

The Advance-Titan

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BRING THE THUNDER



Courtesy of UWO Flickr

Titan Thunder Marching Band is making their debut on Saturday at the Titans football game against East Texas Baptist University. The band was started from scratch by Director of Athletic Bands Joseph Scheivert.

Titan Thunder Band debuts on Sept. 3

By Katie Pulvermacher
pulvek45@uwosh.edu

After more than 40 years without the marching band at UW Oshkosh, Titan Thunder Marching Band makes its debut at the Titans football game against East Texas Baptist University on Saturday at 1 p.m.

"I'm most excited to see our students have a great time," Director of Athletic Bands Joseph Scheivert said. "It's an important thing for our fans, the athletic department and the university for this group to be successful, but I know that participating in this is something that makes a big difference in our students' lives."

Starting Aug. 19, the 75 band members began the inaugural pre-season camp with practices 8 a.m. - 9 p.m. daily through Sept. 2.

"This band has no experience to draw from," Scheivert said. We're starting many students from square one."

Marching fundamentals, physical stretching, music rehearsals and field rehearsals are included in practices to quickly get the band to a collegiate level.

"One of the keys to marching bands looking great is a regimented manner," Scheivert said. "It's a really complex process to put in place."

Practices are off to a great start, he said.

"Everyone is really motivated to help each other and learn quickly," Scheivert said. "Our goal was to march and play the pregame show in week one, and that's exactly where we are."

An application and audition process took place in early spring 2022 to identify section leaders.

"Section leaders, especially this year, are much more than just the leaders of their section," senior clarinet section leader Hannah May said. "We're all helping to run things behind the scenes and make sure new students have a smooth transition into the band and life away at school."

Section leaders helped select music for halftime shows. The band will participate in the Titan March to the stadium and perform a pregame show and a halftime show.

"The Titan March is for the team and the band to go to the stadium before the game starts," Scheivert said. "We're leading the team over to the stadium and through the tailgating lots as an opportunity for us to be publicly visible in that pregame atmosphere."

At 11:45 a.m. on Saturday, the band will march with the football team from the new Titan Athletic Bands Center to the stadium to begin the pregame show. This show features the university's new fight song, "Go Mighty Titans" written by UWO alumnus and accomplished composer David Gillingham and debuted on Jan. 5 with the student pep band, Bolt Band.

"We want the students to enjoy

what they're playing," Scheivert said. "I want to make sure that we look well-polished, sound and confident in what we're playing."

The halftime performance on Saturday is "Bring the Thunder," featuring songs with thunder in the title. These include "Thunderstruck" by AC/DC, "Thunder" by Imagine Dragons and "The Thunder Rolls" by Garth Brooks. Show number two's repertoire was chosen by the students, currently called "Throwback to 2010," with popular songs from that decade including "California Gurls," "Bad Romance," "Dynamite," and "DJ Got Us Fallin' In Love."

May said once she heard that Titan Thunder was in the works, she wanted to help create it.

"The best word I can think of to describe the energy of the band is electrified," May said. "I think we are all very excited to see our hard work from the past year coming to life before our eyes."

Scheivert said if you didn't join the marching band this fall, there are still opportunities to play in athletic bands. More information will be sent to the student body in October about playing with the Bolt Band during the basketball season.

"Both basketball coaches felt like we really helped transform the atmosphere [during Kolf bas-



Courtesy of UWO Flickr

Abby Hughes plays a mellophone at a practice on Aug. 28 during preseason camp.

ketball games]," Scheivert said. "We'd love to have a bigger band in Kolf, and we'd love to have more students involved in that game day atmosphere as well."

Whether interested in joining Bolt Band for the basketball season or Titan Thunder Marching band next fall, the bands are open to all students who can be accepted to UWO. This includes Lawrence University, Ripon College, Fox Valley Technical College and others.

"We're not in a position to say that people cannot join," Scheivert said. "Given that it is an audition-based class, people need to match what the group is doing."

The UWO athletic department is also looking for more ways fans can get involved in the game day atmosphere.

"They've opened up parking lots in hopes of establishing more of a tailgating culture before the games," Scheivert said. "I'm

hopeful that people will not only want to come and see what the band is doing, but that it'll help boost people's interest in being a part of the game day experience."

May said she knows the band is going to be something long lasting and impactful for the community.

"Titan Thunder is going to be more than just a band," May said. "We're already a very close-knit group of students who are all passionate about making good music, and that atmosphere is so uplifting."

Titan Thunder will continue practicing to perfect their craft until game day.

"Whether you're marching or in the stands, being a student is something that does not last very long," Scheivert said. "Being a part of this as a student is something you want to take advantage of while you have the opportunity to. I want you to come excited and involved."

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Phone: 920-424-3048
Email: atitan@uwosh.edu
Website: www.advancetitan.com
Facebook: @theadvancetitan
Twitter: @atitan
Instagram: @theadvancetitan

Editor-in-Chief Owen Peterson
petero84@uwosh.edu

Managing Editor/News Editor Katie Pulvermacher
pulvek45@uwosh.edu

Arts & Entertainment Editor Mattie Beck
beckm88@uwosh.edu

Opinion Editor Kelly Hueckman
hueckk24@uwosh.edu

Sports Editors Jacob Link
linkj13@uwosh.edu

Nolan Swenson
swensonno56@uwosh.edu

Photo Editor Kyra Slakes
slakesky39@uwosh.edu

Web Editor Cassidy Johnson
johnsonca51@uwosh.edu

Social Media Manager Ellie Ramsay
ramsayel01@uwosh.edu

Copy Desk Chief Kyiah Nelson
nelsok45@uwosh.edu

Graphic Designer Josh Fanin
faniij41@uwosh.edu

Reporters
Trent Allaback, Kylie Gapko, Anja Kelley, John Lehner, Cory Sparks

Copy Editors
Savannah Bartelt, Trent Allaback

Photographers
Morgan Feltz, Jaylen Hill

Faculty Adviser Barb Benish
benish@uwosh.edu

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The Advance-Titan is an independent student newspaper published on campus since 1894. The paper is written and edited by students at UW Oshkosh who are solely responsible for content and editorial policy. Any UW Oshkosh student from all three campuses is welcome to work on the newspaper staff.

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UWO works to prevent assaults

By Kyra Slakes and Cory Sparks
slakesky39@uwosh.edu
sparkc21@uwosh.edu

As the fall 2022 semester begins, UW Oshkosh is taking steps to educate and protect students from sexual assault during a time period where students are most at risk.

As classes begin and campus life begins to ramp up at many campuses across the country, so do off-campus parties and events. While most of the time these events are harmless, they have the potential to take a negative turn as a disproportionate number of sexual assaults occur during the first six weeks of the school year, which is called the Red Zone.

UWO Police Department Acting Chief of Police Chris Tarmann noted the importance of understanding what sexual assault is before utilizing prevention methods. He said Wisconsin strictly tied the word assault with situations regarding rape and other nonconsensual sexual activity.

“It’s somebody who touches somebody or intrudes on somebody else’s body without their consent, but in Wisconsin law, there are several levels of sexual assault,” Tarmann said. “In Wisconsin, if somebody punches somebody else and sexual nature and rape aren’t involved, that’s battery.”

He said one thing needs to be clearly understood: consent must be freely given. Otherwise, an instance of sexual assault has occurred.

The UWO Police Department has a plan to keep students safe, including increased police presence in areas that are considered vulnerable.

With the Oshkosh area averaging one sex offender per 219



people, according to an article by The Advance-Titan in 2021, preventative measures are crucial in maintaining a safe environment on campus.

Angela Hawley, the director of the student health center on campus, said much more can be done to ensure a safer environment.

“It’s important for all students to take an active role in their personal safety on campus [by] educating themselves about the resources on campus,” Hawley said.

Tarmann said that there are numerous resources ready to be utilized on campus to ensure a safe experience for all students. He added that cameras and blue light systems located on and around campus are great responsive measures for scenarios where somebody’s safety may be in peril.

“The blue lights are great. We have those strategically placed around campus,” he said. “We have hundreds of cameras placed around campus in areas where we know there are vulnerabilities. To me, those are kind of reactive measures.”

Hawley said bystander interven-

tion workshops are crucial in preventing sexual assaults. She emphasized the importance of a third party that can disrupt a harmful scenario between a perpetrator and a victim.

“Bystanders play a key role in preventing, discouraging and/or intervening when an act of violence has the potential to occur,” she said. “When all students, staff and faculty get involved this has a positive impact on campus culture.”

Bystander intervention training is available throughout the Red Zone period on the Oshkosh campus. It teaches students the different ways one can prevent sexual violence when it unfolds in front of them.

The UWO Police Department has held self-defense classes and seminars in the past, and they have had many requests for more.

Tarmann said that intervention doesn’t always look like someone physically jumping in and saying something, although it can.

The UWO Police Department provides numerous resources, such as the UWO Mobile app that allows students to call the station

or talk to a dispatcher if they see something that doesn’t seem right. He said that in some scenarios, calling and reporting an incident is the best method.

“We have the UWO Mobile app, which is a way to partner with us as a police department by either chatting with us or asking the dispatcher to track you virtually if you are walking around,” Tarmann said.

Another resource the police department provides is the safewalk program. If students fear that a certain route may be dangerous and do not want to walk alone, campus Community Service Officers (CSOs) will walk with the student to escort them.

Tarmann said the medical amnesty policy, allowing students to not have to worry about getting in trouble for drinking, makes the service more appealing to those considering using it.

“If you use one of our services and you’re underage drinking, we’re not worried about that,” he said. “We want to get you from point A to point B safely. We aren’t going to write you tickets, and you’re not going to get in trouble.”

The UWO Go service, jump-started by the Oshkosh Student Association, provides students with a free ride service so they do not have to walk alone.

Lastly, Hawley said one of the most important things is to keep an open conversation about sexual violence year-round.

“It’s critical to engage in open and honest discussion about sexual assault, sexual abuse and violence to prevent its occurrence and support those who have been impacted,” Hawley said.

If students need help, they can also call 920-424-1212, or stop in the lower level of Radford Hall.

UWO sustainability nationally recognized

By Mackenzie Seymour
mseymour527@gmail.com

UW Oshkosh was nationally recognized for its progressive and well-rounded efforts toward improving sustainability achievements on campus over the summer.

The university was one of four institutions that received the U.S. Department of Education Green Ribbon Schools Postsecondary Sustainability Award. This award requires high achievement efforts in reducing environmental impacts and costs, improving the health and wellness of students and staff and providing effective environmental and sustainability education. The recipient of this award is also recognized for incorporating STEM and green career pathways.

“We are proud to have been chosen to represent the state of Wisconsin this year for the higher education nominee and to have been selected at the federal level as a winner,” said Brad Spanbauer, the university’s sustainability director.

For the past few decades, the

university has begun implementing sustainability initiatives to “engage stakeholders from Wisconsin and beyond to build healthy communities, inclusive economies and ecologically sound environments through inquiry, education and action,” according to the Sustainability Institute for Regional Transformation’s (SIRT) website.

These strategies include a variety of avenues toward improving sustainability, such as tracking greenhouse gas emissions produced by campus buildings, constructing Leadership in Energy and Environmental Design (LEED) certified buildings and collecting rainwater in four 1,000-gallon barrels to be reused for watering the campus grounds.

In addition, the Harvest Room, located in Reeve Union, is able to produce 200 pounds of lettuce and 15 pounds of herbs per month. All three UWO campuses have received Tree Campus USA recognition from the Arbor Day Foundation, and the Outdoor Adventure Center offers outdoor activities and trips that revolve around recreation, sustainability



Courtesy of UWO Flickr

From left, Chancellor Andrew Leavitt, Deputy Secretary of the Department of Education Cindy Martin and UWO Sustainability Director Brad Spanbauer at the Green Ribbon Schools award ceremony.

and education.

In recent years, SIRT has accomplished funding and has facilitated sustainability-led research initiatives and student projects through the Green Fund. SIRT has also provided resources for both faculty and students, such as teaching modules designed to give instructors an introduction into key concepts of sustainability and an environmental educator certification through a new training program.

In the spring of 2021, SIRT officially formed a new Climate Action Committee, which will research ways to make the campus more sustainable. The committee will also make recommendations

to campus facilities on ways to switch to renewable energy, make efficiency upgrades and decrease emissions from waste produced by campus operations with the goal of carbon neutrality by 2030.

“This award is built on a 20-year commitment that we are continuing to build upon,” Spanbauer said. “This is evidenced by significant grant funding in renewable energy infrastructure and climate action planning, as well as brand new sustainability certificates. Our latest commitment, being climate neutral by 2030, is a lofty ambition, and we are taking serious steps to achieve that goal.”

A-T staff win state, national awards

By The Advance-Titan Staff
atitan@uwosh.edu

An Advance-Titan editor and an alumna won national Hearst Journalism Awards in 2021-22, while the staff earned 11 awards in a statewide journalism competition during the same period.

Katie Pulvermacher, 2022-23 managing editor and news editor, earned a Hearst in investigative reporting, and alumna Kaitlyn Scoville, now a reporter for the Oshkosh Herald, received a Hearst in feature writing.



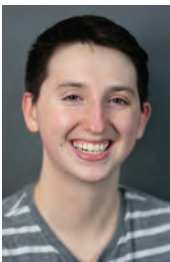
Pulvermacher

Pulvermacher, of Hartford, was named one of the top 20 winners for her article, “Fredric March, have we misjudged you?” which centered around the removal of

March’s name from UW Oshkosh and UW-Madison campus buildings and the controversy surrounding that decision.

Pulvermacher said she did “heavy research in order to understand and write Fredric March’s full story. I visited sites to understand March’s past and interviewed the people who knew him best. It is important to recognize truth within controversy.”

Scoville, of Ripon, was named one of the top 20 winners in the feature writing category for her article “Odd one out: A family fights addiction and for each



Scoville

addiction.

“Her story is one of courage and resilience and was apparent from when I met her for the first time,” Scoville said. “It took several hours over months of preparation and shadowing to truly understand Jenna’s life and translate her work well enough to be understood by the community.”

The Hearst Journalism Awards Program, founded in 1960, is highly competitive, with some of the best-known journalism programs in the country participating.

Advance-Titan adviser Barbara Benish said she was proud of both winners.

“Both stories were extremely complicated and took thorough reporting, many sources and detailed writing,” she said. “I know the two went to extraordinary lengths to ensure the stories were accurate, informative and compelling.”

Sara Steffes Hansen, 2021-22 journalism department chair, said the awards reflect the hard work they put into their writing.

“The Hearst awards are significant because they recognize exceptional student journalists at the national level, she said. The awards “reflect their talent, hard

other.” Her story told Jenna Washuleski’s experience with overcoming a difficult childhood while helping her sisters in their battle against

work and journalistic values as storytellers informing the campus and broader Oshkosh community.”

Collegiate newspaper contest

In addition, The Advance-Titan staff members earned three firsts, three seconds, two thirds and three honorable mentions in the Wisconsin Newspaper Association Foundation’s Collegiate Better Newspaper Contest. The awards were announced over the summer.

First-place awards



Brockman

Former Managing Editor Amber Brockman took top honors in news photography with her photo series on the Oshkosh Pub Crawl. The judge wrote: “Good action shots that tell the story well.”

Graphic Designer Mallory Knight took top honors in infographic on UW Oshkosh’s work to become carbon neutral, while former Advertising Manager Jon Woodall earned the top award in advertisement.

Second-place awards

Jacob Link, co-sports editor, took second-place honors in sports reporting for an article about football coach Cerroni retiring. The judge wrote: “It’s big news when a coach retires suddenly, but when it’s someone with as storied a career as Cerroni, it’s a tough story to cover, but this author did a



Link

wonderful job of bringing in other voices and making it just as much about the coach as it was about his career.” Nick Morrissey earned second place for his multimedia piece on Indigenous Peoples Day “with great visuals and audio” and former Editor-in-Chief Carter Uslabar earned second for his page design, “Sports: They’re back.”

Third-place awards

The newspaper received third place in General Excellence in Division A. The judge wrote, in part: “Page layout and design were quite good, with great uses of photos and illustrations. I liked the varied issues covered and thought the editing and reporting were solid. All sections of the paper were good, and I liked seeing a variety of voices on the editorial pages.”

2021-22 Editor-in-Chief Cory Sparks took honors in column writing for “Self defense or not? Rittenhouse verdict will likely have lasting impact.” The judge



Sparks

wrote: “Chances are this opinion column will have ample reader appeal and the clarity is fine ... I think readers will see his point.”

April Lee, former A-T photo editor, received honors in news photo for her picture of Gov. Tony Evers at the opening of the Culver Center as a COVID vaccination site.

Honorable mention awards

Former graphic designer Amanda Hollander earned honors for her COVID-19 statistics graphic, while incoming Editor-in-Chief



Peterson

Owen Peterson received honors for his page design emphasizing how big a number 500,000 COVID deaths are.

Benish said she is proud of the entire staff for all the awards.

“The Advance-Titan staff continually impresses me with their dedication to put out a timely and interesting newspaper each week. This year’s winners went above and beyond in creating not only interesting and engaging articles, but also graphics, page designs, videos and photos that that were not only attractive, but also helped tell a particular story. The entire staff also deserves credit for taking third place in General Excellence for schools larger than 10,000 students. That is a real testament to everyone’s hard work.”

The Advance-Titan is open to UWO students regardless of major on all three campuses. For more information, email atitan@uwosh.edu.

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UWO preps for newly-named ‘Titan Fest’

By Cory Sparks
sparkc21@uwosh.edu

UW Oshkosh will host the newly named Titan Fest on Sept. 6 from Reeve Union to Swart Hall, and all students are encouraged to explore what different organizations have to offer.

With more than 150 organizations signed up for the event, students can join everything from organizations that relate to their majors to ones that pique their interest in other subjects they enjoy exploring.

With a plethora of groups setting up tables with information and free items, Program Adviser for Campus and Civic Engagement Nicole BellCorelli said the event is meant to assemble a community together early in the school year.

“Titan Fest is a celebration of what campus and the community have to offer,” BellCorelli said. “We want students to come and spend time with those who are tabling, enjoy lunch, play some games and meet new people.”

While students can benefit from being a part of groups outside of class, organizations are able to use this semi-annual event for marketing and recruiting.

Bailey Laird, a senior at Oshkosh who previously ran the booth for Titan TV as the station’s promotions director, said the occasion is effective in allowing clubs to get the word out about their group while students get to explore other



Courtesy of UWO Flickr

UWO students visit a table at the event previously named Taste of UW Oshkosh. The newly named Titan Fest will be held on Sept. 6.

ventures.

“This fest gives people a chance to put their club or organization in the public eye, for both new and incoming students,” Laird said. “It also helps current students looking to get involved in groups they may not have heard of.”

Formerly referred to as the Taste of UW Oshkosh, BellCorelli said the event was due for a new name.

“Each fall is an opportunity to start fresh, and with another expansion of what we are offering at the

event, it was the perfect time to re-brand,” she said.

While past gatherings have primarily been of different organizations setting up their stations to give a pitch on what they have to offer to the student body, there are now multiple incentives for students to get outside between 11 a.m. to 2 p.m. on the day before classes officially start on Sept. 7.

“New for 2022, we have stretched the footprint of the event from Reeve Union down to Swart

Hall and the planetarium,” BellCorelli said. “Additionally, lunch on the lawn includes a large tent to eat in, a DJ and lawn games.”

For those who are undecided on whether they should attend Titan Fest or not, Laird said it’s a great opportunity to get outdoors, meet others and learn about the community.

“Definitely give it a shot,” he said. “It’s usually nice out when we do the fests, and you can get a lot of free merch and meet a lot of new

people.”

While registration for organizations to sign up was back in May, groups that are interested can still get on the waiting list.

BellCorelli said she sees tons of opportunities for students who come and explore Titan Fest.

“I highly encourage you to come on over and walk around,” she said. “There are lots of free giveaways at the tables, and you might make a connection that you would have missed.”

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Downtown Oshkosh Farmers Market a summer hit

By Anya Kelley
kelleyan55@uwosh.edu

If you're ever in want of home-made treats and trinkets, the Oshkosh Farmers Market is the perfect place for you.

Held from 8 a.m. to 12:30 p.m. on Saturdays, the downtown area comes to life as people mill around the 130+ vendors who sell produce, baked goods, freshly cut flowers, crafts and much more.

The summer market, located in the 400 and 500 blocks of N. Main Street and the 100 block of Church Avenue, runs through Oct. 29. In the winter, an indoor market takes place in the Oshkosh Arena, so you never have to miss out on supporting local families and businesses. The winter market recently celebrated its 10 year anniversary and is open on select Saturdays beginning in November from 9 a.m. to 12:30 p.m.

The Daily Meal ranked the Oshkosh Farmers Market as one of the top in the country 2013-17, and the market has won the "best local family event" seven times since

2012. With a rating of 8.5/10 on Foursquare, the market is definitely a fan favorite.

Michelle Schultz has been the market manager for the past four and a half years, coming into the position with 13 years of vendor experience.

"The market started 20 years ago with just 10 vendors," states Schultz, "It was small enough to fit in a parking lot!"

There's a little something for everyone at the market. Not interested in produce? No problem! There's plenty of live music to pass the time. Craving a sweet treat? The market has you covered there, too.

"Local food producers allow you to support your friends and family. Plus, you know exactly where you're getting your food from. I think that's super important."

"The market is focused on agriculture. However, there's a place for everyone in the community," Schultz said after being asked what makes the market stick out from others.

"Everyone is welcome. We sponsor lots of special events and community projects. Music and art is a huge part of the market as well. The community supports the market; it's a little different every week."

The market has been around since 1994 fostering "the commercial, social and community well-being existing in the Oshkosh area," according to their mission statement.

"The market really brings the downtown alive on Saturday mornings; it helps connect the city. Before the farmers market, nothing really happened downtown," said Schultz as she reminisced on a time before the market.

The lively and unique environment is an amazing way to spend your Saturday morning. Whether you're going alone or with a group of friends, you're destined to find something you love about the Oshkosh Farmers Market, and you're unlikely to be going home empty handed.



Kelly Hueckman / Advance-Titan
The farmers market takes place every Saturday downtown.

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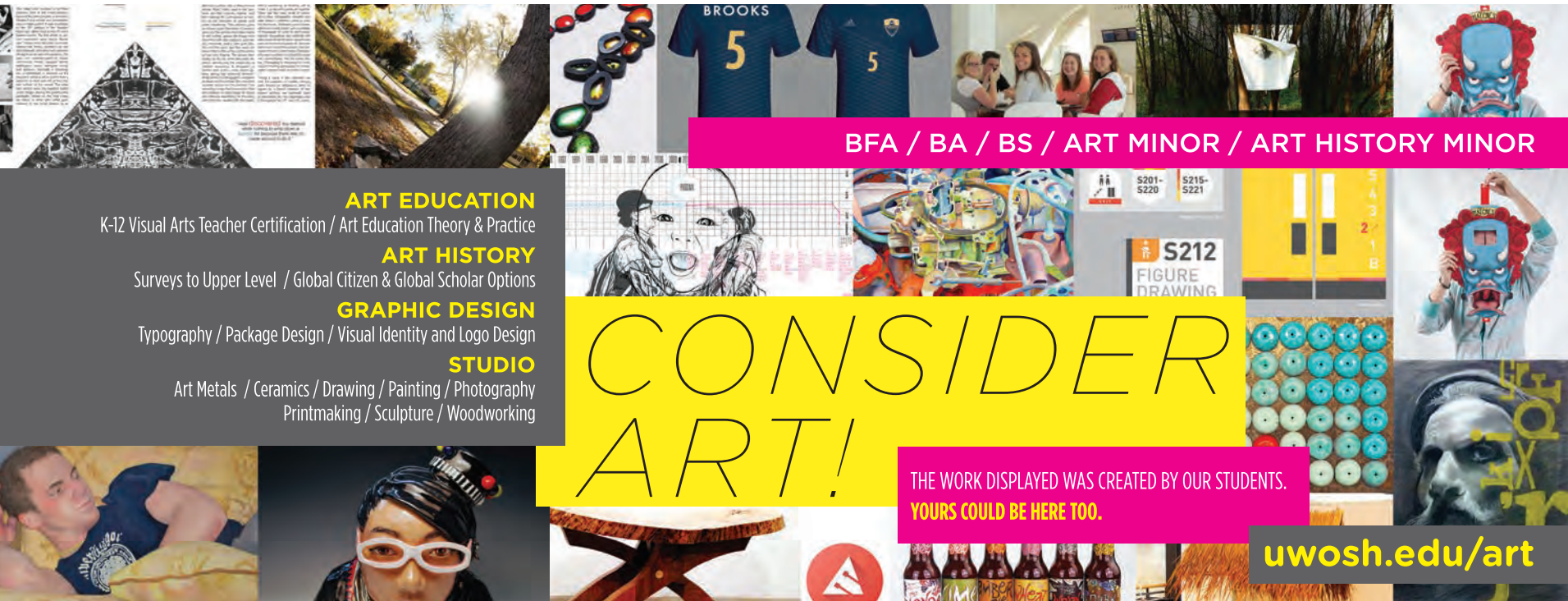
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By Kristi Cutts
kcutts@uwcu.org

Do you know where your money goes each month? How well do you understand your spending habits?

If questions like these stress you out, you're not alone. Especially when you're a college student, taking the time to set up a budget can seem like just another thing to worry about. But budgets shouldn't be stressful. In fact, creating a simple budget can help you to have a better understanding of your cash flow, which can ultimately help to relieve and eliminate the stress that comes with not knowing whether you'll have enough money to make it until the end of the month.

As the saying goes, knowledge is power – so let's equip you with the knowledge you need to better understand your personal cash flow.

Creating a budget may sound overwhelming. But our advice if you're just starting out with budgeting is to keep it simple. Even a basic understanding of your monthly income and expenses is better than nothing – and tools like mobile banking apps that track purchases and income can make the process a breeze.

While it's entirely possible to go into extreme detail with a budget, it's also possible to lay things out in a simple way in just a few



minutes. Evaluate your personal situation and choose the level of detail is best for you – but don't let a fear of getting bogged down in details prevent you from getting started at all.

The first step to creating a budget is to track your monthly income. A good rule of thumb is to track this over a period of about 60 days to account for any variations in pay days or hours you may have worked at a job. Include money you earn from work, any regular gifts you can rely on (received monthly), and Social Security and child support payments if applicable. Refer to pay stubs or direct deposit information to get an accurate picture of your situation.

Next, track your expenses. Certain items, such as rent, loan payments and cell phone bills are likely to be “fixed,” meaning that you can count on them being for the same amount due on the same day of each month. Other expenses are considered “variable” and are less predictable – think food,

gas for the car or electric bills.

Variable expenses can be averaged over a period of time, and that average can serve as an indicator of what you can plan to spend each month. Simply add the total expenses for each category over the past few months, then divide that total by the total number of months you tracked. For example, if over the past three months you spent \$75, \$80 and \$78 on your electric bill, your average bill works out to be \$77.67. You can guess that your next electric bill will be somewhere around that amount.

Be sure to include in your budget money spent on shopping, subscriptions and entertainment. Should you need to cut back, these categories are likely to be good places to start.

Once you've tallied your income and expenses, subtract your total expenses from your total income. If you still have money left over, you're in great shape. If that's not the case, don't stress! There are steps you can take to reduce your spending and get yourself back on track.

If your budget needs a boost, consider finding ways to increase your income.

If you don't already have one, a part-time job is a great place to start if you're looking to raise your income. Picking up a shift at a bookstore or doing some tutor-

ing work will allow you to make some extra cash. Student-focused jobs that won't place unreasonable demands on your time are best – that way you'll still have time to study (and to socialize).

Alternatively, you can cut back on some of those variable expenses to slow the outward flow of money and make your income go further each month.

Spending too much on late-night pizza delivery or your morning cold brew at the coffee shop? Consider buying a few frozen pizzas and making your own coffee at home. Is a stagnant subscription or gym membership sapping your account? Canceling those in favor of free alternatives such as the library or outdoor exercise can help make your money go further each month.

It may be possible to save yourself a few bucks just by asking others to chip in their fair share. If you live with roommates and share one streaming service account, for instance, consider splitting the cost. This way, no one roommate bears the burden of paying for something everyone in the household benefits from – and you may be able to avoid cutbacks because of it.

Once you have your budget laid out, try to stick to it. Again, mobile banking apps can be useful here – many offer the ability to track your spending across categories, so you can check-in

regularly to see how well you're staying on track.

If you found during the budgeting process that you have a bit of money left over at the end of each month, consider setting some aside as an emergency fund. This way if your budget varies a bit, or you have an unexpected expense, you can have something to draw on that won't throw your budget completely out of whack.

Don't forget to allow for some fun. If your budget allows it, give yourself some discretionary spending money to treat yourself every now and then. This may seem counterintuitive, but giving yourself that flexibility for frivolity can help you stick to your budget in the long run by staving off the urge to splurge.

Finally, as your circumstances change, remember to update your budget to reflect those changes. An ongoing approach to budgeting will allow you to continue to benefit from a budget without having to start from scratch.

Ultimately, a budget is a tool. If you take the time to build and use it, it can help you achieve whatever financial goals you might have.

Note: The Financial Corner is a direct response to student requests for more information on navigating money matters. The tips are provided by Kristi Cutts, branch manager of UW Credit Union's UW Oshkosh branch.



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01 Vintage opens in downtown Oshkosh

By Mattie Beck
beckm88@uwosh.edu


There’s a wide variety of stores located in downtown Oshkosh, and opening recently is 01 Vintage, a store that provides clothing and decor from a previous era. Opening a vintage store has always been a priority of store owner Viktor Kielman. “It’s always been my dream to open up a vintage store ever since high school back in 2017,” Kielman said, “I was always into clothes and fashion, but didn’t really know what I wanted to do in life.” The inspiration for 01 Vintage

comes from Kielman’s love of thrifting and the clothing of decades past. “I couldn’t afford a lot of designer clothing that was super popular so I decided to go thrifting with my friends,” Kielman said. “Eventually, when I found out how cool old clothes were, it really just spiraled into a full-time side gig!” Kielman decided to open the store, in part because of a lack of space in his personal closet. “I would go thrifting every day, trying to find old clothes for myself and eventually I ran out of room and started selling them online for a profit,” Kielman said.

When selling vintage, Kielman draws on prior knowledge and experience to set up the store with what to put and where. “After selling for over 5 years now, I’ve definitely developed a great understanding for what sells best, even after trends change in fashion and even vintage,” Kielman said. The process of putting the shop itself together was one Kielman and his father did together, adding details to make the store to his liking. “I lived in Fond du Lac up until August and would drive up as often as I could building it with my dad and trying to get it ready to

open,” Kielman said. A lot of handiwork was done by the duo, including building the racks that the clothes are stored on. “We built the racks by hand which I think turned out so good,” Kielman said “We cut the pipes, cut the wood on top, stained it, hauled all the pieces and built them.” Kielman said his favorite part of the store is a hangout area in the corner he set up for customers to enjoy. “I found an old VHS box TV and got tons of awesome old VHS tapes from my mom and pop in movies throughout the day,” he

said. The hangout area adds to the vintage theme of the store, providing an area to take customers back in time as they shop. Kielman said he is working almost daily to add new clothing to the store. “I’m constantly putting new stuff out every single day, so the next time you come in, you’ll find a new piece you love!” 01 Vintage is located at 415 N. Main St. and is open Monday through Thursday from noon. to 7 p.m.




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Sorority recruitment changes format

By Mattie Beck
beckm88@uwosh.edu

Sorority recruitment occurs every fall, but this year’s recruitment will be more relaxed and better fit for students’ schedules. Angie Zemke, fraternity and sorority life program adviser, sees the change as one that will benefit female students.

“Changing the recruitment process to provide the flexibility students require to balance their school and personal responsibilities, and to offer a more authentic view of sorority life, is just another example of that dedication to growth,” Zemke said.

The recruitment process is a long one that takes place during the start of the school year, and the change is providing a schedule that benefits all those involved.

“Previously, the recruitment process spanned an entire weekend and interested women were required to attend three days of events that could be up to five hours long,” she said.

Sorority recruitment is now shorter, with sessions not taking up as much time.

“The new process is spread out allowing for smaller 30-to-60-minute increments that fit into schedules a lot easier,” Zemke said, “It is also a lot less “formal” meaning that women are encouraged to come as they are showing their unique personalities and style.”

The new recruitment process will provide a more relaxed atmosphere to give insight into what sorority life may look like.

“It isn’t about the fancy TikTok trends or what people wear,” she said. “It is about getting to know one another and finding authentic connections with other women on campus.”

Zemke hopes students going through the recruitment process will find it easier to be themselves.

“Each woman brings her own unique personality, authentic style and diverse background to our community, enriching the experience for everyone,” Zemke said.

Sam Sasin, panhellenic vice president of recruitment, is also preparing herself for this new style of recruitment.

“I am a little nervous since this is the first time we are doing this type of recruitment,” she said. “I hope we can execute it as well as we have planned!”

Sasin is taking the same approach as Zemke and believes the change will benefit those involved.

“All the data suggests that for the size of our community, this type of recruitment will help us grow, which is what we need right now,” Sasin said. “I hope that it will draw more women because of the flexibility this structure provides.”

Even with the nerves present, Sasin is still finding herself looking forward to elements of the recruitment process.



Courtesy of Sam Sasin

Sorority recruitment is changing its format from previous years, with a more flexible schedule.

“I am excited to spend more time with all of the PNMs [potential new members] and recruitment counselors. There will be more opportunities to hang out casually and get to know everyone,” Sasin said.

Sasin encouraged girls to be themselves throughout the recruitment process.

“My best advice for anyone looking to go through recruitment is to fully be yourself,” she said. “That is the best way you will find out which girls you mesh with the most.”

Sorority recruitment runs from Sept. 19 through Oct. 1. For more information, go to <https://uwosh.edu/reeve/involvement/greek>.

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Advance-Titan Photo Archives

The UW Oshkosh football team prepares for the upcoming season with a new coach and the players ready to have their 11th consecutive winning season.

UWO football seeks to take division by storm

By Jacob Link
linkj13@uwosh.edu

The UW Oshkosh football team will look to contend for the Wisconsin Intercollegiate Athletic Conference (WIAC) title during the 2022 season on Sept. 3 at J.J. Keller Field at Titan Stadium.

The Titans, currently ranked 19 in the nation by d3football.com, hope to bounce back after a disappointing 2021 season where they finished fourth in the WIAC with a 6-3 overall record.

Head coach Peter Jennings said at the end of the day, UWO football will continue to be blue collar tough.

“We are going to outwork opponents and we are going to be the best practiced team in America,” he said. “That is our goal, our guys will repeat it to you, and if we’re

the best practiced team in America, we will turn some heads in the WIAC.”

Junior quarterback Kobe Berghammer will lead the Titan offense this season in his third year as a starter. Berghammer, who currently sits ninth all time for UWO passing yards, threw for over 1,600 yards and 19 touchdowns with only four interceptions last season.

Berghammer’s favorite target, junior wideout Tony Steger, will hope to have another career season after he led the team in receptions (28), receiving yards (618) and receiving touchdowns (6) last year.

On the defensive side of the ball, Carson Raddatz, Tory Jandrin, Kyle Scharenbroch and Brandon Kolgen hopeto have another dominant season on the field.

Raddatz, a sophomore defensive

back, led the Titans in tackles last year with 90 in nine games.

Jandrin, a junior linebacker, had the second most tackles (65), tackles for loss (6.5) and sacks (2.5) last season for UWO.

Jandrin said he used the disappointing finish from last season as motivation for the upcoming season.

“I don’t think that anybody was happy with how we finished the season last year,” he said. “Everyone wants to be at the top of the podium and we used that year to get better and better.”

Scharenbroch, a senior defensive back, had the most broken up passes (6), the third most tackles (60) and was one of two Titans to have both an interception and a fumble recovery last year.

Kolgen, a sophomore defensive lineman, led UWO in sacks (6.5)

and tackles for loss (11.5) during the 2021 season.

Jennings said that the team had a great offseason even through the ups and downs of the head coaching search.

“The beauty of coming to a place like Oshkosh and taking over this program is that there’s a strong culture in place and that’s really exciting,” he said.

Since the arrival of Jennings, Oshkosh has added new members to their coaching staff during the offseason including offensive coordinator Rich Worsell, special teams coordinator Matt Ellis and wide receivers coach Treyton Anderson. The Titans also welcomed the 2012 Division III National Player of the Year, Nate Wara, to the coaching staff as a tight ends coach.

Worsell, who hails from the

United Kingdom, joins UWO from the University of Akron where he served as the director of football research and analytics for the past three seasons, scouting every opponent the Zips faced.

Prior to his time with Akron, Worsell was the offensive coordinator and assistant head football coach at the University of La Verne from 2011-18. In 2015, he helped lead the Leopards to their first conference championship in 30 years while boasting one of the top offenses in the nation by averaging 37 points a game.

The Titans will play East Texas Baptist University in UWO’s home opener on Sept. 3 at 1 p.m. at J.J. Keller Field at Titan Stadium. The game will feature a special presentation for the senior day and the first appearance of the Titan Thunder marching band.



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Jennings ready to ‘rock and roll’

By Jacob Link
linkj13@uwosh.edu

Peter Jennings is the new head coach of the UW Oshkosh Titan football team, and he couldn’t be more excited.

“Being a head coach is a huge responsibility, and I will never take this responsibility for granted,” Jennings said. “Our staff will be teachers first and foremost. We will offer an inclusive environment for all members of our football program. We will be honest and energetic, and we will always put the well-being of our student athletes first.”

UW Oshkosh Athletic Director Darryl Sims said that Jennings’s enthusiasm is contagious and resonates well with the players and coaches.

“Peter has a real vision for Titan football,” Sims said. “He has



Peter Jennings

an innovative football mind, and has demonstrated the ability to work well with student athletes, to help them be successful in the classroom and on the football field.”

Jennings was the offensive coordinator for four seasons at

UW-Whitewater where he helped the Warhawks compile a 39-4 record and win three Wisconsin Intercollegiate Athletic Conference championships from 2018-21.

Taking over for retiring coach Pat Cerroni, Jennings becomes the 23rd head coach in the 126-year history of the UWO football program. The Titans have had just six different head coaches between 1946-2021.

“Let’s get this team rocking and rolling,” Jennings said. “I am so excited to be here.”

“[With] the university and all of its elite academic offerings, the fertile recruiting grounds of the Fox Valley and this unbelievably vibrant campus community, this truly is a dream come true for me and my family,” Jennings said.

With Jennings at the helm of the offense, UWW averaged 40.9 points per game last season. He

also mentored two Warhawk quarterbacks who were voted WIAC Offensive Player of the Year: Max Meylor (2021) and Cole Wilber (2018). Jennings coached 10 D-III All-Americans and one recipient of the D-III Rimington Award, given to the best center in the country.

Prior to coaching at Whitewater, Jennings was the offensive coordinator and associate head coach at Rhodes College in Memphis, Tennessee, from 2016-18. The Lynx set program season records in total touchdowns, rushing touchdowns, total yards and passing yards during this time.

Jennings previously coached at Carroll University where he was the offensive coordinator, helping the offense achieve its two highest scoring seasons in school history.

Jennings played college foot-

ball at Illinois College, where he was the starting quarterback from 2004-07 while he earned his bachelor’s degree in psychology and exercise.

UWO’s current string of 10 consecutive winning seasons is the longest in program history. Last season, the Titans had a 6-3 record overall and finished fourth in the WIAC with a conference record of 4-3.

The Titans are scheduled to open the 2022 season against East Texas Baptist University on Sept. 3 at J.J. Keller Field at Titan Stadium.

“I am finally to the destination, the University of Wisconsin Oshkosh,” Jennings said. “The bar has been set extremely high. I so appreciate the faith that [Sims has] in moving this elite program forward.”

UWO soccer will look to defend title

By Jacob Link
linkj13@uwosh.edu

The UW Oshkosh women’s soccer team will look to defend their Wisconsin Intercollegiate Athletic Conference (WIAC) title when they kick off their season Thursday at Ripon College.

The Titans, forecasted to finish second this season in the WIAC Preseason Poll, had the most wins in program history (16) last year en route to their first ever outright conference title.

Head Coach Erin Coppernoll, the winningest coach in program history, helped the Titans to their third conference tournament championship last season. Coppernoll, who won WIAC coaching staff of the year honors, recorded her 200th career win last year and sits fourth for all-time WIAC wins.

After securing an automatic bid into the 2021 NCAA Division III Tournament, the season ended earlier than many hoped as UWO fell to Wheaton College in the first round on penalty kicks.

UWO hopes to continue their offensive hot streak into this season after they scored 52 goals in 20 games, the most goals per game in the WIAC last year.

Junior Rylie Kaufmann will lead the Titan attack this season after a phenomenal 2021 campaign where she led the team in goals (eight), assists (seven) and points (23), earning her all-WIAC accolades.

Kaufmann said it was exciting to see how hard work individually and as a team paid off during last season.

“We have a hungry compet-

itive mindset,” she said. “We don’t want to settle for what we accomplished last year and we are hungry to get farther in the NCAA Tournament this season.”

Kaufmann said that bringing in a large class of freshmen can sometimes be hard to integrate them into the team. “But this year, we have hit the ground running and you can tell with each practice how much more comfortable they are becoming. Our speed of play has also been getting better as we become more comfortable as a team.”

She said the team does well when they play one-two touch, which makes the speed of play fast. “We have such a versatile group that we can play many ways,” Kaufmann said. “We have a lot of speed on the outside which allows us to play through balls through the defense, but we also like playing to feet and working the ball around until we find our chance on goal.”

Sophomore midfielder Molly Jackson will look to build on her freshman season where she won WIAC Newcomer of the Year, scoring five goals and having four assists while starting every game.

Senior Mackenzie Bennett will lead the Oshkosh defense after a breakout 2021 season where she led Titan defenders in goals (six), assists (two) and was named WIAC Defensive Player of the Year.

The Titans will continue their season-opening road trip at Bethel University and Macalester College on Saturday and Monday, respectively, before their home opener Friday, Sept. 9 against Calvin University.



Courtesy of UWO Athletics

UW Oshkosh women’s volleyball celebrates a point against UW-Platteville in 2021.

UWO volleyball to make strides

By Jacob Link
linkj13@uwosh.edu

After an improved 2021 season, the UW Oshkosh women’s volleyball team hopes to continue making strides and compete for the Wisconsin Intercollegiate Athletic Conference (WIAC) title.

The Titans, who finished third in the WIAC with a 4-3 conference record last season, are picked to finish fourth in last week’s WIAC Preseason Poll.

UWO is coming off a 19-12 overall record in 2021 where the Titans made it to the semifinals of the WIAC tournament, but the team fell 3-2 to UW-Eau Claire.

Jon Ellmann, the third most winning coach in program history, returns as the head coach of UWO in his fifth season with the Titans. All six starters and the libe-

ro from last year will return for the 2022 season including first-team All-WIAC award winners Riley Kindt and Carissa Sundholm.

Sundholm, a junior pin hitter, had career numbers in 2021 when she led the Titans in kills (345), kills per set (2.83) and total attacks (1,123). Kindt, a sophomore middle blocker, led the team in solo blocks (21), assisted blocks (67) and points (395.3) in her freshman season with UWO.

Sophomore Defensive Specialist Amelia Hust garnered WIAC Honorable Mention when she led the team in digs (582), digs per set (4.69) and service aces (43).

Sophomore defensive specialist Abby Fregien said there are a lot of incoming freshmen and that the team has spent a lot of time getting to know each other in the preseason.

“We are all super excited for this season and have been working really hard in the gym,” she said. “We had a great preseason and are looking forward to our season opening tournament in Virginia Beach this week.”

The UWO volleyball team won a team academic award from the American Volleyball Coaches Association for their team GPA of 3.70, the best in program history.

The UWO volleyball season will kick off Friday when the Titans take part in the Captains Classic in Newport, Virginia. Oshkosh’s first game takes place at 2 p.m. against Lewis and Clark College, followed by a matchup against Hollins University at 4 p.m.

UWO’s home opener is Wednesday, Sept. 7, against St. Norbert College at the Kolf Sports Center.



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Titan basketball plans trip to Europe

By Jacob Link
linkj13@uwosh.edu

The UW Oshkosh men’s basketball team will be traveling to Europe next May where the Titans will play exhibition games in Berlin, Paris and Prague.

The 11-day trip, funded entirely through donations and fundraisers, will immerse the athletes in new cultures while competing against professional club teams from across the pond.

“We wholeheartedly believe this time together sets the foundation for us to compete into March each year,” UWO head coach Matt Lewis said. “Our program’s mission is to excel in the classroom and on the court, contribute to the broader community, build our Titan basketball family and have fun in the process.”

UWO will be granted 10 additional practices from the NCAA because of their foreign trip, providing the Titans with an opportunity to practice during a time in the season where Division III



Cory Sparks / Advance-Titan

The 2023 European tour will be UWO’s third foreign trip in program history after the Titans went to Italy in 2016 and Spain in 2019.

teams are not usually allowed to have contact with coaches.

An itinerary for the trip shows the team taking a river cruise through Prague, a tour of the Terezin Concentration Camp, a bike tour of Tiergarten Park in Berlin and a stop at the Eiffel Tower.

“The opportunity to visit different countries and cultures is a once-in-a-lifetime opportunity,” Titans guard Hunter Plamann said. “The best part about the trip is that we will be traveling with a great group of people, and we will make memories that will last a lifetime.”

The Titans, defending Wisconsin Intercollegiate Athletic Conference champions, have taken two other European trips with a 2016 journey to Italy and a 2019 venture to Spain.

Lewis said that UWO’s previous two trips proved to be a formative experience for the team.

“It helped build bonds that would carry over to the locker room and court, as well as years to come for our alumni,” he said. “Coming together as a Titan family to experience new places, people, food and cultures builds our own championship-level program.”

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Should you quiet quit college?

By Owen Peterson
petero86@uwosh.edu

One of the biggest social media discussions this summer was about people quiet quitting their jobs in search of better mental health.

What started as a TikTok trend quickly got the attention of outlets such as The New York Times, Forbes and The Washington Post, with writers both championing and lambasting the concept.

In all that discourse, however, not much attention was given to how the concept extends to students who struggle with balancing school, life and often a job as well.

Despite what it sounds like, quiet quitting isn't about quitting your job, but rather about setting limitations on how much you work in order to create a better work-life balance.

Quiet quitting can entail not working overtime, not checking emails at home and not forcing yourself to do more than expected.

In the context of college, quiet quitting is quite different, as

students are expected to do most work outside of the classroom, which is why school-life balance can get so blurred.

Quiet quitting college would entail the likes of not staying up excessively late to study, not passing up on other events/opportunities to do schoolwork and doing solely what is necessary for assignments.

On paper, quiet quitting can sound like nothing more than a reason to be lazy, but I believe it is best interpreted as a means to not allow yourself to be defined by your work to the point where it takes over your life.

It's not about rejecting over-achieving, but about not doing so to the point where you are making sacrifices in other, more important, areas of your life.

According to a 2020 survey done by the American Psychological Association, this generation's young adults are the most stressed-out demographic, and schooling is only one of many stress factors (on top of learning to be independent, the omnipresence of social issues

Opinion

and constantly being reminded that you are on the precipice of the rest of your life), so it's crucial to remember what is and isn't in your control.

In class, there will always be a looming pressure to focus on assignments, but it's important to remember that opportunities like clubs and internships can be more beneficial for meeting your career goals than spending too much time on completion-based assignments.

This isn't exactly a ground-breaking take, but one I think is worth repeating and is reinforced by the concept of quiet quitting.

Unfortunately, there's not a black-and-white answer regarding just how little you should be doing or how much you should care, as it's all about knowing your personal boundaries and operating where you are comfortable.

Like most wellbeing issues, it's

about finding balance, as operating in extremes is seldom productive.

I originally intended this to be a more general "advice for freshmen from a senior" piece, but the more I thought about it I realized that this is the only advice I wish to give.

As someone who spent their first three years of college ripping themselves apart over every menial assignment to keep a 4.0, I would tell my freshman self to care a little less.

When I started freshman year, I went in meticulously planning my life around every assignment, and as a result, hardly ever left the campus for the first two years.

Yes, it all looks good on a résumé, but that's hardly worth semesters of passing up on all the connections and opportunities that are available on a college campus.

At the time of writing, my senior year starts in less than a week and I haven't even checked if any of my classes require textbooks, and frankly, I couldn't care less.

Learning to let myself, for lack of a better term, half-ass some as-

signments allowed me to take on new opportunities that were fun and probably more beneficial to my future.

I know this isn't a problem everyone has, and this isn't a solution that will resonate with everyone who does, but I've met enough like-minded people in my time here to know it's worth saying in case someone does need to hear it.

At the risk of being trite, college is very much a marathon, and one that only gets harder to run if you refuse to pace yourself.

In my experience, trying to devote yourself entirely to every gen-ed class and never taking time to try new things and meet new people is equivalent to refusing to drink water along the way; you're destined to burn out.

Even if quiet quitting isn't something that directly applies to you, my advice to freshmen stays the same: the best way to both enjoy and make the most of your time here is to take time to make sure you remember to take care of yourself.



By Kelly Hueckman
hueckk24@uwosh.edu

Finally, with vaccine rates going up and masks becoming less common, we can have this "real college experience" people talk about.

Ah, yes, the college experience: naps between classes, a disposable amount of potential friends and just a short walk to pretty much anywhere you need to go.

This might be the case for some students who live on or near campus, but as the commute to school increases, college starts to look a little different for commuters.

Instead, commuters can expect waking up hours before their first class, blows to their social lives and fighting for a parking spot.

Although commuters can save thousands while opting out of residential housing, it can be hard for students to stay motivated and have a positive attitude toward their education.

Don't worry, you're not alone. According to postsecondary researcher Laura J. Horn, 85% of college students are considered commuting students.

Despite the statistics, the commuter life is a lonely one, so it's essential to be prepared.

To help ease the burden, follow these tips to survive the commute.

Make your mornings

Some students' commutes to school can be upwards of 30, 60 or more minutes, making time spent on campus much more precious.

Unfortunately, this usually requires an earlier morning than fellow residential students.

But getting to school doesn't have to be the most dreaded part of your day.

To combat the resentment toward the commute, mix up your mornings with something you look forward to, whether it's a filling breakfast, a yoga routine or your favorite podcast. For me, it's coffee and a perfectly curated playlist.

Stack your classes

Not only do commuters need to account for travel time, they should also look into scheduling options that allow them to stack classes within as few days as possible.

There are few things that feel as wasteful as driving an hour round trip for only a single, hour-long class.

Stacking classes not only saves time and gas, but it allows for a more flexible schedule outside of school. This is perfect for commuters with responsibilities at work, home or a job site.

Manage time on campus

Consequently, long days on campus can be exhausting, but are also the most critical for time management.

While it may be tempting to hide away in your car for the awkward time between classes, this is the perfect opportunity to take advantage of campus resources while doing school work.

Save yourself the drive to the li-

brary, office hours or computer lab and your future self will thank you.

Join the fun

On top of meticulously planning your day, getting involved in the social scene on campus may look different for commuting students.

Making friends with people when it seems like they've known each other for years (aka, since move-in day) is intimidating.

I swear, it's possible; it just requires little extra effort.

Instead of having the luxury of befriending your roommate or the sophomore down the hall, commuters should expect to make most of their connections through extra-curricular activities.

This is the perfect time to explore your interests by joining a club or organization, especially those pertaining to your major.

Going to the first meeting doesn't have to be a huge commitment, but it may be beneficial to your academic, professional and even social experience.

Getting involved in campus organizations can open the door to brushing up on organizational skills, networking and even internship or job opportunities. Possible friends are just an added bonus.

Although the commuter life isn't the easiest to navigate, taking advantage of your time and putting yourself out there can transform your time at your university.

So, make the drive worth it and get the most out of your college experience.

Kelly Hueckman/Advance-Titan

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Courtesy of Hannah Osborne
RUB holds events all semester for students to enjoy with friends. They are starting off the semester with events in Reeve and the first Titan Night of fall semester.

RUB fall preview of events

By **Mattie Beck**
beckm88@uwosh.edu

Reeve Union Board (RUB) is kicking off the school year with many different events for students to enjoy all semester long. Their schedule of events ranges from a plant sale, to entertainers, live music, craft nights and more. Dylan Bram, RUB adviser, said he is looking forward to the upcoming events this semester. “There are many we are excited about, but a couple that stick out are comedian Eric O’Shea on

Sept. 3, who performed last year at Homecoming, and the audience loved him,” Bram said, “and Hypnotist Chris Jones on Sept. 7, who has great energy and really gets the audience involved in the show.” O’Shea’s performance begins at 8 p.m., and Jones’s performance at 7 p.m., both in the Titan Underground in Reeve Memorial Union. Bram said RUB undergoes a lengthy process when deciding which events to hold for students. “First, we bring in a lot of our in-person performers through a conference we attend annually,

called NACA (National Association for Campus Activities),” Bram said, “where we work with our student delegation to decide who they believe UWO students would like to see on campus.” But input from students on campus is also taken into account throughout the process. “We send out a survey at the end of the year to all students who have attended our events over the past year and ask what events they would most like to see on campus,” he said. Bram also said he hopes that

the events provide a social atmosphere for students to come and connect with other students, while also having fun. “Our No. 1 goal at our events is to create a welcoming space where students can hang out with friends, meet new friends... and help them feel a sense of belonging,” Bram said. One of Bram’s favorite events is one that occurs annually, the plant sale. “I love that plants connect people, like music, and bring energy and decoration into people’s lives,

whether that is their residence hall room, off-campus apartment or wherever they reside,” he said. Here are a few other events students can look forward to as the semester starts: Sept. 4: mini-golf and Mario Kart, both of which start at 8 p.m. Sept. 8: Campfire on the Fox Sept. 9: Student Rec and Wellness will host the first Titan Night of the semester. Students can find the rest of the schedule on the RUB event calendar at uwosh.edu/reeve/event-calendar/.

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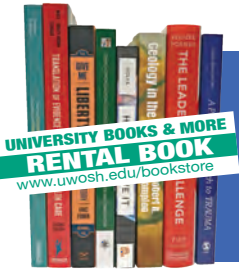
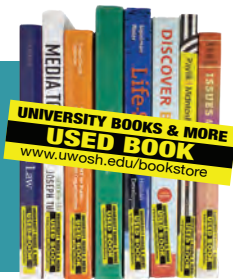
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