# The Advance-Titan

INDEPENDENT STUDENT NEWSPAPER OF THE UNIVERSITY OF WISCONSIN OSHKOSH CAMPUSES

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ADVANCETITAN.COM

Win, 3-0



Sept. 1 Win, 3-0



Sept. 1 Win, 3-1



Sept. 2



Sept. 2



Sept. 6





The UWO volleyball team broke the school record for the longest win streak after defeating Alverno College 3-0 on Oct. 31.

## UWO volleyball serves up a record

## Titans win 30th straight game of season By Nolan Andler why she was able to accomplish Robyn Kirsch led the team Robyn Kirsch led the team

andlerno63@uwosh.edu



Sept. 8 Win, 3-0



Sept. 8 Win, 3-1



Sept. 9 Win, 3-1



Sept. 9 Win, 3-0

The UW Oshkosh women's volleyball set the new school record for best start in a season at 30-0 Oct. 31, with a 3-0 win over Alverno College on a night where seniors Amelia Hust, Kalli Mau, Riley Kindt and Maddy Pearson were honored for senior night.

The No. 2 nationally ranked Titans were able to down the Inferno with set scores of 25-10, 25-12 and 25-8.

It was an easy night for the Titans as in set one, a 12-1 run by the Titans was all they needed to cruise to their first win. Set two was also easy, as UWO also won that one handily.

Set three started back and forth; however, the Titans led by an 8-7 score. The Titans ended the set on a 17-1 run to win the match and break the record.

Three players set personal accomplishments, which helped the Titans break the record. Hust hit into the 1,000 digs club in the Sept. 15 match versus Transylvania University (Kentucky), while Kindt joined the 1,000 kills club and Mau joined the 2,000 assists club in the match on Oct. 20 versus North Park University (Illinois). Hust credits the team on

why she was able to accomplish her goal.

"My team made it super special and really came around me to make me feel so good," she said. "Because of them I was able to reach it."

In her first year of being on the team, freshman Sami Perlberg acknowledged the mindset of the team on why they are here as the record holders.

"A lot of it is team chemistry," she said. "Everyone trusts everyone — we don't get mad when others make mistakes. We just take it day by day and focus on one play at a time."

On the way to setting the record, the Titans have defeated seven teams in the current American Coaches Volleyball Association poll. Most notable was the match on Sept. 20, when the Titans beat the then No. 7 UW-Whitewater Warhawks for the first time since 2015. It was a win that not only helped UWO set this record, but also clinched at least a share of the Wisconsin Intercollegiate Athletic Association regular season conference title.

On Oct. 25, UWO tied the best start in program history with a sweep of UW-Platteville at the Kolf Sports Center with set scores of 25-20, 25-16 and 25-22.

Robyn Kirsch led the team with 10 kills. Izzy Coon and Mau were the team leaders in assists at 22 and 13, respectively. Perlberg and Abby Fregien led the team in digs with nine and eight, respectively.

In the first set, Oshkosh jumped out to a 4-1 lead behind three kills from Perlberg. The Pioneers, however, made it a little tough as they had an answer for every Titan run. In the end, the Titans never gave up the lead as they claimed the set one win.

The second set was all Titans as Oshkosh jumped out to a 7-1 lead to start the set, helped by five Pioneer attack errors. The Titans handled a big rally as Platteville cut the Oshkosh lead down to 14-13 before responding with a 6-1 run with three combined kills from Kirsch and Kindt. The Titans finished the set win in dominating fashion.

dominating fashion.

Oshkosh trailed for the first time during the match as Platteville scored the first point of set three. The Pioneers did not lead for long, however. After the teams traded punches to start the set, Oshkosh scored five-straight points for a 10-5 lead. After that, Oshkosh never relinquished the lead as it was able to close out the set and the match.

The Titans will return to action

#### UWO's longest winstreaks



2. 29 games in 2009

3. 27 games in 1996

4. 25 games in 2007

T-5. 20 games in 1990

T-5. 20 games in 1995

T-5. 20 games in 2008

8. 19 games in 2022

on Friday, traveling to UW-La Crosse and looking to clinch the outright WIAC Conference Title. Even though UWL is last in the WIAC standings, the Titans are making sure to avoid a major letdown. Hust said that the team will work just the same as they have all season and won't share honors.

"We keep saying that we don't share well, so we're gonna keep it simple and do our job," Hust said. The match against the Eagles will start at 7 p.m.



Oct. 21



Oct. 20 Win, 3-2



Win, 3-1



Oct. 14 Win, 3-1

WASH

Oct. 13 Win, 3-2



Oct. 13 Win, 3-0



Oct. 11 Wip. 3-1



Oct. 6 Win, 3-0



Sept. 30 Win, 3-1



Sept. 15 Win, 3-0



**#CSB** 





Win, 3-0



Sept. 22 Win, 3-0



Sept. 22 Win, 3-1



Sept. 23 Win, 3-0



Sept. 26 Win, 3-1



Sept. 30 Win, 3-2

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#### The Advance-Titan

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#### **About the Newspaper**

The Advance-Titan is an independent student newspaper published on campus since 1894. The paper is written and edited by students at UW Oshkosh who are soley responsible for content and editorial policy. Any UW Oshkosh student from all three campuses is welcome to work on the newspaper staff. The paper is published on Thursdays during the academic

#### **Correction Policy**

The Advance-Titan is committed to correcting errors of fact that appear in print or online. Messages regarding errors can be emailed to atitan@uwosh.

## 'Unlock the box'

## Former prisoners open up on solitary confinement

By Kelly Hueckman hueckk24@uwosh.edu

One of the highlights of Bobby Ayala's time served in solitary confinement was when he was accidentally served a Dixie cup filled with watermelon instead of his normal portion of juice.

"It was my lucky day," Ayala

The former prisoner kept one of the seeds and got to work. During one of his few visits outside, he snuck in dirt wrapped in toilet paper, which he hid in his sock.

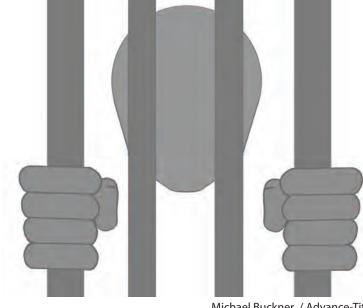
Managing to smuggle in just enough dirt to plant the seed, Ayala nurtured the plant, which sprouted and grew in his cell for weeks before it was eventually confiscated by correctional offi-

Ayala spent 27 years in the prison system, seven of which were spent in solitary confinement. One of his confinement stints was three vears long.

A watermelon seed that most people would consume or throw away turned out to be a shred of hope and distraction for Ayala during his sentence in isolation.

Ayala shared this story to showcase the reality of solitary confinement alongside three other formerly incarcerated panelists in a discussion about the Wisconsin prison system in Reeve Memorial Union on Oct. 25.

The panelists, from EX-In-



Michael Buckner / Advance-Titan

carcerated People Organizing (EXPO), partnered with the UW Oshkosh sociology club to talk about the impacts of solitary confinement and other issues within Wisconsin's criminal justice system, led by people who have experienced it.

"Make no mistake, solitary confinement is oppression," said organizer of the Fox Cities chapter of EXPO JenAnn Bauer. "It is made to break you."

Formed in 2014, EXPO emerged from formerly incarcerated people gathering to discuss their experiences and offer support for each other.

The organization's mission is to end mass incarceration, eliminate all forms of structural discrimination against formerly incarcerated people, and restore formerly incarcerated people to full participation in the life of our communities.

In Wisconsin, solitary confinement (sometimes referred to as administrative segregation or seg) involves holding inmates in small, concrete cells with minimal sunlight or human interaction for nearly 24 hours a day. Food is passed through a small slot in the door.

"One of the things that was most destructive for me was being in administrative confinement and not knowing when you're going to get out," said Dant'e Cottingham, EXPO interim associate director, who served three years in confine-

Currently, Wisconsin allows jails to hold inmates in solitary confinement for up to 10 days. In prisons, the maximum holding period in solitary confinement is 90 days unless the corrections secretary agrees to add more.

This number was reduced from 360 days in 2015. However, inmates under administrative confinement status can be held indefinitely. The Wisconsin Department of Corrections defines administrative confinement status as "a non-punitive placement in restrictive housing for (inmates) whose continued presence in the general population poses a serious threat to property, staff, self, (other inmates), or to the secure and orderly operation of a facility."

Cottingham said his three-year stint in confinement was extremely tumultuous.

"At some point when you do this amount of time, everything that you were using to distract yourself no longer works," he said. "You get tired of reading, you get tired of yelling outside the door, you get tired of pushups..."

Cottingham said being isolated left him alone with just his thoughts.

"Nothing is effective to distract you," he said. "You're stuck with yourself. To this day, I don't know why that shit didn't destroy me."

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## Former U.S. ambassador talks supporting Ukraine

By Vladyslav Plyaka plyakavl38@uwosh.edu

Former U.S. ambassador to Ukraine Marie Yovanovitch said the United States's support for Ukraine is needed to avoid the spread of Russia and its allies' war to American territory.

'We have responsibilities both here at home, as well as abroad, to ensure that Americans are safe," Yovanovitch told students, staff and others at UW Oshkosh earlier this month. "Ukraine is in keeping with American values, and that is really important because we are a country of values.

lies) ... want to destroy," said Yo- American people, but they are also vanovitch, who is also a New York Times bestselling author of the memoir "Lessons from the Edge."

The war in Ukraine was the main topic she discussed on campus on Oct. 19, as the full-scale invasion that Russia launched on Feb. 24, 2022 is still ongoing.

"When you think about the threat that Russia poses, both NATO and the United States have written in our strategic planning documents long before '22 (the year when Russia invaded Ukraine for the second time) that Russia was a threat to Europe and to world security," she said. "We are providing Ukraine with assistance that amounts to between 5% and 10% of our annual national defense budget ... and the brave Ukrainian people are fighting the Russians; they are decimating Russian capabilities with no American boots on the ground. If Ukraine does not

stop Russia, Russia will keep on going and we will be forced to confront Russia at a later time that may not be to our advantage."

She said the U.S. is providing billions and billions of dollars of military systems to Ukraine. "The U.S. government is very confident that we can account for everything we have provided to the Ukrainians," she said. "And you know, as we are staffing up our embassy there are three inspector generals in Ukraine at the embassy to make sure that U.S. assistance is being carefully monitored."

Yovanovitch said the role of ambassador is unique because not "This is what Russia and its (al-only do ambassadors represent the the president's personal representative to a particular country. She held the No. 1 position in the embassy and accumulated 33 years of experience in the U.S. Foreign Service before retiring in 2020.

> Yovanovitch served three times as U.S. ambassador in three different countries, most recently in Ukraine (2016-2019). Before that, she served in the Republic of Armenia (2008-2011) and the Kyrgyz Republic (2005-2008). She is currently a senior fellow at the Carnegie Endowment for International Peace and a non-resident fellow at the Institute for the Study of Diplomacy at Georgetown University.

> A Ukrainian student at UWO sought advice from the former ambassador on how to find the courage to act in times of conflict, especially for people who are more comfortable observing.

Yovanovitch said that she prefers



Jessica Duch / Advance-Titan

Marie Yovanovitch (right), the former U.S. ambassador to Ukraine, explains what she's learned about Russia, Ukraine and the relationships between post-Soviet era countries.

to understand everything 100% before she takes action but it's not always a possibility.

"With age has come the realization that you're never going to have 100% certainty on anything, and sometimes 60% is going to be good enough in order to move forward because you have to take a decision," she said. "Look at somebody like (Ukraine President Volodymyr) Zelenskyy. Who would have thought that he would be the wartime leader, a leader who is setting the tone and inspiring the people to move forward? But you also have people around you who are doing things where you're just not going to be able to do anything but take action and help in whatever way you can."

Yovanovitch emphasized the importance of understanding that situations that take place in other parts of the world can have a far-reaching impact.

The UW Oshkosh Center for Civic and Community Engagement and the University Studies Program organized this event with financial support from the Tommy G. Thompson Center on Public Leadership from UW-Madison.

The event was co-moderated by Tracy Slagter of UWO's political science department and Oksana Katsanivska of the anthropology department.

A recorded video from the event can be watched on the YouTube channel of the Tommy G. Thompson Center on Public Leadership.

## Arts & Entertainment





Owen Larsen / Advance-Titan

Feel Good Friday chefs Carlos Hackett (back) and Brandon Fair (front) cook different meals for students at the event with music courtesy of Alyssa Proell.

## Feel Good Fridays create community

By Mattie Beck beckm88@uwosh.edu

Vice Chancellor Erin Grisham introduced Feel Good Fridays this semester, which took place every Friday of September and October on the newly dedicated Leffin Family Terrace.

The events were outside from 11 a.m. - 1 p.m. and allowed students to enjoy the newly renovated terrace with a different meal every week.

It also included different activities, such as live music performances.

The event was made possible by the help of Brian Warzynski, assistant director of dining operations, who helped coordinate on the terrace.

the rotating menu items each week.

He said he wanted to offer something different that couldn't be found elsewhere on campus.

"That's why we went with either Spanish or Chinese or some type of Asian cuisine up there,"

Warzynski also helped develop the idea for Feel Good Fridays based on the newly renovated terrace.

"There were no events planned other than groups reserving it," he said. "So I thought, why don't we have food up there at least once a week?"

He also helped in the planning of getting the food provider up

"We pitched it to our contractor, Aladdin, because they're not required to go up there," Warzynski said. "To provide food on the Leffin Family Terrace, they ended up closing Clash Burger on Fridays."

Some of the menu items have included different styles of tacos including birria beef, bulgogi chicken and spiced tofu.

Along with the food, there were live music performances by UW Oshkosh student Alyssa Proell, which was one of Warzynski's favorite parts.

"Alyssa somehow emailed Vice Chancellor Grisham to say, 'Hey, I saw Feel Good Friday; can I play music up here?' That got sent to me and I was like, talking (about it), and it'll just

'You're in,'" he said.

Warzynski said he enjoyed bringing in other individuals from campus to be a part of the

"My favorite [part of the] event is trying to get other people involved," he said. "Take a break from the week, let's just have a day to just unwind and get ready for the weekend and make friends and find new people that you haven't met."

The event is open to anyone in the community, and Warzynski said he anticipates it will continue to grow each year.

"Everyone's welcome up here," he said. "I think the more we do it, the more people start keep on growing every year."

Warzynski said he plans to continue the event next year.

"I'm gonna get a pulse for next year in spring and just try a different day in spring, even though it's not as catchy a name," he said. "I'd like to try and do it on Thursday night maybe instead of Friday lunch."

He also is considering adding different product options, such as alcohol.

"I was thinking for the faculty or for students who are of age, maybe having alcohol on Thursday nights and then branding the beers that we have," Warzynski said. That could include bringing over Fifth Ward Brewing Company's 150 Ale.

## Model UN gives students important life skills

By Nolan Swenson swensonno56@uwosh.edu

UW Oshkosh's Model United Nations (UN) provides international studies and political science students an opportunity to become a member of a nationally renowned and awarded academic group centered on international relations.

Meg Traska, who became president of the academic team after three years of membership, she said that the team helps to develop important skills through the activities that they engage in.

"The objective is that students learn through the team by enhancing public speaking teamwork and improving writing," Traska said. "You're looking at draft resolutions in conference, debating topics and learning a lot about foreign policy and different nations' perspectives on global

Despite being a psychology major, Traska is still an active leader in the team. She said that there's no major requirement for



Courtesy of Taeyeon Kim Model UN is made up of students with a variety of majors.

its members, but it focuses on an interest in international topics.

"Most of the team are political science or international studies majors," she said. "It's really anyone who's interested in foreign policy, foreign negotiations and global news ... it doesnt need to relate to your major."

Due to the success of the team, Traska said that they have opportunities to participate in conferences abroad.

"A big highlight is that since we have done well, a group of us is going to Germany to participate in a conference over Thanksgiving break," she said. "It shows how strong our team is and how the school supports us as an academic team."

Traska said that she encourages

interested students to investigate the team as the descriptions don't do it justice.

"The best thing is to come to a meeting to see what we do and what we are learning," she said. 'It's hard to talk about what we do without experiencing it."

Tracy Slagter is the team's adviser and said that few opportunities on campus prepare students and provide them practice skills like Model UN.

"Model UN prepares students in a way that few other activities on campus can," she said. "It demands excellent research skills, you can articulate research, collaborative writing and a massive emphasis on teamwork and leadership. It fulfills the essential learning outcomes we want for all of our students and it helps them improve really quickly."

Slagter said that over her time as an adviser, she's heard testimony from alumni of the club that it's served to prepare them for their future.

"It has helped a lot of students. I've heard from a lot of students that it helps them to secure jobs, to interview better and to provide evidence of what they learned in college," she said.

Previous members of the club, Brian Rettmann and his wife Marialyce Mutchler were in Tanzania working with the President's Emergency Plan for Aids Research. Rettman won the distinguished alumni award in 2018.

Slagter said that the team differs from other extracurriculars on campus by forcing members to contribute and advance both themselves and the club. It offers a tight- knit group willing to support them in and outside of UWO.

"Model UN isn't a club - it's an academic team," she said. "It is an experience unlike every other experience on campus - you can't hope to succeed without contributing. The more you put into it the more you get out of it. Once you make a commitment to the team, the team makes a commitment to you. You build a network of people both here, and who have already graduated to support you," Slagter said.

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# HOMECOMING TITANS CLAIM VICTORY

The UW Oshkosh football team claimed victory over the UW-Stevens Point Pointers, winning the Homecoming game 66-28.



Mattie Beck / Advance-Titan Students participate in a flag football tournament on Wednesday.



Courtesy of UWO Flickr UWO family and friends enjoy the Titan Tailgate event for Family Day.



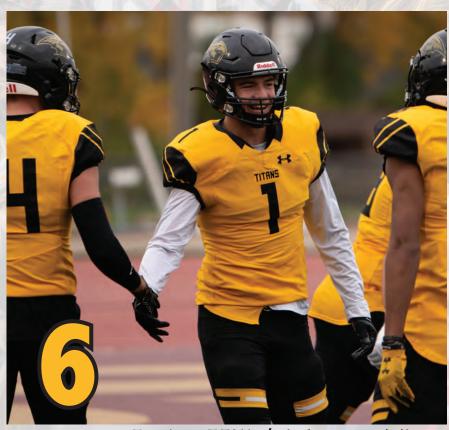
Courtesy of UWO Flickr Fans play cornhole and other games outside before the game.



Courtesy of UWO Flickr
The Titan March leads the UWO
marching band and football team to
Titan Stadium.



Jaylen Hill / Advance-Titan Tijs Santiago cheers on his teammates from the sidelines.



Jaylen Hill / Advance-Titan Noah Alford celebrates a touchdown during the game.



Courtesy of UWO Flickr Kobe Berghammer smiles after setting the school record for touchdown passes in a career and in a single game.



Jaylen Hill / Advance-Titan Fans cheer on the Titans to victory during the Homecoming game.

## Sports

# UWO runners place fifth

By Emily Buffington buffie63@uwosh.edu

Both the UW Oshkosh men's and women's cross-country teams placed fifth at the 2023 Wisconsin Intercollegiate Athletic Conference Championships hosted by UW-River Falls on Saturday at Prescott High School.

Ten-time WIAC champions, the UWO men's team totaled 142 points to guide them to their fifth-place finish.

Paul Proteau led Titan runners in the 8,000-meter race, running the course in 25:35 with a 21st-place finish

Other Titans that contributed to the team points included Joe Kehoe with a 28th place finish in 25:48, Jake Krause in 33rd place at 25:51, Cameron Cullen in 35th at 25:55 finish, and Dwight Hosni in 55th at 26:23

Christian Patzka of UW-Whitewater won the individual title, running the course in 24:20.

In the team competition, UW-La Crosse secured its sixth consecutive title with 22 points to make this their 38th overall title.

UWO women's team, 16-time WIAC champions, totaled 120 points for its fifth-place finish.

Cyna Madigan led all Titan competitors by running the 6,000-meter course in 22:39 for a 12th place finish, which earned her the All-WIAC Second Team honors for the second time in her career.

Josie Makurat earned All-WIAC Honorable Mention with a 19th-place, 23:01 finish.

Libby Geisness placed 25th in 23:18, Gracie Buchinger in 23:36 for a 36th place finish, and Meygan Benzing placed 43rd in 23:59 to contribute to the team points.

Carolyn Shult of UW-Eau Claire took home the individual title for running the course in 21:25.

UW-La Crosse won the team competition to gain its third straight WIAC championship title with 29 points.

Titans will return to action on Nov. 11 where they will participate in the NCAA Division III North Regional at Whitetail Golf Course in Colfax.



Jaylen Hill / Advance-Titan

Quarterback Kobe Berghammer prepares to throw the ball behind his offensive lineman in a game against UWSP at Titan Stadium.

## **UWO trounces UWSP 66-28**

## Two school records broken on Homecoming

By Jacob Link linkj13@uwosh.edu

Quarterback Kobe Berghammer threw a school-record eight touchdowns and set the program record for the most touchdown passes in a career as the UW Oshkosh football team cruised to a 66-28 victory over UW-Stevens Point on Homecoming Oct. 28 at J.J. Keller Field at Titan Stadium.

Berghammer's eight touch-down passes against UWSP put him at 95 for his career, surpassing former UWO quarterback Brett Kasper's mark of 89 career touchdown passes set back in 2017.

Berghammer broke the record late in the first quarter when he tossed a 32-yard touchdown pass to wide receiver Jon Mathieu as Kasper, the honorary team captain of the contest, looked on from the stands.

Berghammer said it was really

cool to be able to set the record in front of Kasper.

"I looked up to him a ton throughout my whole career here because that's the guy I'm chasing for all the records," Berghammer said. "He's arguably the best quarterback to ever be in the WIAC and that's who I want to be chasing. I got lucky enough to play here long enough to eventually break the record so its been an extreme honor to break the record. It was awesome to have him here and talk to him before the game and it was awesome for the team because those records don't happen without the whole team coming together. I'm just doing my job and everyone has been doing

Berghammer's 95 career passing touchdowns puts him second place all time in the Wisconsin Intercollegiate Athletic Conference behind former UWSP quarterback Kirk Baumgartner who has 122.

Berghammer said his eight record-breaking touchdown passes were a testament to the strong receiver group on the team.

"At times I was missing throws, I missed a couple of motions in the first half, but the wide receivers were there to help cover my mistakes," Berghammer said. "There's things that I need to be even better at because then as a team we would've played even better and would have been firing on all cylinders. I think really getting into the film room and really focusing on that stuff and just getting better on our standard will really help us."

With 37 touchdown passes on the year, Berghammer sits in second place for the most touchdown passes this season among all divisions of NCAA football. Only Zach Zebrowski of the University of Central Missouri in Division II has more touchdown passes this season with 41. UWO head coach Peter Jennings said that this win, and every other win this season, is really important no matter who the opponent is.

"We talk a lot about how winning college football games is very difficult so you need to celebrate it, you need to win it and you need to enjoy it," Jennings said. "In front of a huge crowd and a great day, it was a great victory and it really sets us up to make some moves in these next couple of weeks.

Jennings said all the teams in the WIAC are well coached and can beat any other team on any given day.

"The teams in the WIAC are talented and have explosive players and even when a team is a little bit down on their luck and maybe not playing the highest level of football, any team can beat anybody in the league," he said.

Turn to **Football** / Page 7

## Titans soccer draws 1-1 with Platteville

By Owen Larsen larsenow07@uwosh.edu

UW Oshkosh women's soccer team drew against UW-Platteville in their final regular season game on Oct. 28, having already clinched a spot in Wisconsin Intercollegiate Athletic Conference (WIAC) tournament. UWO lost in the opening round of the tournament to UW-Steven Point 3-1.

Both the Titans (5-9-3, 3-3 WIAC) and the Pioneers (9-2-4, 4-1-1) headed into Saturday's matchup with their spots in the WIAC tournament secured. The two teams' seedings in the tournament had not been locked in yet, with the Pioneers looking to lock up a first round bye.

The match got off to a slow start with the two teams combining for 9 shots in the first half. The Titans were able to get two shots on goal while the Pioneers got four shots on goal, but none found the net and the two sides entered the half scoreless.

The Pioneers were the first team to find the scoreboard after their goal in the 73rd minute. It did not take long for the Titans to respond as Rylie Kaufmann scored her 4th goal of the season in the 80th minute to tie the match 1-1.

The remainder of the match would remain at 1-1 after neither team could get a shot on goal following Kaufmann's goal, ending the match in a draw.

The draw pushed the Titan's final regular season record to 5-9-4 and 3-3-1 WIAC, making them the 4th seed in the WIAC tournament.

The Titans hosted the 5th seed UW-Stevens Point on Tuesday at J.J. Keller Field at Titan Stadium for the first round of the WIAC tournament. After jumping out to a 1-0 lead in the 22nd minute by an Alayna Clark goal, the Titans gave up 3 unanswered goals, falling to the Pointers 3-1.

The Pointers will move on to face 1st seed UW-La Crosse on Thursday at 6 p.m. on the road



Morgan Feltz / Advance-Titan

UWO midfielder Anika Roush dribbles the ball in a game earlier this season at J.J. Keller Field at Titan Stadium.

## Sports



#### Scoreboard

#### Saturday, Oct. 28

**Football** UWO - 66 UW-Stevens Point - 28 Soccer UWO - 1 UW-Platteville - 1 **Cross-Country** Men's - 5/8, 142 pts. Women's - 5/8, 120 pts. **Swimming and Diving** Men's: UWO - 195

Carroll University - 50 Women's: UWO - 179

Carroll University - 101

#### Tuesday, Oct. 31 Volleyball

**UWO** - 3 Alverno College - 0 Soccer UWO - 1 UW-Stevens Point - 1

#### Upcoming Events

Thursday, Nov. 2 Men's Basketball Black vs. Gold Scrimmage at 7:30 p.m.

Friday, Nov. 3 Volleyball at UW-La Crosse at 7 p.m.

#### Saturday, Nov. 4 **Football**

at UW-Platteville at 1 p.m. Volleyball

at Edgewood Triangular, Edgewood

College at 2 p.m. & Wheaton College at 4 p.m. Wrestling

at UW-Stevens Point Pointer Open

at 9 a.m.

**Swimming and Diving** vs. UW-Whitewater at 1 p.m.

## Football: Titans take down UWSP

From Page 6

'You have to prepare like you're playing the Dallas Cowboys. And that's something we talk a lot about. It doesn't matter who you're playing, we're going to prepare to our standard and I think our guys did that all week and the results showed today."

Berghammer finished the game against the Pointers going 30-41 for 357 passing yards and was Oshkosh's leading rusher, gaining 65 yards on the ground on seven carries. Running back Justice Lovelace ran for 40 yards and a touchdown on six attempts while Tristian Taylor carried the ball two times for 38 yards.

UWO wide receiver Trae Tetzlaff, who leads the WIAC in receptions, caught five passes for a game-high 97 yards and a touchdown. Mathieu finished the contest with five receptions for 73 yards while tight end Clayton Schwalbe had three touchdown receptions and caught five balls for 55 yards.

Kicker Nolan Mobley went 9-for-9 on extra points and added a field goal in the game to put him over 100 career points for the Titans.

Mobley said he didn't want to focus too much on reaching 100 points during the leadup to the game.

'Coming after a tough loss, we were ultimately one field goal away from sending that game to overtime," Mobley said. "That really hurt and I just had to keep my head down and work the entire week. I know my teammates have my back and at the end of the day I'm just doing my job."

UWO jumped out to a fast start in the 120th matchup between the Titans and Pointers, scoring 21 unanswered points in the first quarter after Berghammer threw touchdown passes to Schwalbe (5 yards), Tetzlaff (2 yards) and Mathieu (32 yards).



Jaylen Hill / Advance-Titan

UWO wide receiver Trae Tetzlaff hauls in a reception against the Pointers Oct. 28 at Titan Stadium.

#### **WIAC Standings**

UW-La Crosse ---- 5-0 UW-River Falls ----- 4-1 UW-Whitewater ---- 4-1 UW Oshkosh ----- 3-2 UW-Platteville ---- 2-3 UW-Stout ----- 1-4 UW-Eau Claire ---- 1-4 UW-Stevens Point ---- 0-5

early in the second quarter when Jake Leair threw a 15-yard passing touchdown to Matt Getgen. The Titans added another touchdown to the board when Berghammer found wideout Noah Alford, who spun past a defender and dove for the endzone for a 13-yard touchdown reception.

Oshkosh and Stevens Point traded passing touchdowns to end the half and the Titans led 35-14 heading into the locker

The Titans scored on their first drive of the third quarter after Berghammer threw a 13yard touchdown pass to Daniel Fynaardt, but UWSP responded The Pointers got on the board with a touchdown eight plays

#### **Passing leaders**

Kobe Berghammer (UWO): 30-41, 357 yards, 8 TDs Jake Leair (UWSP): 20-32, 226 yards, 4 TD

#### **Rushing Leaders**

Brycen Cashin (UWSP): 12 ATT, 81 yards Kobe Berghammer (UWO): 7 ATT, 65 yards Justice Lovelace (UWO): 6 ATT, 40 yards, 1 TD

#### **Receiving Leaders**

Trae Tetzlaff (UWO): 5 REC, 97 yards, 1 TD Matt Getgen (UWSP): 6 REC, 81 yards, 2 TDs Jon Mathieu (UWO): 5 REC, 73 yards, 1 TD Clayton Schwalbe (UWO): 5 REC, 55 yards, 3 TDs

later after Leair completed a short pass to Brycen Cashin, who ran 15-yards for the score.

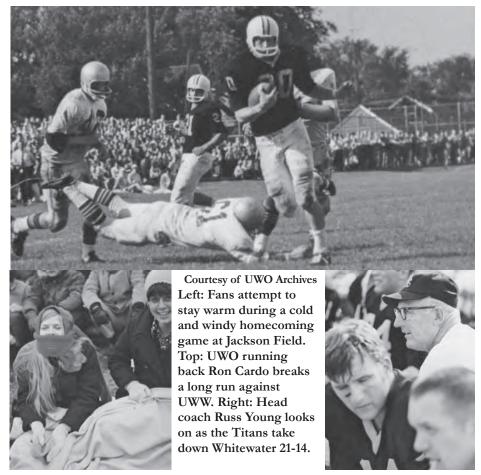
Nolan Mobley added a 27yard field goal and UWO scored once again after a blocked punt set up a 3-yard touchdown pass from Berghammer to Schwalbe. Leair threw a 21-yard touchdown pass to Getgen with less than a minute left in the quarter to cut the Oshkosh lead to 52-

The Titans added two more touchdowns in the fourth quarter, a rushing touchdown from Lovelace and a receiving touchdown from Schwalbe, as UWO cruised to a 38-point victory for the fourth straight win over the

UWO will hit the road to take on UW-Platteville at Ralph E. Davis Pioneer Stadium Nov. 4, with kickoff scheduled for 1

## **UWO Homecoming 1968**

## Titans win conference in season finale 55 years ago



By Jacob Link linkj13@uwosh.edu

The UW Oshkosh football team, then known as Wisconsin State College Oshkosh, won its first conference championship in 33 years after taking down Wisconsin State College Whitewater 21-14 in the Homecoming game in 1968 at Jackson Field.

It would be the first of three Wisconsin State University Conference championships for legendary Titans head coach Russ Young, who also led Oshkosh to conference titles in 1972 and 1976.

Over 10,000 people attended the game at Jackson Field, where Oshkosh played until Titan Stadium opened in 1970, to see UWO take down Whitewater for the first time in 11 years.

The Titans drew first blood in a cold and windy game early November, but by halftime Whitewater had tied the contest 7-7.

In the third quarter, a short punt into the wind gave the Titans the ball inside Whitewater's half of the field. On the first play from scrimmage, halfback Carl Alberti broke off a 29-yard run to set up a 3-yard rushing touchdown from Brain Burbey to

put Oshkosh up 14-7. Late in the fourth quarter with the Titans

backed up inside their own half on third down, Alberti exploded for a 73-yard rushing touchdown to put UWO up 14 points.

Just three plays later, Whitewater cut the lead back to seven points after Dennis Zander connected on a 33-yard passing touchdown to Steve Hanaman.

With less than five minutes to play, the Warhawks looked poised to score once again but Zander was picked off by Oshkosh defensive back Al Wilcox. Whitewater got one more chance to tie the game late in the fourth quarter, but Wilcox intercepted Zander once again to seal the game for the

Alberti finished the game with a career-high 125 rushing yards and a touchdown while also catching four passes for 48 yards.

Running back Ron Cardo, a UWO Athletic Hall of Fame inductee, finished the game with 68 rushing yards, giving him 998 rushing yards on the season and breaking UWO's single-season rushing record.

The Titans would have to wait to celebrate their conference title until the next week when they completed the fourth quarter of a game against Wisconsin State College Platteville that was postponed in October due to power failure at Jackson Field during the contest.

## How to help combat seasonal depression

#### By Aubrie Selsmeyer selsmeyeau72@uwosh.edu

As Wisconsinites, we get the privilege of experiencing all four seasons. This inherently means winter. Everlasting, frigid Wisconsin winters are not for the faint of heart.

It gets dark by 4 p.m. and, for some people, the thought of this is already scary. The downward spiral into what we refer to as "seasonal depression" is quick after Halloween. But it doesn't have to be this way!

There are many ways to combat this gloomy feeling so that you can enjoy winter — what feels like our longest season — to the fullest extent, all while keeping your mind intact. This list doesn't include a self-tanner, but maybe it should?

#### Get out of the house!

It's so easy to coop ourselves up in our homes in winter, refusing to leave the warmth of our beds – but trust me, you need to get out of the house. Make plans with friends and keep them. It can be as simple as ice skating or maybe it's putting forth the extra effort to organize a ski getaway. Winter can actually be enjoyable with the right people and activities.

#### Exercise

Yeah, yeah. I know that everyone pawns exercise off as the cure to all things wrong in this world, but this time I actually mean it. This doesn't mean that you need to wake up at the crack of dawn and drag yourself to the gym in snowpants. It could be as simple as walking on the treadmill or signing yourself up for that yoga class you've always wanted to try. And maybe going to the gym at the crack of dawn is your thing. Stay active this winter and your mind will thank you.

#### Engage in the little things

Maybe this means finding a new TV series to watch or buying a new book to read. It could mean cooking or baking new seasonal recipes. We all have our different hobbies to pass the time and they usually become more important in the winter. It's the perfect time to finally learn that one confusing card game or finish building that Lego set you

started in the summer. Completing little tasks and projects are great sources of happiness.

#### Establish a routine

It's so easy to fall out of routine when the weather plummets along with our motivation. A good way to keep away the winter blues is to find a good regimen that works for you.

Establish consistency in one way or another each day. Get yourself out of bed by making a really good cup of coffee; set aside time at night to journal or fold your laundry. It can be little things, possibly even chores, that you do daily that will establish a purpose and routine for yourself.

#### Talk to someone

Winter can be a difficult time for people in many different ways. This goes for holidays, too. Sometimes reaching out to talk to someone can be a really good thing. As the saying goes, starting is the hardest part. Try talking to a therapist; you may be surprised at how relieving it is, even if you think that you don't need therapy. Maybe you don't need it in the ways that other



Aubrie Selsmeyer / Advance-Titan

people need it, but that doesn't mean it won't help.

Winter does not have to be a dreadful time of the year, even though it seems to last so long in Wisconsin. We almost have to enjoy it in order to get through it. Waking up to wind chills of negative 20 degrees never gets easier, but maybe a warm cup of

coffee can make it bearable.

Don't forget how magical the first snowfall is and how nice it is to swap pumpkin spice with peppermint. Be gentle on yourself this winter and take it day by day. Prioritize your mental health and make sure your family and friends are doing the same.

## It's time to support student free press

#### By the Advance-Titan Staff atitan@uwosh.edu

Being the victim of a home invasion, crashing your car while answering a text, going down in a plane crash. As humans, we often assume it will never happen to us; we believe those things happen to other people.

The same could be said of student First Amendment rights. Everything is going along fine until a school newspaper tries to cover a topic that school administrators feel is inappropriate or puts the school in a bad light. Often they'll enact a policy stating all requests for comments must go through the marketing department or they'll request to vet the interview questions first.

What many public information officers or school administrators fail to acknowledge is that they are placing illegal gag orders over the school's community.

The Advance-Titan staff believe that Assembly Bill 551, which would protect student First Amendment rights by stipulating that student journalists are responsible for determining the content of student publications at public secondary schools and colleges, will improve our ability to learn real life journalistic skills in a student newsroom. The past has shown us that violations to our First Amendment rights can happen here unless we do something to stop it.

Take for example the Cardinal Columns, the Fond du Lac High School newspaper. In 2014, the staff had to fight back when their administration imposed a restrictive policy of prior review after the publication of a story on rape culture.

Then, in 2019, the



Owen Larsen / Advance-Titan

The Advance-Titan staff works on this week's paper in their Reeve Memorial Union office.

North Star, Oshkosh North High School's student newspaper, was the victim of administrative censorship when the school took down a factually accurate story regarding the suspension of the assistant principal. On top of this, the school pressed the students to reveal an anonymous source and subsequently established a prior restraint process on the paper, two further blatant violations of the publication's First Amendment rights.

And just last year, the Advance-Titan fought back against prior restraint when the UWO

marketing and communications department tried to require Advance-Titan writers and editors to submit interview questions to them in advance so they could vet them before granting us interviews.

It was nearly impossible for the A-T staff to report unbiased pieces about our campus to the community surrounding us without having access to all necessary sources. Assembly Bill 551 would stop that from happening.

We are going through higher education in a time unlike any else before it. In the age of information overload and constant technological advancements, the ability to learn journalistic skills freely is more important than

There must be a specific, standard set of rules for student journalism. Students shouldn't have to worry about ambiguous, subjective rulings from school administrators determining what students can and can't write.

Bill 551 would allow students like us to experience the field in a safe and supported way while we pursue our education. Students at every level need to know

they can ask questions about and report on topics that are important to them and their communities without fear that their choices will be made for them or removed altogether.

It's more important than ever that our institutions put learning first and foster environments that develop critical thinking and communication skills students will need to succeed in future workplaces and as citizens in a democracy.

Bill 551 will also encourage civic engagement among young people. UW studies have shown that students are unlikely to engage in difficult conversations, whether out of fear of being wrong or upsetting someone. Student journalism is a way to understand how to communicate in a professional, civil manner while thinking critically about any given topic.

We are preparing to become the next voices of the news in Wisconsin and by granting us the unrestricted access to prepare ourselves to be the best reporters possible, you are improving the entire state.

According to the Student Press Law Center website, 17 states have legislation that protects student press freedom, with West Virginia becoming the latest state on the list in March.

If you agree with us, join us in this fight to make Wisconsin No. 18. Support Assembly Bill 551 by emailing Rep. David Murphy, R-Greenville, chair of the Assembly Committee on Colleges and Universities, at Rep. Murphy@legis.wisconsin.gov. Together we can help make the student press in Wisconsin truly free.