expenses.

Some goals for 2019 included:

- Finalize university emergency management plan.

- Open an emergency operations and intelligence center.

- Implement a new parking management system.

Any university that collects federal funds is required to submit an annual crime report by Oct. 1.

The federal law is called The Jeanne Clery Disclosure of Campus Security Police and Campus Crime Statistics Act. It is referred to as the Clery Act.

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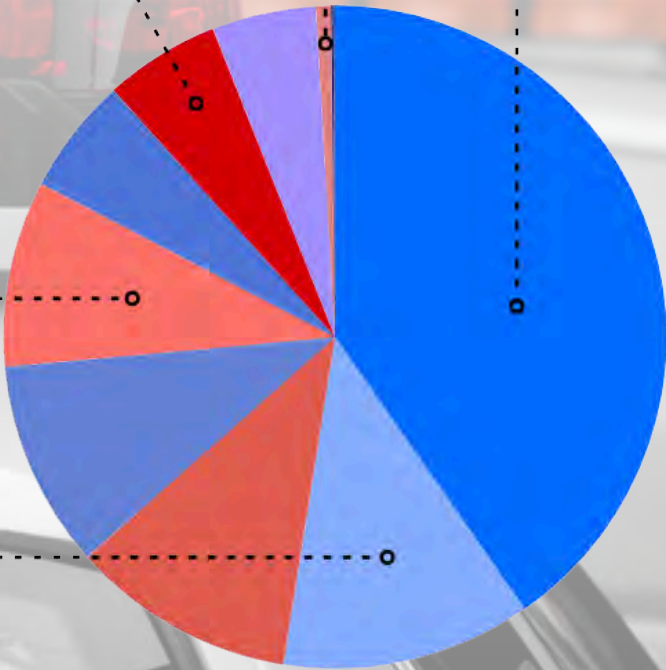
Traffic Stops

Battery/Robbery

Disturbances

Emergency Calls

Assist Other Agencies



Total Calls 2018

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The Advance-Titan is committed to correcting errors of fact that appear in print or online. Messages regarding errors can be emailed to atitan@uwosh.edu

LGBTQ panel discusses discrimination

By Megan Behnke
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The LGBTQ+ Resource Center hosted a panel at the Campus Center for Equity and Diversity involving queer and trans individuals who discussed positive and negative experiences in the workplace.

Panelist Artemis Burnett said in his experience, where you work and who you work with affects whether you experience discrimination.

“I’m from upstate New York originally, and I had a lot more experience with discrimination and microaggression and things like that than over here,” Burnett said.

Panelist and UWO Associate Professor of Music Nathan Krueger said when he chose his career path, he hadn’t accepted his sexuality yet.

“I was fortunate enough that when I sort of came to terms with who I was and my sexuality that I was in a community of peers and students, mostly graduate students at that time,” Krueger said. “It was a very accepting community, but I think now that I’m on the other side of things that it’s being aware and trying to be as welcome and inclusive to all communities.”

LGBTQ+ Resource Center Director Liz Cannon organized the discussion at the resource center to allow attendees in the LGBTQ community to ask the panelists questions and learn from their ex-



Hannah Preissner / Advance-Titan

Panelists at Reeve union speak about LGBTQ discrimination in the workplace.

periences.

Although Cannon had envisioned everyone sitting in a circle during the discussion, the event had to be moved to a classroom in order to accommodate the number of attendees.

“I didn’t want this to be so much of a panel audience,” she said. “I wanted it to be kind of like all of us together having a conversation about this topic.”

Panelist Keegan Burnett said being involved in theater helped him find his sexual identity through exploring different aspects of himself.

“It was never really a concern

for me once I figured it out,” Burnett said.

Burnett said his different roles and performances in theater helped him understand the human experience.

“You had a huge support system there,” he said. “That was an asset to me and allowed me to excel and educate other people along the way too.”

Krueger said it’s important to challenge stereotypes about members of the LGBTQ community and provide positive examples of LGBTQ individuals in leadership and teaching positions.

“I think we’ve set some exam-

ples in the professional world of music where orchestra is having blind auditions,” Krueger said.

Blind auditions are when a judge does not see a performer to help prevent bias.

“They listen to the players; they don’t see the players,” he said. “There’s still problems but there’s been progress.”

The LGBTQ+ Resource Center will be having multiple events throughout October including a Bi/Pan/Poly Discussion Group on Oct. 3, Queer and Trans in the Workplace: Business on Oct. 8 and Queer Jam on Oct. 11.

Tech N9ne makes stop in Oshkosh

By Jack Tierney
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Tech N9ne, an underground “chopper” style rapper who calls himself “King of the Night” and wears an anarchy mask on stage is planning a Menominee Nation Arena concert with a set he said he has never performed before.

“I’m at Strange Music headquarters right now thinking of doing something totally different,” he said. “I don’t know what yet, but it won’t be that rock show I’ve been doing out in Europe.”

Tech N9ne (pronounced “nine”) and record label Strange Music come from Kansas City, Missouri, and were created by the same person — Aaron Yates.

He’s 47 years old and has 21 albums released, which have sold more than 2 million copies under his independent hip-hop label that Forbes magazine called twice a “Cash King.”

But distinctly, he’s a rap artist who speaks about pains, paranoia and fragility, asking 56 million followers, “Am I a psycho?”

His stop at Menominee Nation Arena on Oct. 4 is part of his Live 2019 tour.

His latest album release “N9NA” is a 21-track compilation with features from longtime creative partner Krizz Kaliko, who appears on five songs and a three-minute melody “EF U (Easier For You),” a song about suicide prevention.

It’s a reintroduction, he said, “for all the new fans that are com-



Courtesy of Strange Music

Tech N9ne comes to Menominee Nation Arena Oct. 4.

ing in and a reintroduction to that bussin’ they love so much.”

Yates is known for his ambition, scheduling 250 shows a year in commitment to his aspirations of “world domination.”

In 1999 he and business partner Travis O’Guine formed the independent hip-hop label Strange Music.

Yates and O’Guine said they knew touring was the only way they were going to make their money, push merchandise, sponsor the label and become established.

The hustle hasn’t left.

“It’s the fans,” Yates explained. “When I see them smiling and having a good time, it makes it worth it.”

The moniker Tech N9ne represents “the complete technique of rhyme,” and “N9NA” follows previous album “Planet,” which was an expression of the world he lives in, completing the story of creator and his planet.

In addition to touring, Yates launched his craft beer Bou Lou in April, named after his song “Caribou Lou.” He said the beer has been stocked and sold out at all his shows but currently is out

of season.

Yates surpassed Gucci Mane in 2018 at No. 7 on the Billboard Top 10 list for rap albums since they began counting in 2014.

He said he was an artist ahead of his time. When he colored his hair red, people assumed he worshipped the devil. When he began speaking rapidly over coarse beats, people said they couldn’t understand him.

He is from the middle of everywhere, he said, so that helped make him who he is.

The music industry, and people who influenced music, “didn’t let me be the weird, crazy, one-of-kind artist I had to be,” he said.

“I’m doing more now than I ever have. All these artists who I have worked with, all the fans, being creative, it’s what I love,” he said.

Fans can expect hits “Caribou Lou,” “Am I a Psycho?,” “Hood Go Crazy” and “Like I Ain’t” performed at the arena show.

“I’m in the studio right now creating a set I have never done before. It’s not the rock show I have been doing, but it’s something my technicians will want to see,” he said.

N9NA is streaming everywhere, and the “Kathartic” music video series that “EF U” is on has millions of YouTube views.

The show is nearly sold out. Single-person general admission tickets are \$25 before the show and \$33 at the door.

Wisconsin’s brain drain problem

By Joseph Schulz
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Wisconsin isn’t a stranger to top 10 lists as it’s routinely one of the top 10 cheese-producing states in the nation, but over the last few decades it has found itself on a list it doesn’t want to be on.

Wisconsin is one of the top 10 states in the United States where college graduates move to another state, and in 1990, 2000 and 2010 it lost more college grads than any other state, according to a 2019 study from Wisconsin Policy Forum.

The report refers to the phenomenon of grads leaving the state as “Wisconsin’s Brain Drain Problem,” and suggests it could lead Wisconsin’s economy to fall behind other midwestern state economies.

The study focused on people between 31 and 40 years old who earned a bachelor’s degree, and found that 20% of people born in Wisconsin left the state, while less than 10% had moved to the state, for a net brain drain of 10.7%.

Wisconsin’s neighbors Illinois and Minnesota each had net brain gains of 10.4% and 0.9% respectively in 2017, the study noted, citing Wisconsin’s proximity to Chicago and Minneapolis as one of the factors contributing to the brain drain.

The study cited IRS data that

found more people have moved out of Wisconsin than to Wisconsin every year for over a decade.

The IRS data showed that between 2006 and 2016, an average of 82,965 people left the state, while an average of 76,560 people moved into the state.

The data included retirees and people too young to have completed their education, but it helps provide context for the scale of migration occurring in Wisconsin.

Finding the most effective strategies for addressing Wisconsin’s brain drain is important for attracting and retaining educated workers, the study noted, adding that educated workers are essential for innovation and growth to ensure the state can compete in an increasingly global and knowledge-based economy.

The state has made efforts in recent years to attract educated workers. One included a \$6.8 million marketing campaign in 2018 and 2019 aimed at drawing folks from the Chicago area. Critics argued it was ineffective, and Gov. Tony Evers did not include it in his budget.

The report proposed expanding job opportunities and increasing wages could help the state better attract and retain educated workers as both are key factors determining where graduates choose to live.

There isn’t one clear answer as

to why educated workers are leaving Wisconsin as UW Oshkosh alumni cite a variety of factors affecting their decision to leave, ranging from job opportunities to simply wanting to try something new.

Daniel Kobin, content photography manager at Soccer.com, graduated from UWO in 2015. The summer before graduation, he moved to North Carolina to intern at Soccer.com, and after graduating about six months later, Kobin moved to North Carolina and began working full time.

“In the back of my mind I always knew I’d move somewhere else after college,” Kobin said. “I didn’t actively look for a job that was out of state; it just kind of worked out. This was an opportunity and I went for it.”

Jenna Nyberg, marketing assistant at Texas Asphalt Pavement Association, attended UWO from 2012 to 2016 and left for Texas a few months after graduation.

“My senior year I remember promising myself that was going to be my last winter in Wisconsin,” she said. “I was just over the cold and I didn’t want to do it anymore.”

Joe Sobralski, convention guide at The Walt Disney Company, attended UWO from 2013 to 2016 and also interned at Disney in 2014.

Sobralski grew up in Oshkosh

and said he knew he wanted to leave Wisconsin when he was 8 years old after a family trip to Chicago. Sobralski loves skyscrapers, other cultures and exotic cuisine, which he said Wisconsin severely lacks.

“Oshkosh has fast food and it has Packer culture — that’s where you drink cheap beer and eat cheese curds,” Sobralski said. “I was not going to have that be the rest of my life.”

Kimberly Lohre, Glacier Club member relations manager, grew up in Illinois and graduated from UWO in 2016. She now lives in Colorado.

When Lohre was in college, she would spend her winter breaks skiing in Colorado, which turned into a desire to leave the Midwest for the mountains of Colorado.

“I think people are looking for that sense of adventure,” she said.

Katie Neumann, account executive at TJM Communications, grew up in Oshkosh and graduated from UWO in 2014. She then applied for a public relations internship with Disney, and after getting the job, she relocated to Orlando, Florida.

“I don’t think I would be where I am today if I hadn’t grown up in Oshkosh,” Neumann said. “I don’t regret leaving, but I don’t regret spending 22 years there either.”

To attract and retain educated workers, Kobin believes Wisconsin

needs more diversity in the types of jobs available to college graduates.

“It felt like there was a lot of routes for finance students [and] business students,” he said. “It just didn’t seem like any type of creative industry or the arts had a direct path to areas in Wisconsin.”

Nyberg graduated with a journalism degree and said she struggled to find a job in Wisconsin, which led her to leave the state.

Sobralski doesn’t know if there’s anything Wisconsin can do to make the state more attractive to highly educated workers.

“I think people need to understand that there’s other cultures out there and embrace those other cultures,” Sobralski said.

But all hope for Wisconsin is not lost — Karen Glogauerreich graduated from UWO in 2006, then moved to Germany where she worked in international public relations and marketing. Glogauerreich moved back to the U.S. in 2010 and now lives in Green Bay.

“We returned to Wisconsin with my husband’s career and are enjoying being back near family and friends,” she said. “Wisconsin is beautiful and has a lot to offer. As newcomers to the Green Bay area, we are excitedly exploring this region of the state.”

Peregrine falcons hatched at UWO

By Lexi Wojcik-Kretchmer
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Last June, two peregrine falcons hatched on the top of Gruenhagen Conference Center at UW Oshkosh in an effort to help increase the falcon population in Wisconsin.

The two falcons were named Foxy and Fondy in tribute to the additions of the access campuses, UWO-Fond du Lac and UWO-Fox Cities, based on name suggestions from the UWO campus community.

They received leg bands from conservationist and biologist Greg Septon who is the founder of the Wisconsin Peregrine Falcon Recovery Project. Septon uses the leg bands to help keep track of the raptors’ population in the state.

Peregrines are the fastest animals on the planet, capable of reaching speeds of 200 mph when diving, making it possible for them to kill prey just from the impact of the dive. They’re aerial predators at the top of the food chain due to their precise eyesight.

In 1970, peregrine falcons were put on the endangered species list due to prolonged use of a pesticide called DDT. Because the raptors are top predators, they ingest DDT through their prey.

Septon said DDT caused the eggshells of peregrine falcons to thin, which would prevent offspring from developing. DDT was banned in 1972, and since then the falcon population has been increasing.

Septon said although peregrine falcon populations have been increasing, they are still greatly endangered in the Midwest.

“Out of only 37 successful nests this year in Wisconsin, only six were on natural cliffs,” Septon



Courtesy of UWO Flickr

TOP: Baby falcons Foxy and Fondy were hatched on top of Gruenhagen Conference Center.

BOTTOM LEFT: Conservationist Greg Septon applies leg bands to the baby peregrine falcons.

BOTTOM RIGHT: An adult peregrine falcon flies to its nest at UWO.

said. “The remaining 31 pairs all nested on the human-built structures where humans provide and maintain nest boxes for them.”

Septon’s project aims to restore native bird species that are endangered by building and maintaining

nest boxes for the raptors while also getting the public interested in peregrine falcons.

Septon also tracked Foxy and Fondy’s parents. He said their mother, Julia, was found injured in Chicago in 2011 and was nursed

back to health and released into the wild with a tracking band.

In 2015, Septon identified Julia near the Wisconsin river bridge where she had attempted to build a nest and failed.

The baby peregrines’ father,

Gaylord, hatched at the UW-Green Bay Cofrin Library nest site in 2016 and has been nesting at Gruenhagen since 2018, Septon said.

He added peregrines tend to build their nests in very tall trees, but when they are not in an area where this is an option, they tend to be attracted to tall human-built structures.

Because Gruenhagen already had a nest box built for them, Julia and Gaylord chose that location for their nest.

Between May 10-11, Julia and Gaylord’s eggs hatched, and the young falcons were named Foxy and Fondy. Septon said he put a tracking bands on each falcon’s leg on June 1.

Septon said the tracking bands “allow us to follow them through their lives and document survival, fatalities, injuries, longevity, production and dispersal distances.”

Septon said the falcons are only monitored by identifying leg band numbers “either by spotting scopes, cameras and webcams, which means we currently don’t know where they are.”

However, Septon said not knowing where the falcons are located is somewhat of a positive sign because it means they haven’t been reported dead or injured.

“First-year mortality for peregrines is between 50 to 70%, so a good portion of the young produced each year are lost,” he said.

Septon said peregrines have always been the rarest raptor in Wisconsin and much of the Midwest, but he believes populations will continue to increase “as long as we, as environmental stewards, continue to provide and maintain nest sites for them.”

Violation: UWO argues misconduct procedure is constitutional

From Page 1

from his military ROTC program, which deprived him of pursuing the career of his choice. “In the present case, John Doe has not alleged deprivation of a liberty interest and thus his due process claim, as pled, must fail,” according to court documents. Doe has not exhausted the procedures provided by UWO and the state of Wisconsin, the response added, arguing that a state law cannot be found to violate the Constitution unless

it’s “inadequate enough to the point that it is meaningless or nonexistent.” Court papers note that Wisconsin has post-deprivation procedures in place that allow a court to set aside a state administrative decision if the decision was impaired. The response argues that Doe will receive a constitutionally adequate process. The documents said Doe’s argument that the hearing examiner’s refusal to subpoena witnesses hinges on a 1982 case that is “not binding on this court”

because the case’s verdict did not address “whether the Fourteenth Amendment requires an administrative body to issue subpoenas in a student disciplinary proceeding.” Court papers acknowledge hearing examiner Abigail Sylvia and university prosecution John Palmer both report to Dean of Students Art Munin, but papers say this is “insufficient to offend due process.” Documents noted Sylvia’s communications with the woman accusing Doe of sexual assault do not violate the 14th Amend-

ment because he has not provided information explaining the nature of those communications and does not cite legal authority that the communications violate due process. UWO’s cross-examination procedure of forcing Doe’s lawyer to cross-examine the woman with note cards is constitutional because a hearing examiner can adopt procedures for questioning appropriate to the circumstances, the response argues. “The Sixth Circuit, however, has addressed whether cross examination by alternative means

violates due process and has indicated that questioning a complainant via ‘written preapproved questions’ is permissible,” court documents said. The documents argue Doe has not established irreparable injury because the process has not yet deprived him of anything. “The plaintiff did not cite to any legal precedent showing that a student facing Title IX proceedings can be irreparably harmed by simply participating in the process,” court papers said.

Counseling: New position covers UWO, UWO-FC and UWO-FDL

From Page 1

collaborate on initiatives such as the Take Back the Night event.” Although student reports made to the Sexual & Interpersonal Violence Prevention Coordinator are confidential, Campus Victim Advocate at Reach Counseling Ciara Hill said whoever fills that position is still a university employee. Hill said this eliminates the anonymity of the individual reporting since the employee could be known on campus by faculty, staff or students. “It kind of takes away the feeling of ‘OK, I’m coming for help, but I don’t want anyone at the university to know that this happened to me,’” Hill said. “Having one less person on campus, I feel, isn’t necessarily beneficial, especially when the employee that they hired is not only doing advocacy, prevention and education on UWO campus, but also at UW-Fond du Lac and UW-Fox Cities, which is a lot for one person to

do.” Since UWO proposed they would be ending the campus victim advocate position last year, Hill said she has been working to make the transition as smooth as possible. “I still have clients that I’ve seen since I started last year, so just explaining to them ‘I’m not leaving you, I’m still going to be around, we can still see each other but I just won’t be on campus’ was a lot to tell them because they have already gone through a lot of trauma in their lives,” Hill said. “I don’t want them to feel like they’re not wanted or feel like they’re being left.” Sexual & Interpersonal Violence Prevention Coordinator Gabrielle Schwartz, who began her role at the beginning of the semester, said sexual violence is a community issue that impacts everyone. “Whether or not students are aware of it, we all know a victim/survivor of sexual or interperson-

al violence,” Schwartz said. “Participating and engaging in campus prevention and awareness efforts sends a message of support to survivors, and a community message that we find all forms of sexual violence unacceptable.”

Schwartz said UWO is dedicated to eliminating sexual and interpersonal violence in the campus community. “Unfortunately, we know it is a pervasive problem in our society, and specifically institutions of

higher education,” Schwartz said. “It is vital that we have campus resources dedicated to providing the best possible care, advocacy, and support to our student victims/survivors here at UW Oshkosh.”

Flu shot clinics set for October

Sanchez: “Protect others who are unable to receive the ... vaccine”

By Jonathon Tolbert
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For some students, fall is a season that includes changing leaves, pumpkin pie and cozy sweater weather. For others, fall may be a time of coughs, sneezes, fevers and the flu. At UW Oshkosh, flu shot drop-in clinics will be available throughout October. UWO senior Tatum Houlihan said she isn’t sure about the benefits of the flu shot. “I have never received the flu shot,” she said. “I heard that they make you sick after you get them. Besides, it’s probably expensive and will hurt.” Student Health Center Director Karen Sanchez said it isn’t the flu shot that causes illness. “When people do become sick after receiving a flu shot, it’s because they were sick before the flu vaccination,” she said. “That’s why

it’s important to receive your flu vaccine as soon as possible.” Sanchez said the needle used for the flu shot isn’t something students need to be afraid of as it’s only about 0.5 mm thick. “It’s a small needle, a half-inch long,” she said. Sanchez said from 2017-18 there were 390 recorded deaths from the flu. “Receiving a flu vaccine can protect others who are unable to receive the flu vaccine,” she said. “If you have asthma or any other health conditions, it’s especially important that you receive the flu vaccine to prevent any serious illness.” Another common misconception regarding the flu is that you do not need a flu shot if you have already gotten sick. “Just because you get sick with one flu does not mean you are immune to the other flu’s circulating,” Sanchez said.

Students can receive their flu vaccine at one of the drop-in times in Clow on October 8 from 11 a.m. to 1 p.m. and Blackhawk on October 22 from 5 p.m. to 7 p.m. The cost of the flu vaccine is \$15 and can be charged to your student account. The drop-in flu shot appointments only take a few minutes and students who receive their flu shot during the drop-in times are given a 20% off bookstore coupon and are entered into a drawing for a \$20 gift certificate to the bookstore. For students who can’t attend the drop-in times, the Student Health Center will start administering flu vaccines starting October 1. Students can register using the online student health portal at shcportal.uwosh.edu to pick a time that works for them, or they can schedule an appointment by calling 920-424-2424. Sanchez said students concerned about contracting the flu who have not been vaccinated should “call the Student Health Center right away and set up a flu vaccine.”

Crime Log: UP news and events

From Page 1

Jeanne Clery was a freshman at Lehigh University in Pennsylvania who was murdered and sexually assaulted in her campus residence hall room by another student. Her school hadn’t informed students about 38 violent crimes on campus in the three years before her murder. Clery’s parents led the effort to enact the original Campus Security Act. In 1998, Congress formally named the law in memory of Jeanne Clery. Parents, employers, students and prospective students have access to the Clery Act as well as the daily crime log on the UP website. “Safety and public service will always be our No. 1 priority for this campus,” UP Chief Kurt Leibold said. “Officers at UWOPD are measured by what doesn’t happen in their areas, not necessarily

by the number of citations or arrests they create.” The UP introduced three officers in their 2019 report: Allison “Alli” Van Toll, Chad Ewing and Matt Bauman. They also added search and rescue, tracking and explosives detection dog named Skylar. They additionally, merged their risk management team with the Office of Sponsored Programs, which the report said allowed for significant savings. Officer Dennis Sabel retired from the UP after 20 years of law enforcement service. Sabel started in 1998 as an auxiliary officer for the City of Fond du Lac before being hired full time. He joined UWO in 2013. UWO continues their focus on community involvement with the Red Zone initiative, chancellor and chief safety walk and their involvement in the Winnebago County Drug & Alcohol Coalition. Run with the Cops raised \$64,000 for Special Olympics Wis-

consin. “I am extremely proud to be part of this police department and of the great work that is accomplished every day by the members of the UW Oshkosh police, parking and risk and safety team,” Leibold said. UP 2019-2020 events: • Run with the Cops (October) • Take Back The Night (October) • Careers in Criminal Justice (April & November) • Coffee with a Cop (monthly) • Polar Plunge (February) • Kids & Cops Basketball (March) • Cornholin’ for Cops & Vets (March) • Shamrock Shuffle (March) • Special Olympics Indoor Sports Tournament (April) • Ally March (April) • Bye Gosh Fest (May) • Oshkosh Bike Rodeo (May) • Investigate Police (June)



Hannah Preissner / Advance-Titan

Career Fair on the Fox

UW Oshkosh held their biannual Career Fair on the Fox Sept. 25, a networking opportunity for UWO students to connect with industry insiders and exchange résumés for advice from business leaders in the Fox Valley. Students also had the opportunity to take headshots for their portfolios and boost their prospective status.

UWO’s nursing program ranked 4th in state

By Sophia Voight
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Current and potential nursing students of UW Oshkosh can feel assured they are getting a quality nursing education as UWO’s undergraduate nursing program ranks among the top nursing schools in the state, according to the “2019 List of the Best Nursing Schools in Wisconsin” on RegisteredNursing.org.

The national nursing advocacy organization ranked UWO’s bachelor of science in nursing program at No. 4 out of 40 analyzed accredited schools.

“Newly renovated space at the University of Wisconsin-Oshkosh College of Nursing brings about state-of-the-art simulation labs, practice labs and nursing tech suites,” the organization’s ranking report stated. “Graduates



are given all the tools and faculty support needed to be at the top of the field.”

The organization measures and ranks each nursing school based on its students’ performance on the National Council Licensure Examination for Registered Nurses, known as NCLEX.

The National Council of State Boards of Nursing describes the NCLEX as “an examination that measures the competencies needed to perform safely and effectively as a newly licensed, entry-level registered nurse” and is

an important step toward nursing licensure.

UWO’s College of Nursing has consistently performed high on the NCLEX with a passing rate of 96% in 2019, earning them the reputation of having one of the best nursing programs in the state.

“It’s certainly a sense of pride,” College of Nursing Dean and Associate Professor Judith Westphal said.

Westphal recognizes the nursing students’ high passing rates as a reason for the excellent success rate of CON’s graduates and the program’s positive reputation.

“I think what it really boils down to is because we’ve had such excellent NCLEX results, we attract the best and the brightest nursing students,” Westphal said.

Westphal commends the col-

lege’s curriculum, faculty and facilities for preparing the students for exams resulting in such high rates of success.

“We have faculty with experience in a wide breadth of knowledge, very dedicated to educating the nurses for the future,” Westphal said.

Westphal said the college’s faculty helps prepare students for high success rates, saying their extensive practice in the field allows them to bring empirical examples to the classroom, helping to increase the realism for the students.

“Students benefit from having instructors with expert backgrounds and lots of different kinds of areas of expertise,” Westphal said.

Outside of the lecture setting, Westphal said the wonderful equipment, labs and simulation centers used to supplement stu-

dents’ understanding of nursing, help prepare students for experiences out in the workforce.

Westphal said CON also has over 200 contracts with clinical agencies that give nursing students various opportunities to apply their knowledge and give them an immersive experience during their clinicals.

“We try to make those as rich as possible to the College of Nursing,” Westphal said.

UWO’s BSN program provides many tools to prepare its students for the NCLEX and ultimately the field of nursing.

“Students know the program prepares them well to take the licensure examination, and that they will be successful,” Westphal said, “and they can easily move into the job market.”

STDs and STIs on the rise among students

By Lydia Westedt
westel51@uwosh.edu

The UW Oshkosh Student Health Center on campus is offering free STI testing through Oct. 4 as part of the Red Zone awareness campaign.



Sanchez

Director of the UWO Student Health Center Karen Sanchez said for STIs, “The college-age young adult is the population most affected.” According to Sanchez, the most common STI is chlamydia.

While chlamydia can affect both men and women, it poses a threat to women because it can cause “serious, permanent damage to a woman’s reproductive system,” according to the Center for Disease Control and Prevention.

The CDC’s website explains that if chlamydia is not treated properly, it can be difficult or impossible for the woman to get pregnant later in life. Thankfully, “chlamydia can be cured with the right treatment,” according to the CDC.

Symptoms of chlamydia can include a “burning sensation while urinating” or abnormal discharge from the penis or vagina.

Although it is important to know the symptoms of STIs, Sanchez said, “Many young adults are infected and asymptomatic.”

“We have free chlamydia and gonorrhea tests the week of [Sept. 30],” Sanchez said. “Students may register by calling the clinic.”

Sanchez explained that one way students can prevent themselves from contracting an STI is to “use condoms every time you have sex.”

“They are not 100% effective but will greatly reduce the chance

of getting an STI,” Sanchez said.

The CDC website points out that even those who use condoms may not be using them the right way. Using oil-based products like baby oil or lotion as a personal lubricant can cause condoms to break.

However, the CDC notes that using water- or silicon-based lubricant instead will lower the odds of breakage.

In addition, the CDC advises always checking the expiration date and examining the condom for rips and tears before sex.

Do you have condoms in your wallet? If so, be warned: Storing condoms in your wallet may cause heat and friction, which can damage and wear down the condom, causing it to be ineffective, according to the CDC website.

STIs, including less common types like gonorrhea and syphilis, are on the rise. A press release published Aug. 28, 2018 on the CDC’s website reported that from 2013-17, cases of gonorrhea went up 67% and syphilis went up 76%.

“Chlamydia, gonorrhea, and syphilis are curable with antibiotics, yet most cases go undiagnosed and untreated,” according to the press release.

Infection with certain STD’s and STI’s resulting in sores or breaks in the skin can also increase your chances of contracting HIV.

“In the United States, people who get syphilis, gonorrhea, and herpes often also have HIV, or are more likely to get HIV in the future,” according to the CDC website.

HIV, or human immunodeficiency virus, spreads through body fluids and attacks the T cells of the infected host, making it harder to fight off infections, diseases and cancer, according to the CDC. If left untreated, it can lead to acquired immunodeficiency syndrome or AIDS.

People infected with HIV may experience flu-like symptoms within 2-4 weeks after infection, which may last for a few weeks. According to the CDC, the host is highly contagious during this first

stage. The final stage of the illness is AIDS, and without treatment, people with AIDS typically only survive three years.

No cure currently exists for HIV/AIDS, but antiretroviral therapy can control the disease, according to the CDC.

Students are encouraged to utilize the UWO Student Health Center for STI testing.

“We are able to collect samples for all STIs,” Sanchez said. “Some tests give rapid on-site results while others we send to outside lab and get results in a day to several days.”

Aside from the Student Health

Center’s free chlamydia and gonorrhea tests during the week of Sept. 30, in-house lab tests have a regular fee of \$20 as well as a \$15 fee for syphilis testing.

Are you wondering if you should get tested? The CDC advises that people ages 13 to 65 years old should be tested for HIV at least once. Also, sexually active women under 25 years old should get tested for gonorrhea and chlamydia every year.

Sexually active gay and bisexual men should be tested at least once a year for syphilis, chlamydia and gonorrhea and should be tested more frequently for HIV at

every three to six months, according to the CDC.

Although the CDC’s website does not contain recommendations for STD/STI testing for heterosexual men, it is still beneficial to be tested for STDs and STIs to prevent spreading the infection to new partners.

The UWO Student Health Center is open from 9 a.m. to 3 p.m. Monday through Thursday. Students who wish to be tested for STDs and STIs can call the clinic at 920-424-2424. Bella Medical Clinic, 1484 W. South Park Ave. in Oshkosh also offers free STD/STI testing.



Courtesy of UWO Flickr

Spirit of Excellence Award

Bob and Crystal Carew received the 2019 Spirit of Excellence Award at the UW-Fond du Lac scholarship and donor recognition reception. This award honors individuals who have made an exceptional commitment in support of UWO-FDL and the UW-FDL Foundation. The Carews established the Robert and Crystal Carew Endowed Scholarship Fund to provide ongoing support of students.

UWO-Fox Cities’ laser lights are lit

By **Bethanie Gengler**
genglb78@uwosh.edu

Virtual reality, laser animation, music and a three-dimensional experience minus the 3D glasses are just a few things visitors to the Barlow Planetarium on the UWO-Fox Cities Campus can expect.

Although the UWO-FC campus has had a planetarium since 1961, the Barlow Planetarium was opened in 1998 to replace the former aging planetarium and is the second-largest planetarium in the state.

Barlow Planetarium director Alan Peche said the planetarium has seen nearly three-quarters of a million people in the last 20 years, more than any other university planetarium in Wisconsin.

“We do more business than all of them combined,” he said. “We’re one of the busiest university planetariums in the Midwest.”

Barlow Planetarium program outreach specialist Ty Westbrook said the planetarium has about 40,000 visitors each year including upward of 200 school children a day who visit for educational programs.

Westbrook has worked at the Barlow Planetarium for 14 years and said he was inspired to work at a planetarium after an experience in his childhood.

“When I was a kid [in] fifth grade, we had a local astronomy planetarium where I grew up and after I went there it blew my mind and I wanted to be able to do that,” he said.

Although Westbrook said the daytime shows at the planetarium are star shows geared toward school kids and those interested in astronomy, on Friday and Saturday nights the planetarium plays rock laser shows geared toward an older crowd.

“We have rock laser shows like Led Zeppelin, Pink Floyd,



Top: Barlow Planetarium located at the UWO-FC campus.
Bottom: Barlow Planetarium hosts rock laser shows.

Bethanie Gengler / Advance-Titan
Courtesy of UWO-FC

Metallica, U2, Genesis,” Westbrook said. Other shows include Rush, the Beatles, Queen and Hypnotica.

The lasers completely fill up the planetarium’s dome and are synchronized to music that is enhanced by visuals.

Westbrook described the planetarium’s laser light show as a one-of-a-kind experience.

“It’s moving images and then music and a lot of virtual reality,” he said. “The seats don’t move, nothing moves, but since you’re in the dome it’s 360 degrees, so it’s a virtual reality environment.”

Westbrook said the virtual reality makes you feel like you’re

visiting an amusement park.

“We fly through space and we pretend to ride a roller coaster and a scrambler and all these different types of amusement rides, but it’s virtual reality without goggles or anything,” he said.

Peche said in the past the Barlow Planetarium had rented a laser light system each year and could only hold laser light shows from October through January. This year they purchased the system so they will be able to provide laser light shows year round.

“In the beginning of the year we’ll be getting a brand new system that’s an update of the current

system. There’s only a handful of these in the country,” he said.

Westbrook said the planetarium has experienced difficulties in keeping up with changing technology.

“Nowadays all planetarium shows are produced digitally and we don’t have a digital system,” he said. Westbrook said with a digital system, “it’s connected to all these different resources so you can fly out through the galaxy. You can import all these star maps and all these different things that are going on in real time. New discoveries, I can have stuff on the dome in minutes.”

Westbrook said another challenge of not having a digital system is that he is unable to provide new shows to the public.

“We do more shows here than the Communication Arts Center or the March Theatre,” he said. “That’s a lot of people to put here so one of the challenges is to try to get it updated. This being 20 years old and not getting new shows is going to be tough.”

Peche said the planetarium is in the process of determining how to renovate their system, but the cost of the renovations could be in excess of a million dollars.

“We’re working to see what the next version of the Barlow Planetarium will be now that we’re getting our way through this merger with UW Oshkosh,” he said.

Westbrook questioned the planetarium’s place in the UW system in regards to the recent campus merger of UW Oshkosh, UW-Fond du Lac and UW-Fox Valley.

“Just after the dust settled they decided to fold all the two-year schools into the four-year schools, and with all this turmoil we’re what’s considered an auxiliary program so we’re kind of like the bookstore or the cafeteria, except we see 40,000 people a year,” he said. “UW Oshkosh is trying to figure out everything with the merging of the two-year campuses and we’re this other

thing and they really don’t know what to do with us yet.”

Despite this uncertainty, Peche said he thinks the merger will be a benefit to the planetarium.

“I think it will allow the Barlow Planetarium to continue in its mission, which will be a little bit easier because now we’re part of a much larger facility,” he said.

Westbrook said with the campus merger, UWO now has two planetariums, referring to the Barlow Planetarium at UWO-FC and the Buckstaff Planetarium at UWO.

However, UWO Director of Facilities Planning & Construction JoAnn Rife said UWO’s Buckstaff Planetarium is permanently closed due to health and safety concerns.

“The spray on materials used [in the] interior of the structure when the facility was originally constructed included some asbestos material,” she said. “That sprayed-on material was beginning to come loose and falling down and through the projection scrim causing a potentially hazardous condition.”

In 2018 there were plans to renovate the Buckstaff Planetarium but those plans were ultimately scrapped. Rife said the current plan is to convert the planetarium into an active learning classroom.

“We are hopeful that the project will go out for bid this fall and construction can begin in late spring,” she said.

With the permanent closing of the Buckstaff Planetarium, Westbrook said it’s even more important that the Barlow Planetarium remains in working order to help maintain the Wisconsin idea.

“The Wisconsin idea is that state university systems should be a resource for the community that it’s in,” he said. “The Barlow Planetarium is 100% community outreach.”

Westbrook said the majority of the people who visit the planetarium are not UW students.

“It’s school kids and the general public so we are the outreach wing of UW Oshkosh now,” he said. “We do more outreach than any other department system right now.”

The Barlow Planetarium holds shows Wednesday through Saturday and the cost ranges from \$6-10 for a single feature. In addition to star shows and laser shows, the planetarium also holds astronomy nights and field trips.

Westbrook said the work Barlow Planetarium does is invaluable in educating our youth.

“I see a couple hundred school kids a day and taking them through the universe using astronomy education is my favorite thing,” he said. “I get to get them turned on to science and astronomy.”

Westbrook encouraged the community to take advantage of the resources available throughout the UW System including the Barlow Planetarium.

“Your school kids come to shows here, you get to come learn about astronomy here,” he said. “This is one of the things that your tax dollars are funding right here in your community so that’s kind of an important thing.”

Students raising green for change

By **Jack Tierney**
tiernj@uwosh.edu

Two UW Oshkosh political science students have started a campaign to plant 50 trees throughout Oshkosh in hopes of inspiring other students to do their part in the battle against climate change.

Sophomores Ethan Watt and Grant Steffen said they organized a fundraiser for their campaign and reached half their goal within 12 hours. The students said they are trying to get the word out about their initiative so they can help to slow climate change and mitigate further damage.

“We’re happy with what we have done so far, but our goal is to hit the fundraising mark so that we can plant these trees throughout campus and the City of Oshkosh,” Watt said.

The students’ goal is to plant 50 sapling trees, which Steffen said are about \$8 each and produce a quarter of the general oxygen needed for an adult male.

Watt and Steffen are waiting on city and campus approval to begin planting the trees. The stu-



Submitted by Ethan Watt

Grant Steffen (left) and Ethan Watt (right) started a fundraiser to plant 50 trees throughout Oshkosh.

dents said they are open to the possibility of planting different species of trees that the university or city might want to plant.

Those who want to contribute to the “Help Revitalize the Earth’s Trees” initiative can visit the GoFundMe page at [gofundme.com/f/help-revitalize-the-](https://gofundme.com/f/help-revitalize-the-earth039s-trees)

earth039s-trees.

“We know we are not going to change the world by planting 50 trees,” Steffen said, “but we want to inspire others in our community to take action and help prevent climate change.”

Depression: Student shares his 10-year history of mental health

From Page 7

able to land multiple internships where I got to exercise what I was able to learn in the professional world.

I took my chances in La Crosse where the plan was to take over my younger sister’s position at a local CBS news affiliate as a videographer. It turns out the job wasn’t available right away.

I spent my first six months in La Crosse without a job. I would have gotten evicted if it wasn’t for the financial help of my parents.

That’s when my depression got to its lowest point. I had barely found a single friend because I had a single bedroom apartment that I never left.

After six months, I finally landed a weekend videographer job at the news station my sister had worked at, but it didn’t make me happy. Since I was basically the only person in the office during the weekend, I still felt completely alone.

After six months, I had to quit. I was too miserable to retain the job, even though I was good at it.

My outlook on life changed the day my mom called me.

She had always been the most supportive person in my life. But one day, she called me to suggest I give up this idea of going back to school to try to get a working-class job like an electrician.

It took my own mother giving up on me for me to find the motivation and energy to move back to Oshkosh and finally finish my degree.

The comeback

I had gotten a job my last couple months in La Crosse as a political canvasser that allowed me not to work my first summer back in Oshkosh. I needed that time to rest my mind and to focus on the task at hand: f*cking graduate already.

The rest has been fairly happily ever after. Since the fall of 2018, I’ve been mostly high energy and optimistic about finishing school. My grades have been excellent

since I came back.

So what changed? Personally, I think I needed that year in La Crosse to give me a taste of life without a college degree, even though I wish I didn’t have to suffer through it. And like I said earlier, my mom’s loss of hope in me was just the kick in the pants I needed.

I’ve also developed a good emotional support system. After the divorce, I’m closer to my mom than ever. I also have a very strong friendship with the friend I moved in with. We both experience waves of depression and talk it out when they come.

What depression feels like

Everyone experiences depression differently, so I can only speak to my own experiences. But one thing is for sure: being depressed is different from having depression.

It took me until I started seeking counseling to realize that depression is a chemical imbalance in the brain.

To me, it’s this weird feeling of sadness and relief. Yes, it feels awful to go to sleep at 6 o’clock in the morning and not attend class, but at the same time, sleeping in seems to be just as addictive as a drug.

Many times what stopped me from attending class was one day when I accidentally slept in. I felt embarrassed to come back to class out of fear that I might get scolded, though that rarely happened.

After a few times of not showing up to class, I stayed in bed out of fear that someone might find out I never left my bed. Yet deep down I did want someone to find out. I know; it’s confusing.

The educational YouTube channel CGP Grey has a great video called “7 Ways to Maximize Misery” that very accurately describes what it feels like to have depression.

The narrator provides a backward-thinking technique to show what rules to follow in order to be as miserable as possible. During the pits of my battle with depres-

sion, I was following these rules without even knowing it.

10 tips to fight depression

Since everyone experiences depression differently, everyone needs to approach fighting it in different ways. Here are the biggest lessons I’ve learned in my own personal journey that might help

you or someone you care about:

#1 Clinical depression does not go away. It took me a long time to realize that, and even longer to realize that that’s OK.

#2 Talking is the best medicine. Seek help if you feel any warning signs of depression. The Coun-

seling Center and Student Health Center are great resources, as well as your friends and family.

#3 Sometimes it is too late to make a comeback during a semester. The important thing is to not dwell on it and focus on self-improvement so it doesn’t happen again.

#4 Bad things happen. Train yourself to not fear things that are out of your control.

#5 Self-analyze as much as possible. Get in tune with your own emotions so they don’t get the best of you.

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#7 Eat well and exercise. It’s true what they say: you are what you eat.

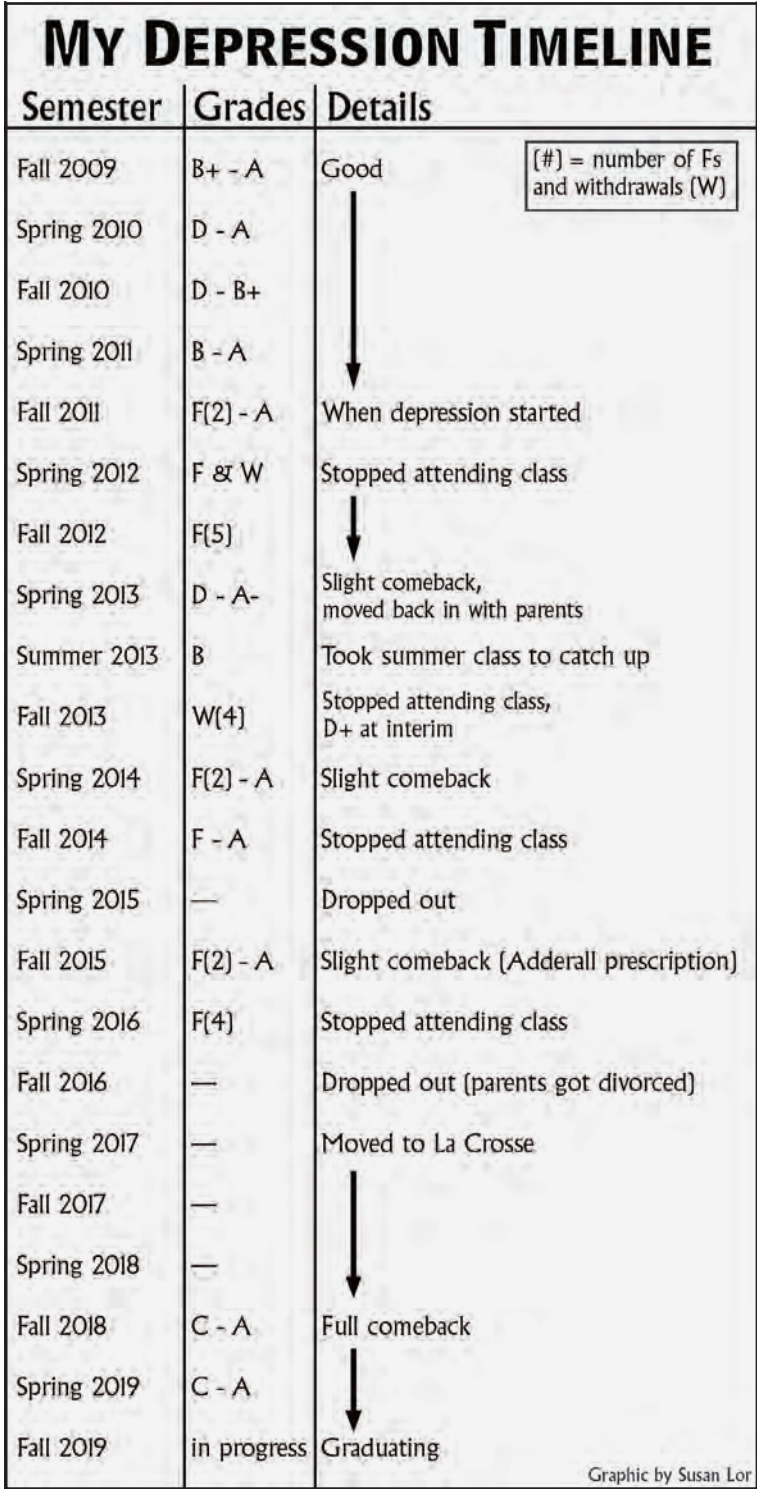
#8 Try your best to go to sleep and wake up at the same time every day. If you get a full six to eight hours of consistent sleep a night, you’ll be amazed by the difference in your energy level.

#9 Get out in the sun at least once a day. It’s amazing what a little vitamin D will do for you.

#10 Go out of your way to have positive thoughts. Develop a sense of humor about yourself and your depression. It can be very cathartic to have a sense of humility.

Special thanks

Lastly, I’d like to thank the people who have supported me on this journey of sadness, doubt, loneliness and self-discovery: Angela Costello, Tim Costello, the counselors at the UWO Counseling Center, Dr. Shawn Ekstrom, Lucas Schulz, Aimee Jansen, Kate Graber, Rachel Bays, Miles Maguire, Barb Benish and a few others I’ll regret forgetting.



Kanye West’s ‘Jesus is King’ delayed

By Zach Stremer
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Kanye West’s newest album, “Jesus is King,” was scheduled for release on Sept. 27, as teased by an Aug. 29 tweet by Kim Kardashian West, but failed to make an appearance, even after a two day delay.

The album’s delay represents a growing trend in the music industry where release dates are seldom set in stone, especially in the hip-hop and rap communities.

Recently, it seems commonplace that West’s projects all go through their own tumultuous debut, like 2018’s “Life of Pablo” which was first delayed, uploaded and subsequently removed from streaming service Tidal, then weeks later found its way onto all major streaming services unannounced.

Likewise, Kanye’s previous project, “Ye,” dropping months after his widely praised collaboration with Kid Kudi, “Kids See Ghosts,” was thought to all but dispel rumors of Kanye’s long-promised album, “Yandhi.”

The general confusion of an artist’s music simply existing or not would be a major headache to any marketing agency, but Kanye uses his inconsistencies as an advertisement for himself, making the lead-up to any of his releases an experience unto itself.

Using Google Analytics, the search term “Kanye West” spikes in interest occur when one of his albums drops, followed by a sharp decline in interest. Of course, the same could be said for most popular artists while promoting their newest project.

But what makes Kanye unique, outside of his outlandish persona, are the lengths of his search query peaks. It’s commonplace to see his peaks in relevancy extend days, sometimes weeks, preceding the release of an album.

The spikes in interest line up to whatever news was reported on him, creating a cycle of delays, news outlets reporting on said delays and an increase in visibility, which goes back and forth until an album is dropped.

It might not be entirely ethical, or in the best interest of his fans, but Kanye has seemingly weaponized entertainment media, as well as his eager fan base, to keep himself in the spotlight as long as possible.

Like all things Kanye-related, it’s not clear if his mismanaged release schedule is done with intent or not.

Back in 2016, he stated on Twitter, “No more fashion calendar... I’m going Mad Max... 6 collections a year... 3 albums a year.”

Kanye’s commitment to prolificacy may have caused some burnout between recording, touring and a publicized bipolar diagnosis upon the release of “Ye.”

Kanye West has cemented himself not solely as an artist, but an enigma within the hip-hop landscape. Beyond the headlines, only he knows what his future holds.

TMZ reported that “Jesus is King” is complete, but Kanye keeps tweaking it. As of Oct. 1, the album has yet to drop.

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#6 Fake it ‘til you make it. If you don’t want to get out of bed, do it anyway. Take a shower. Do some pushups. Get the blood moving. You’ll likely have enough energy to get through the day after that.

#7 Eat well and exercise. It’s true what they say: you are what you eat.

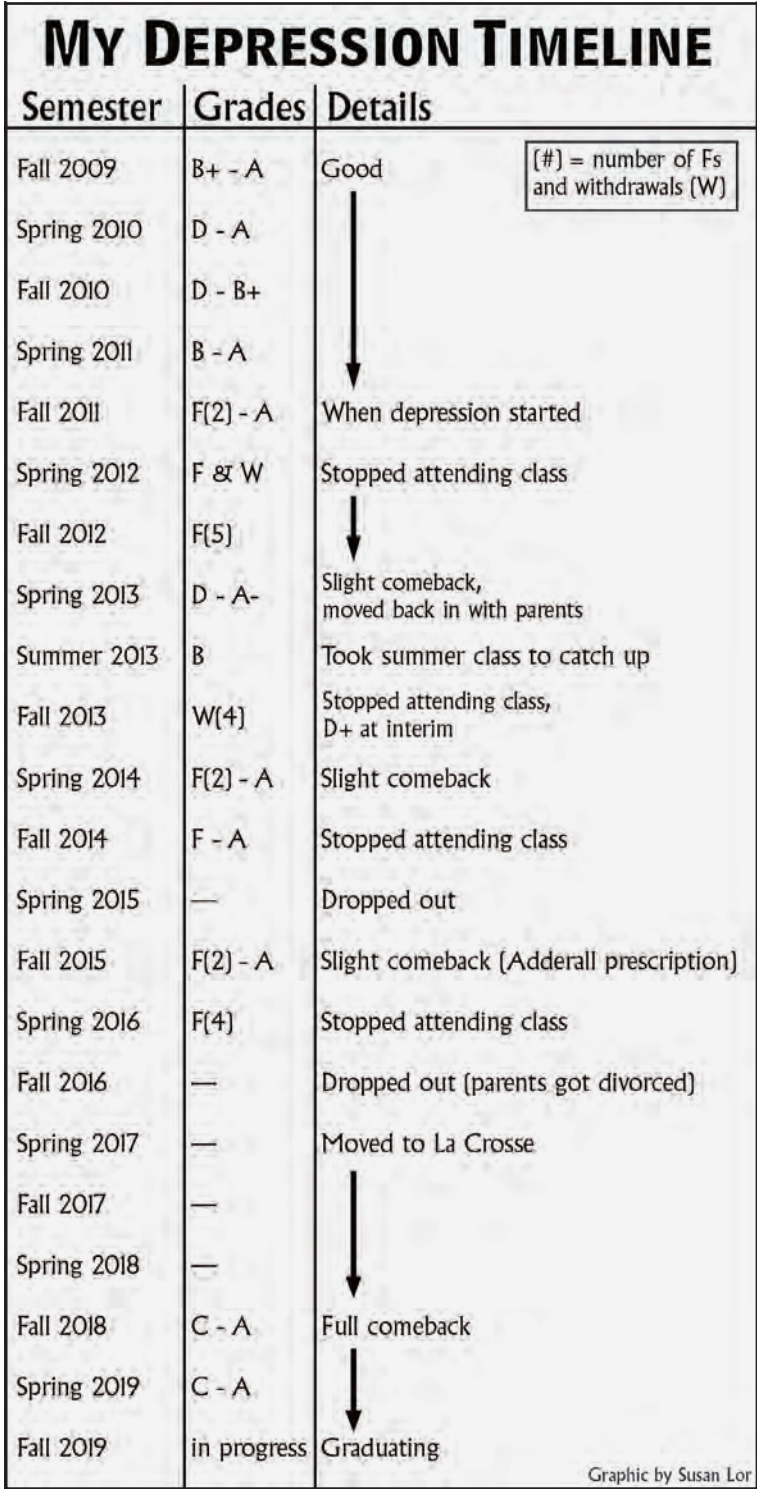
#8 Try your best to go to sleep and wake up at the same time every day. If you get a full six to eight hours of consistent sleep a night, you’ll be amazed by the difference in your energy level.

#9 Get out in the sun at least once a day. It’s amazing what a little vitamin D will do for you.

#10 Go out of your way to have positive thoughts. Develop a sense of humor about yourself and your depression. It can be very cathartic to have a sense of humility.

Special thanks

Lastly, I’d like to thank the people who have supported me on this journey of sadness, doubt, loneliness and self-discovery: Angela Costello, Tim Costello, the counselors at the UWO Counseling Center, Dr. Shawn Ekstrom, Lucas Schulz, Aimee Jansen, Kate Graber, Rachel Bays, Miles Maguire, Barb Benish and a few others I’ll regret forgetting.



Kanye West’s ‘Jesus is King’ delayed

By Zach Stremer
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Kanye West’s newest album, “Jesus is King,” was scheduled for release on Sept. 27, as teased by an Aug. 29 tweet by Kim Kardashian West, but failed to make an appearance, even after a two day delay.

The album’s delay represents a growing trend in the music industry where release dates are seldom set in stone, especially in the hip-hop and rap communities.

Recently, it seems commonplace that West’s projects all go through their own tumultuous debut, like 2018’s “Life of Pablo” which was first delayed, uploaded and subsequently removed from streaming service Tidal, then weeks later found its way onto all major streaming services unannounced.

Likewise, Kanye’s previous project, “Ye,” dropping months after his widely praised collaboration with Kid Kudi, “Kids See Ghosts,” was thought to all but dispel rumors of Kanye’s long-promised album, “Yandhi.”

The general confusion of an artist’s music simply existing or not would be a major headache to any marketing agency, but Kanye uses his inconsistencies as an advertisement for himself, making the lead-up to any of his releases an experience unto itself.

Using Google Analytics, the search term “Kanye West” spikes in interest occur when one of his albums drops, followed by a sharp decline in interest. Of course, the same could be said for most popular artists while promoting their newest project.

But what makes Kanye unique, outside of his outlandish persona, are the lengths of his search query peaks. It’s commonplace to see his peaks in relevancy extend days, sometimes weeks, preceding the release of an album.

The spikes in interest line up to whatever news was reported on him, creating a cycle of delays, news outlets reporting on said delays and an increase in visibility, which goes back and forth until an album is dropped.

It might not be entirely ethical, or in the best interest of his fans, but Kanye has seemingly weaponized entertainment media, as well as his eager fan base, to keep himself in the spotlight as long as possible.

Like all things Kanye-related, it’s not clear if his mismanaged release schedule is done with intent or not.

Back in 2016, he stated on Twitter, “No more fashion calendar... I’m going Mad Max... 6 collections a year... 3 albums a year.”

Kanye’s commitment to prolificacy may have caused some burn-out between recording, touring and a publicized bipolar diagnosis upon the release of “Ye.”

Kanye West has cemented himself not solely as an artist, but an enigma within the hip-hop landscape. Beyond the headlines, only he knows what his future holds.

TMZ reported that “Jesus is King” is complete, but Kanye keeps tweaking it. As of Oct. 1, the album has yet to drop.

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Sports



Courtesy of UWO Photoshelter

Junior Nikki Differt examined a putt earlier this year. Differt won the Mad Dawg Invite on Saturday.

Differt places first at Mad Dawg Invite

By Josh Woolwine
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Junior Nikki Differt won the individual title at last weekend’s Mad Dawg invitational in Stevens Point with a +22 over two rounds.

Freshman Megan Footit, junior Claire Hamburg and sophomore Mackenzie Retzlaff finished 13th, 18th and 21st with scores of +54, +71 and +77 respectively.

Senior Sophia Mazurek took 12th place with a +49. The golfers were scored as individuals, so there was no team score for the Titans.

Differt said that keeping a strong mental state was key to her victory this weekend.

“One thing I did well this weekend as an individual is to keep calm and stay positive,” Differt said. “When this happens, I usually start off good then it goes downhill. This weekend I tried not to think about any of those things. I would tell myself ‘just go out there and play your game.’”

As the tournament was drawing to a close, Differt decided to focus on her game instead of how

well she was placing. The results paid off.

“I tried not to think about anything but my golf game when I’m playing. If I start to think about me being close to first place or making the top five, I will start to play bad,” Differt said. “This weekend when playing, I told myself not to tense up, stress, think about my score and to only focus on my golf game. Not doing or thinking of these things while playing seemed to really help me play well.”

Head coach Liza Ruetten said the Mad Dawg Invitational was a great way to help prepare for the upcoming Wisconsin Intercollegiate Athletic Conference Championship.

“It allows for players who might not have competed since our home tournament over Labor Day weekend to travel and compete as Titans,” Ruetten said. “The course was familiar to several of the players on our five-member roster as many have played there in past years or on their own over summer break. This familiarity does ease the nerves, but Stevens Point Country Club is always a challenging

layout due to its many doglegs and large, fast greens.”

Ruetten went on to praise Differt for her great performance.

“Differt ... played exceptionally well,” Ruetten said. “Her short game and steady focus aided in her win in the 20-player field.”

The team will be competing at the WIAC Championship Oct. 4-6 and will tee off at noon. Friday and 10 a.m. Saturday and Sunday at the Reedsburg Country Club.

Soccer falls short

By Becca Glisczinski
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The UW Oshkosh women’s soccer team fell one goal short in a 2-1 match against St. Norbert College on Sept. 25 after getting some important minutes from a number of bench players. However, this didn’t stop the Titans from attempting 12 shots and six shots on goal.

St. Norbert was first on the board when Anja Jacobsen scored an unassisted goal 31 minutes into the game.

The Titans struggled to break past the Green Knights’ offense, keeping the ball on Oshkosh’s end for most of the first half.

In the second half, Jacobsen scored one more goal for St. Norbert, followed by the Titans’ first goal in the 80th minute by Alexia Poulos. Her goal was assisted by Delaney Karl.

Titan’s goalkeeper Erin Toomey saved two out of the four shots on goal.

Mallory Knight was optimistic about her team’s performance.

“As a team we have a really strong foundation--we just need to work on bringing the energy and intensity with us from the very start of the game,” Knight said. “Once we start doing that, I think we will start producing the results

we should be getting.”

Head coach Erin Coppernoll drew attention to the positive aspects of the game as well, appreciating the Titan’s deep bench.

“We had some players get their first substantial collegiate minutes and had help from our bench,” Coppernoll said. “We have a deep bench, and it’s nice to know we can get quality minutes out of them when we turn to them. Also, we created a lot of goal-scoring opportunities early on. We now need to finish those.”

The Titans sit at 3-5-1 on the season with nine games to play before playoffs. The team sits at fifth in the conference heading into the conference schedule.

Coppernoll said playing hard and getting a home playoff game will be the focal points for the team from now on.

“Our goals for the remainder of the season is to come to compete for 90 minutes and play the way we know how to for the full 90 minutes,” Coppernoll said. “Also, finishing anywhere in the top half of the conference would get a top seed in the first round of tournament play.”

The Titans will play at UW-La Crosse on Oct. 5. Stats and recaps of the game can be viewed at uwoshkoshtitans.com.

Gardner shines in win against Platteville

By Dakota Zanin
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The UW Oshkosh women’s volleyball team defeated conference rival UW-Platteville Sept. 25 three sets to none as last week’s WIAC defensive player of the week, senior Rachel Gardner, recorded 21 digs.

In the sweep, freshman Rachel Aasby and sophomore Kendall Enyart tied for the team lead with eight kills each, and junior Rebecca Doughty added 14 assists.

On Friday, UWO traveled to the University of Dubuque to take on the Spartans in a tightly contested game as the Spartans held on three sets to two to seal the win.

Despite the loss, senior Samantha Jaeke scored a career-high 19 kills and Gardner bested her previous personal career-high dig total of 33 in 2017 with 38 during the contest.

Gardner’s 38 digs are also the sixth-highest in team history, with the last Titan to record a higher total being Mandy Trautmann, who holds the highest total in team

history with 47 in a 2015 loss to UW-Stevens Point.

The Titans rebounded on Saturday, but not before dropping their first game against Loras College (Iowa) three sets to one. UWO went on to defeat Carroll University later in the day three sets to one, including outscoring Carroll 25-11 in the deciding fourth set.

Freshman Carissa Sundholm posted consecutive double-doubles in the Saturday contests, recording 11 kills and 10 digs against Loras followed by 13 kills and 17 digs against Carroll.

Sophomore Emma Kiekhofer also posted her fourth career double-double against Carroll University with 24 assists and 10 digs. Kiekhofer led the Titans with 45 total assists.

Gardner topped all other Titans on Saturday with 41 digs and Jaeke led the team with 18 and 10 kills respectively.

The 13-5 Titans will aim to make a statement in conference play this season as they host the 12-9 UW-River Falls Falcons on Saturday.

UWO Oshkosh Presents

NAT TURNER IN JERUSALEM

By Nathan Alan Davis



Directed by Merlaine Angwall
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UWO Fond du Lac – Prairie Theatre
Oct. 10-12, 2019 @ 7:30 pm

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Box office opens Sept 30, 2019,
Box Office Hours | Oshkosh: Monday, Sept. 30 - Friday, Oct. 4, 2019
Noon - 4 PM | Fond du Lac: Monday, Oct. 7 - Friday, Oct. 11, 2019
Noon - 4 PM and 1 hour before each performance.



Women’s tennis serves up wins



Allison Russotto / Advance-Titan

LEFT: Junior Kelly Hodyl faces off against her UW-Stevens Point opponent at the Kolf Sports Center outdoor tennis courts on Sept 26. **RIGHT:** Senior Samantha Koppa serves to her UWSP foe. UWO defeated UWSP by a final score of 8-1.

By Cory Sparks
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The UW Oshkosh Women’s tennis team swept the competition this week, beating UW-Stevens Point (8-1), St. Norbert College (7-2) and UW-River Falls (9-0), improving its overall record to 5-2.

The team was putting up points throughout the duration of last week’s sweep.

Head coach Robert Henshaw said the team is coming together and playing really well. “I’m pleased with our play this week,” Henshaw said. “We’ve really found great chemistry within our doubles lineup, and our teams managed dealing with momentum shifts in order to come out on top in really meaningful matches.”

The match against Stevens Point came with few faults and was led by seniors Alyssa Leffler (6-0,6-0)

and Samantha Koppa (6-1,6-1) in the singles matches.

Koppa said these blowouts in individual competition can be attributed to the team’s self-belief and their ability to stick to the coach’s instruction from start to finish.

“Our matches went so well because we played confidently and played out game plans that were given by our coach,” Koppa said.

By ensuring that the team’s strategy stayed intact, the Titans were able to take down Stevens Point for the seventh consecutive time.

In the following matchup against St. Norbert, more confidence was given to the singles players as Oshkosh won two out of the first three doubles matches to start the evening.

Wins by Koppa and junior Kelley Hodyl in doubles competition by a score of 8-4 started the day

off strong, ensuring the following UWO players were working with a lead.

Hodyl said the team only continues to grow as the season rolls on.

“The one thing that sticks out to me the most during gameplay was how each doubles team is continuously improving both in their play and partner chemistry,” Hodyl said. “I believe that throughout the season it will only get better and help us finish off the season successfully.”

To wrap up a rather successful week of tennis, UWO ousted River Falls by not allowing a single match win in the 9-0 shutout on Sunday.

Sophomore Taylor Johnson showed out by claiming two wins, one in a doubles match with junior Lesley Kutnink by a score of 8-3 and one in a 6-0,6-1 singles victory.

Although not apparent in this week’s 3-0 showing, The Titans still have some areas to work on if they want to see this track of success continue.

Hodyl said one of the main areas of emphasis for her is patience and allowing the correct opportunity to present itself before attacking the opponent.

“Personally, I need to work on consistency and being patient with my shots. Too often, I try to end the point right away, which leads me to spraying balls and making a lot of unforced errors,” Hodyl said.

Additionally, Henshaw stated that if the team is to encounter a lost game or set in the midst of this hot streak, he wants them to reset, maintain a calm mindset and find a way to win against all of their opponents.

With all adjustments considered, there is a lot of optimism and

excitement surrounding this team. There is a strong belief that this exemplary display of execution day in and day out will be seen far beyond the regular season this year. This team is radiating with confidence as they begin to make a postseason push.

“We will finish our conference dual season within the top 4,” said Henshaw. “Once we reach the conference tournament, which counts for two-thirds of the conference championship, we will be real fun to watch. We’re limited only by our imagination and belief in ourselves.”

Oshkosh will look to extend their winning streak to four matches by stressing repetition and consistency, as Hodyl stated, when they face the Milwaukee School of Engineering on Oct. 9.

Titan men place 6th, women 19th at Griak Invitational



Hannah Preissner / Advance-Titan

Senior Amanda Van Den Plas finishes strong at the Titan Fall Classic on Sept. 21. Van Den Plas finished 94th at the Roy Griak Invitational on Saturday with a time of 24 minutes and 33 seconds.

By Gregory Sense
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The UW Oshkosh men’s and women’s cross-country teams finished sixth and 19th respectively at The Roy Griak Invitational on Sept. 28 despite struggling with injuries and player turnover.

Junior Cody Chadwick had a standout performance, finishing the 8K race with a time of 26:29, earning him 26th place individually out of 309 runners.

Other Titans that finished in the top 50 were junior Andrew George with a time of 26:41, sophomore Andrew Rathkamp with a time of 27:00 and sophomore Steven Potter with a time of 27:05.

Top runner for the UWO men’s team on Saturday Chadwick said team morale was high following their sixth-place performance.

“Finishing sixth overall as a team was a solid day for us,” he said. “Additionally, we defended our title as the top Division III program in the meet for the fifth year in a row.”

Amanda Van Den Plas finished

in the top third on the field on Saturday, completing the 6-kilometer race with a time of 24:33, earning her 94th place individually out of a field of 376 runners. Freshman Alexandria Demco joined Van Den Plas with a finish in the top third with a time of 25:01.

The Roy Griak Invitational proved to be challenging due to the large size of the field. UWO men’s team competed against 27 other programs, and the women’s team competed against 31 other programs.

However, top finisher for the UWO women’s team Van Den Plas used the crowded race to her advantage.

“I enjoy the large meets like Roy Griak so that I am able to compete the whole race and there is always more competitors to catch,” Van Den Plas said.

Despite the Titans competing well in their first three meets of the season, cracks in their armor are starting to show. Three of the men’s first five finishers at Saturday’s meet were either freshmen or sophomores.

“We lost four of our top seven

returners due to a myriad of reasons,” head coach Eamon McKenna said. “It is an opportunity to step up for a lot of new people.”

Despite these misfortunes, McKenna is very proud with how the teams have worked to improve their performances.

“Both teams have done an outstanding job at taking it one day at a time this season,” McKenna said. “It is easy to preach patience and consistency, but it is much more difficult to execute. Thus far, our Titans have by and large done wonderfully at staying focused on simplifying their approach.”

Chadwick said the team remains optimistic going into the next meet.

“The Eau Claire meet is our first real chance to race at full strength against a lot of the teams in our conference,” Chadwick said.

Both UWO cross-country teams will compete at the Blugold Invitational in Eau Claire Friday.

Board games to keep you from boredom

By Ethan Uslabar
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This weekend, the Northeast Wisconsin Gameapalooza, a convention centered around tabletop games and fun, will be held in the Culver Family Welcome Center. NEWGameapalooza was created by UW O alumni Jim Stevens, Jennifer and Heath Ruetten and Josh Harris in 2013. The alums organized the new convention after Adam Loper, another UW Oshkosh alumnus and board game enthusiast, was no longer interested in organizing the OshCon board game convention that was first held in 2001. Eventually Loper approached several friends of his in the Oshkosh area to see if they'd be interested in taking the reins of the convention. "So Jennifer's husband Heath and a couple of our other gamer

friends and myself sat down and we thought, 'well, we could do this—how hard could it be?'" Stevens said. "Well, there's a lot to it if you really want to make it fun and worthwhile and entertaining." The first few years were challenging to organize. NEWGameapalooza was held in the Gruenhagen Conference Center for five years while the organizers connected with local game communities and shops, traveled to other conventions to plug NEWGame and did what they could to grow the event. "We felt like we were getting big enough to move, so last year, we were in Reeve, in the ballroom," Stevens said. "This year, we decided we'd try the Culver Family Welcome Center because it's one big, giant room and when you see people all sitting around playing games, table after table after table, there's something special and mag-

ical about that." Most of the games featured at the convention are from the organizers' own sprawling game collections. "We have probably 850," Jennifer Ruetten said. "So we've probably got 11, 1,200 between us," Stevens added. The convention has grown in attendance each year, with an attendance last year of 345 total attendees. "We like spreading games," Stevens said. "I'm hoping that by next year, we'll be big enough to fill the whole Culver center — all three rooms." "Seeing all those tables full of games and people enjoying themselves, because that's really what it's about — it's about getting together and having fun, and if you lose it doesn't matter," Ruetten said. "Even though we may be introverts, it's a social thing at its core," Jennifer Ruetten said.

"There are people that I've known for 20 years that I only see at conventions, and it's just fun to see those people you typically never see." The board game industry has exploded over recent years, due to creators' ability to receive funding from platforms such as Kickstarter. In 2018 alone, over 3,000 new games were released, many of them niche games by smaller brands and game developers. Some games are sent by their creators to board game conventions such as NEWGame so that the audience is exposed to their new game, which is typically given away at the end of the convention. "I just think that people who come are going to have a good time," Ruetten said. "If you like playing games, you're going to enjoy yourself and say, 'How have I missed this all these years?'"

Bare stage, complex themes

By Ethan Uslabar
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"Nat Turner in Jerusalem" is a play where each character is highly flawed, leaving the audience struggling to take a side. It features spectacular performances by Byran Carter, Parker Sweeney and Garret Johnson. The play is based on a slave uprising in which Nat Turner, a slave, is caught after murdering several men, women and children and is sentenced to death. The audience is introduced to a scene in a jail cell, watching the interactions between Nat Turner (Carter), his lawyer, Thomas Gray (Sweeney) and the jailor (Johnson). The audience is thrown immediately into Nat's psyche and is put in a very dark moment with him.

The audience is introduced to Nat Turner after he's gone to extreme degrees to get what he wants, and throughout the play we see him, and the people he interacts with, dealing with the consequences. "You want to be in touch with the core of who you are, your deepest vulnerabilities," Carter said. "At the end of the day, when all this bullshit—the clothes, makeup, lights, camera, action, all that—at the end of the day, who are you, and what is it that you want in life? This is a show where we're meeting me—as Nat—at the end of my life, and so it's all about what he wants, and how far he's willing to go to get it, and what happens if he doesn't get it." With a cast of only three, the play is very intimate, both for the actors and the audience as the small wooden set comes off the stage into the first rows of seating. The barebones set isn't reductive, however; the play is set in 1831, when a jail cell would have been little more than a small room. "The set is small and I love that," Carter said. "I'm closer



Ethan Uslabar / Advance-Titan
Thomas Gray (Sweeney) paces across the stage. Nat Turner (Carter) stands in the background.

to the audience which is fun because I get to feed off that energy a bit." "It can be a challenge because a lot of the times people will try to have these big, extravagant sets to look at, but with this it's all on you, the actor," Johnson said. "There's nothing but your body and your voice to fill that space." "There's not a lot of physicality written into the play," Sweeney said, "We kind of just have to move around the space and find the movement in the lines of the script. It's like a treasure hunt." This makes for an excellent performance, however. Carter, Sweeney, and Johnson fill the small stage and the viewer is simply sucked into the set, as if they were a fly on the wall as the actors argue with one another. Long sections of dialogue lead to high-intensity explosions with Thomas Gray's patience boiling over. "We see these wars, these pinches, these ouches; these stabs, these jabs; we get to see a lot of interaction between them, and they're very complicated re-

lationships," Carter said. "This show isn't at all straightforward. We see that you find out the most about a person not when you give them what they want, but when you don't give them what they want, and that's what we get to see through the relationship between Thomas Gray [Sweeney] and Nat Turner, and Nat Turner and the guard [Johnson]." The viewer is slowly conflicted by the deep flaws and redeeming qualities of each character as they learn more intimate details about Thomas Gray and the jailor's personal lives through Nat Turner's interactions with them. The interactions between the cast on stage are rough, and the theater's air is taut with tension. Encompassing race, religion, family and justice in general, the themes the play touches on are very delicate subjects. "What was really a struggle for me was the attitude of the time," Johnson said. "Just really talking down to another person and not thinking of somebody as being equal to you is something that I still have trouble with. It's really hard to get into that character

when it goes against everything you believe. It's really changed my perspective on how people can change." "Today, the idea of slavery is so obscene to us that to think in that mindset is difficult because our whole lives we've seen and learned how slavery was so awful," Sweeney said. "Saying the things you have to say because of the script is really difficult." "I've known Parker and Garret for as long as I've been in the program. It's kind of hard, because on stage we're going head to head with each other and it's very intense," Carter said. "But when we walk off the stage it's all behind us, and our real relationships, and having worked together so long really helps with that." Much of the play features Nat Turner wrestling with his faith in the face of his execution. "There's such a huge theme of faith within the show, so I know people are going to walk away with questions," Carter said. "I think we see a bit of the resolution of Job in Nat. Even when he's settled with his fate, he's still willing to rely on his faith



Upcoming Events

- Thursday, Oct. 3:**
Nathan Davis artist talk - 11:30-1 p.m. Reeve Union 307
Local Live Music Night - 7-9 p.m. Titan Underground
"Nat Turner in Jerusalem" - 7:30 p.m. Frederic March Theatre
Friday, Oct. 4:
Tech N9ne - 7 p.m. Menominee Nation Arena
"Nat Turner in Jerusalem"-7:30 p.m. Frederic March Theatre
NEWGameapalooza, 9 a.m.-11:30 p.m. Culver Family Welcome Center.
Saturday, Oct. 5:
Farmers Market - 8-12:30 p.m. ALToberfest 2019-7-11 p.m. The Howard
Hands On Oshkosh - 8:30 a.m. Reeve Ballroom 227AB
TEDxOshkosh - 8-4 p.m. The Grand Oshkosh
"Toy Story 4" - 1:30 p.m., 7 p.m. Reeve Union Theater
"Nat Turner in Jerusalem" - 7:30 p.m. Frederic March Theatre
NEWGameapalooza - 8 a.m.-11:30 p.m. Culver Family Welcome Center
Sunday Oct. 6:
"Toy Story 4" - 1:30 p.m., 7 p.m. Reeve 307 Theater
920fit Health and Wellness Expo - 11 a.m.-5 p.m. Menominee Nation Arena
"Nat Turner in Jerusalem" - 2 p.m. Frederic March Theatre
NEWGameapalooza, 8 a.m.-6 p.m. Culver Family Welcome Center.
Cemetery Tales: The Exhibition in Oshkosh-1-4:30 p.m. Oshkosh Public Museum

to know that whatever's next is next. We get to see the man wrestle with that, but we also get to see the spirit rise within him, and I think that shows in the performance." With his father being a preacher, Carter was raised to know scripture well. This knowledge has helped him prepare for the play and understand the more esoteric biblical allusions throughout the work. "Before I dove into Nat Turner, I knew I needed to dive into his faith," Carter said. "Understanding the text, and the timing, and how different denominations play into this story has been crucial for me." The play is a story of flawed characters who all want desperately to be right or to have an end that justifies their means, but in the end, nobody is let off the hook. "You realize there's two sides to the coin, that there's a reason for what Nat did, a reason for what Thomas did, to what the jailor does," Sweeney said. "Everybody's just trying to dig themselves out of their grave."

Let’s get this ‘Bread for Breakfast’

By Ethan Uslabar
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The Appleton-based band Nosebleeds announced their next album is in the works, detailed their history of playing together and how they came to be a part of the Fox Valley music scene.

The three hung out together in high school and eventually ended up jamming together, but prior to that, it had just been Paul St. Aubin and Michael Lynaugh playing as a duo. The title of that group?

“Absurd as it is, ‘Precipitous Maximus Troposphere Cumulonimbus’ was our unofficial name,” Lynaugh said. “We also were under the name ‘Aisle 12’ for a while, and we released a track called ‘There’s Something In My Eye’ that we recorded with the microphone for Guitar Hero.”

When Ratajczak started playing with the group, the three would play frequently in St. Aubin’s garage.

“We’d play the same dumb riff for like an hour straight basically,” Lynaugh said. “But we’d never officially write anything.”

“Then we kind of wanted to take it seriously, so Nosebleeds just happened then,” St. Aubin said. “That was early 2017 or so.”

The group would get together for jam sessions regularly, usually at least twice a week, and just play.

“At first we were practicing a lot and writing a lot of stuff in general,” Ratajczak said. “We wrote one song, and then we kind of caught the itch of being like ‘Oh my gosh,



Ethan Uslabar / Advance-Titan

FROM LEFT: Michael Lynaugh, Jack Ratajczak and Paul St. Aubin make up the band Nosebleeds.

this is fun. We need to do this more.”

“We were thinking we’d only have a couple songs,” Lynaugh said, “but we just kept writing more and more.”

The group has grown a lot since the early days of their playing together. Like many artists, they feel conflicted looking back to their earlier work.

“Yeah, it’s not that I’m not proud of our earlier music, but I’ve listened to it a lot and we’re forever growing, and I’m much more proud of what we’re making now, and I’ll probably say that again a

year from now,” St. Aubin said.

The band’s music comes to them in pieces, and they’ll use whatever they can as a jumping-off point for a song and build it from there.

“The sort of vanilla, typical way it happens is one of these two will have a riff and be like ‘This is awesome’ and then we’ll just flesh it out and jam it,” St. Aubin said.

Taking inspiration from bands like ‘Mom Jeans,’ ‘Modern Baseball’ and ‘Tiny Moving Parts,’ Nosebleeds hopes their music provides a feeling the listener can connect to.

“Most of our songs are about an

experience in a relationship we’ve had or been connected to,” St. Aubin said. “It’s just stuff that hits us emotionally, whether that be family stuff or bad relationships or good relationships.”

“Yeah, instead of actually talking about it to somebody, we just bottle it up into songs,” Lynaugh joked. “But being able to produce sonically what you’re feeling internally is huge; that really makes the song.”

Similar to many artists and groups, the Nosebleeds got their first taste of exposure by chance after a run in at a local show.

“I went to one of Brady Lafen’s

shows—he used to host shows at his house, in the garage—and just from that we kind of connected a bit, and something came about where he was like ‘I heard you’re in a band, you should play a show,’ St. Aubin said. “It was October, so it was like a Halloween show at Brady’s garage, so we were all dressed in costumes and stuff, and that was our first show. It was a lot of fun.”

From there, the band got another chance to play a show at a bar in Green Bay.

“We haven’t gotten any less awkward,” St. Aubin said. “But we have gotten better at playing. I think we’ve grown as musicians.”

They’ve also grown in their recording skills. The Guitar Hero microphone was phased out long ago. Recently, they released a highly polished track titled “Bread for Breakfast 2.0,” which is a reprise of their first-ever song, “Bread for Breakfast.”

“‘Bread for Breakfast’ was our first song, and I think we weren’t super comfortable sharing a lot at that point, so that was kind of like a love song, but about nothing and nobody basically,” Lynaugh said. “It’s kind of just about the feeling of going on a first date.”

“Bread for Breakfast 2.0” is a taste of the well-orchestrated approach the band is taking to their upcoming album “Field Experience,” which will be released this winter.

Q&A with Nosebleeds

Favorite song right now?	ML: “Jesus Forgive Me, I Am A Thot” by JPEGMAFIA	JR: “Ring of Chain” by Citizen	PSA: “Never Meant” by American Football
Favorite Nosebleeds song?	ML: “Grass Sword”	JR: “100,000 Miles”	PSA: “Koi Pond”
Band that you’d recommend to anyone?	ML: Moose Blood	JR: Mom Jeans	PSA: Sports.
Favorite Pop-Tart flavor?	ML: Fudge	JR: S’mores	PSA: S’mores
Best Drunk Food:	ML: A macaroni cup, maybe with some chipotle sauce and shredded cheese on top.	JR: A roast beef sandwich with cheese on a pretzel bun from Schlotzky’s.	PSA: I’ve never been drunk—I’m like almost a straight-edge vegan, but if I had to say a snack I’d say corn nuts.



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