The Advance-Titan

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What's inside:

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Softball improves to 32-2



Theatre perfroms Twelfth Night



Mental health tips for finals



Graphic by Josh Lehner

So far in 2024, the state of Wisconsin has had more than 220 wildfires and 37 of those occured on April 13, when fires across the state burned more than 300 acres.

State fire danger above normal

DNR reports over 300 acres in Wisconsin burned from 37 fires on April 13

By Anya Kelley kelleyan55@uwosh.edu

A warming planet caused by climate change and people's negligence is wreaking havoc on Wisconsin and all over the nation. April 13 marked Wisconsin's most active wildfire day this year with 37 fires burning over 300 acres.

By exacerbating hot and dry conditions, climate change is causing fires to catch and spread more quickly. The Earth's temperature has risen an average of 0.11 degrees Fahrenheit per decade since 1850, and the 10 warmest years in recorded history have all been in

within the last decade.

Wildfires are a natural part of the ecological system, but right now they have the capability to majorly disrupt the ecosystem.

In a 2016 report, researchers John Abatzoglou and Park Williams said, "increased forest fire activity across the western United States in recent decades has contributed to widespread forest mortality, carbon emissions, periods of degraded air quality and substantial fire suppression expenditures."

Catherine Koele, a wildfire prevention specialist with the Wisconsin Department of Natural Resources (DNR), said this year, burn

season began early.

"We're about two weeks ahead of schedule, in terms of where we normally are," Koele said.

The US has spent over \$80 billion dollars in wildfire reparations from 2017 to 2021.

"Spring is typically fire season in Wisconsin, and particularly in the Great Lakes region," Koele said. "That is not uncommon. However, this year was a little unique in the sense that we went snow-free statewide back in February."

A lack of snow over the winter, coupled with extreme winds this April, has created the perfect environment for wildfires.

Usually, Wisconsin would have experienced melting snow during the end of February and beginning of March. This year, dead and dry vegetation cover the ground, and grasses and trees have yet to fully turn green.

Another factor contributing to fires is yard clean-up.

"98% of our fires are caused by people," Koele said. "Most folks are outside, cleaning up their yards this time of year – leaves, brush, pine needles – and then choosing to burn those materials. So we see a lot of our fire started from burning debris."

John Holland, the Oshkosh Fire

Department's public information officer, said the city of Oshkosh started requiring burn permits for that reason.

"The city went to burn permits due to the fact that we were having way too many calls for people inappropriately burning things in their backyards," Holland said.

Koele said it's not uncommon that wildfires start in city areas and spread outward.

"Another issue we have in the university area is people grilling on wooden porches and/or carelessly disposing of their ashes," Holland said.

Turn to **Fire** / Page 2

Person arrested after Evans Hall break-in

By Josh Lehner lehnerjo70@uwosh.edu

An individual was arrested and a UW Oshkosh employee terminated after suspicious activity was reported in Evans Hall on April 24.

According to an email sent by the Department of Residence Life, around midnight, police were alerted to suspicious individuals in the basement of Evans Hall. An investigation showed that two non-residents had been let into the building by an employee.

One person was arrested for resisting/obstructing, and the employee was terminated by UWO.

Skylee Manecke, an Evans resident, was one of the people who saw and reported the individuals.

"My roommate and I had gone to the basement to fill our waters with ice and heard really loud music," she said. "We didn't think much of it until we walked into five very old-looking individuals, two of which were yelling cuss words and fighting.

She said that the individuals looked very intimidating and wouldn't take their eyes off of her and her roommate.

"We filled our waters and when we turned back to make sure they weren't right behind us, there was another individual joining the argument," she said. "We told the front desk and he called the hall staff and the community service officers. They then called the police."

Manecke said she found out that

the janitor had been letting his older friends in through the side doors.

Resident Life's email stated that measures have been taken to minimize the likelihood of similar incidents occurring going forward.

Chief of Police Chris Tarmann emphasized the importance of quickly reporting incidents when they're observed.

"It's important to recognize that community members swiftly reported these unauthorized individuals in the residence hall, showcasing

the power of proactive bystander intervention," he said. "Taking action when you observe suspicious activity is a simple way to maintain security. Give us a call or use UWO Mobile to chat with us real-time. This real-time alert gives us the opportunity to properly investigate suspicious activity and ensure that our students have a sense of security in their on-campus residences."

To call in security concerns to the UW Oshkosh Police Department, call 920-424-1212.

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Advance-Titan

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About the Newspaper

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Correction Policy:

The Advance-Titan is committed to correcting errors of fact.
Messages regarding errors can be emailed to atitan@uwosh.edu.

PRSSA hosts organ donor event

By Kelly Hueckman hueckk24@uwosh.edu

UW Oshkosh's chapter of Public Relations Student Society of America (PRSSA) helped 90 students to become national organ donors as part of the club's annual National Organ Donor Awareness Competition (NO-DAC) April 25.

"Our main goal is to encourage UWO students and community to sign up to be a national organ donor so that they can 'share the beat,'" PRSSA president Jocelyn Nunez said. "We would love to increase the number of sign ups from last year and educate more students."

The club organized a monthlong campaign called "Share the Beat" which aimed to raise awareness of the difference between state-level organ donation and national organ donation.

Nunez said they chose the campaign theme to connect two different ideas that benefit a wide array of people: Music and organ donation.

"We chose 'Share the Beat' as it relates to a heartbeat, but also that a beat (music) is something that brings people together, just like signing up can do," she said.

Throughout the month PRSSA rolled out their campaign, which included social media posts and a website to inform people about the benefits of becoming a national organ donor.

Currently, an average of 17 people die each day while waiting for an organ transplant. 103,223 men, women and chil-

dren are on an organ transplant waiting list, according to the Health Services and Resource Administration

PRSSA aimed to lower these numbers by encouraging students to sign up as a national donor with free muffins and give-away prizes, including local donations and a pickleball paddle from Relyon Athletics.

Nunez said she and her team set up in Sage to attract as many possible donors as possible.

"The competition allows for a one day event so we usually choose a location with a lot of traffic to host a table to educate students on national organ donation and urge them to sign up," she said.

She said one of the main points of the "Share the Beat" campaign is to highlight the difference between being a state-level donor and a national donor.

"Many people do not know the difference between state and nation organ donation," Nunez said.

To combat this, "Share the Beat" informed students that



Kelly Hueckman / Advance-Titan

UWO's chapter of Public Relations Student Society of America helped 90 students become national organ donors in Sage Hall April 25.

just because they sign up to be an organ donor on their drivers license does not mean they are a national donor. To learn more about the campaign and/or become a national organ donor, visit uwoprssa.wixsite.com

Crime corner

By Jacob Link linkj13@uwosh.edu

The Oshkosh Police Department arrested a 25-year-old Oshkosh man after responding to a weapons complaint on the 800 block of Central Street at 4:08 p.m. April 24.

OPD detectives and officers received information that an individual had been discharging a firearm in the residence. The suspect eventually exited the residence and was taken into custody without incident. Police found multiple bullets had penetrated the walls of the residence and hit an adjacent house, but no one was injured.

After the suspect was taken into custody, police learned that a firearm was set up facing the front door to the residence and was rigged to fire at individuals opening the door. OPD used ladders to access the house, and after entering the residence, the firearm was confirmed to be unloaded and police made sure the residence was secure.

After searching the home, OPD discovered child sexu-

al abuse materials were in the suspect's possession.

In an OPD press release, police said they take child sexual abuse matters very seriously.

"Our investigation is rigorous and ongoing, especially surrounding the newly discovered child sexual assault materials," the release said. "We urge residents to report suspicious activities immediately to aid us in maintaining public safety. The prompt action of those who reported the reckless firearm discharge potentially prevented a dangerous situation."

on multiple criminal charges including eight counts of recklessly endangering safety, two counts of criminal damage to property, endangering safety by setting a spring gun and three counts of possession of child pornography.

For more information, police say the public can contact OPD at 920-236-5700 or make an anonymous call to Winnebago County Crime Stoppers at 920-231-8477.

Fire: DNR sees rise in burn numbers

From Page 1

"They should always make sure a 'responsible party' is outside with the fire at all times."

Samantha Larson, an associate professor of public administration at UW Oshkosh, said many wild-fires also start from campfires.

"Whenever I'm camping, I make sure to check the current local fire danger conditions and check with the park to see if campfire permits are needed or if there are any restrictions on burning," Larson said.

To check burning conditions in Wisconsin, you can use the DNR's WisBurn website at apps.dnr. wi.gov/wisburn/.

"Even when fires are allowed, it's also critical to always make sure they are put out before leaving them, either by stirring it or flooding it with water," Larson said. "That way, you can reduce the likelihood of the fire starting back up or embers getting away on you and catching fire somewhere else."

Larson and Koele both said the risk for fires increases when winds are high.

"Winds can really carry a fire

and increase the combustion," Larson said. "There are times when I've started a campfire in my yard when the wind is low, but then it picks up and the fire will really grow. That's another important thing to keep an eye on. It's also important to be prepared to put out a fire when conditions change to reduce risk."

Holland reminds everyone that only professional firefighters should attempt to put out large fires.

"The only fire people should attempt to fight is a small one that is contained (not moving)," Holland said. "By small I mean human-sized at the most."

According to Holland, unless the fire is in an outdoor firepit, people should never use water to put it out.

"Prior to fighting the fire they should call 911 and get us coming," Holland said. "Even if they do put the fire out they should still call so that we can ensure that it is out. Instead of fighting the fire they should just get out and call 911. That's always the safest bet."

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No experience needed!

Sports



Courtesy of UWO Athletics

Joshua Rivers leaps for his previous program long jump record he set in 2023 at Ripon College. Rivers rebroke the record at Drake University with a jump of 7.56 meters.

Titans win 14 events, Rivers makes history

By Owen Larsen larsenow07@uwosh.edu

The UW Oshkosh track and field teams won 14 events across its two meets at the Drake University Relays and the UW-Whitewater Drake Alternative Meet.

One UWO track member, Joshua Rivers, stood out above the rest by setting the new program record in the long jump.

Rivers's long jump at the Drake University Relays would be for a distance of 7.56 meters, breaking his previous program record. Rivers's jump was the best in Division III this season, and would have been 11th best in Division II and 66th in Division I.

Rivers said that after setting the

long jump program record multiple times, he now has his sights set on bigger things.

"I have much bigger goals that I hope to reach in the future," Rivers said. "If all things connect, I am hoping to break the Division III record and make the Olympic trials"

"It's always a good feeling hitting new marks," Rivers said. "Of course it brings more motivation as it only questions what more I have left in me."

While Rivers was setting his record at Drake, UWO men's track and field athletes took first place in eight events at the UWW Drake Alternative Meet.

Junior Weston Lerdal won the 400-meter hurdles in 55.57 sec-

onds and freshman Alex Peterson won the 3,000-meter steeplechase with a time of 9:39.24.

Davian Willems won the 100-meter dash with a time of 10.91 seconds, with his teammates Danny Vinson and Ray Talbert coming in second and fifth places, respectively, in the event

Londyn Little took home first place in the 200-meter dash in 21.68 seconds with three more UWO athletes rounding out the top four with Rashaad Henderson taking second place, Dylan Gramley in third place and Nolan Milas in fourth place.

Little also grabbed first place in the long jump with a distance of 7.39 meters. In the field, Gavin Fritsch won the discus throw with a distance of 49.93 meters and Kieran Maude took first place in the shot put with a distance of 16.14 meters.

UWO took first in the 4x100-meter relay with Vinson, Henderson, Little and Gramley running for a time of 40.48 seconds, the fourth-fastest time for the event in D-III this season.

The women's team was able to grab five event wins at the UWW Drake Alternative Meet.

Freshman Ella Ahlstrand got things started for the Titans with a first-place finish in the 100-meter dash with a time of 12.45 seconds. Ahlstrand also took fourth place in the 200-meter dash.

UWO took first place in the 4x400-meter relay with a time of 4:15.00 by runners Adriana Garcia, Meygan Benzing, Libby Geisness and Drue Polka. Benzing also took first place in the 800-meter run with a time of 2:21.23

Brenna Masloroff took first place in the shot put, with a distance of 14.03 meters and the hammer throw with a distance of 55.10 meters.

Both teams will continue competition at the Wisconsin Intercollegiate Athletic Conference outdoor championship on May 3 and 4 at UW-Platteville.

Softball sweeps two games against UW-Stout



Courtesy of UWO Athletics

Abby Freismuth winds up for a pitch against Stout. Freismuth now has a 10-0 record this season.

By Jacob Link linkj13@uwosh.edu

The UW Oshkosh softball team improved to 32-2 on the season and 8-2 in Wisconsin Intercollegiate Athletic Conference play after sweeping UW-Stout 3-2 and 7-1 in a double-header April 27 at UW-Oshkosh Softball Park on Senior Day.

In the first game, UWO's Sydney Nemetz pitched her 11th complete game of the season after allowing two runs on six hits and striking out 10 batters in seven innings.

The Titans, ranked No. 18 in the nation by National Fastpitch Coaches Association, were led by Syndey Rau and Morgan Rau, who went 2-for-4 and 2-for-2 respectively, in game one.

The game was scoreless until the fifth inning when Stout (21-14, 6-4 WIAC) smashed a solo home run and the Blue Devils added another run in the top of the sixth inning after an RBI single.

UWO tied things up in the

bottom of the sixth when Cali Divito reached first base on a fielding error with the bases loaded, scoring Zoe Malone and Morgan Rau. Later in the inning, Abby Garceau gave the Titans the lead after she grounded into a fielder's choice but scored Brianna Davis from third base.

The Blue Devils were threatening with runners at second and third in the top of the seventh, but Nemetz struck out a Stout batter and then forced a pop-up to end the game and give Oshkosh its 31st win of the season.

In the second game of the doubleheader, Oshkosh pitcher Abby Freismuth went the distance to earn her 10th win of the season.

Freismuth allowed just one run on six hits and struck out three batters.

Sophie Wery, who went 2-for-4, and Haylie Wittman, who went 1-for-3, both had two RBI days and each hit a home run in the game two win.

The Titans opened up the

scoring in the bottom of the second when Wery smashed a solo homer to left field to give Oshkosh a 1-0 lead. The home run was Wery's ninth this season.

Stout responded with a run in the top of the third, but UWO went on to score six unanswered runs. Wittman hit a two-run home run to left field in the bottom of the fourth before Morgan Miller knocked a single down the third base line, scoring Morgan Rau.

The Titans added two more runs in the bottom of the fifth when Wery drove in Hannah Ritter with a double to left field and Morgan Rau hit an RBI single that scored Wery. Oshkosh tacked on another run in the bottom of the sixth after an RBI single from Ritter en route to a six-run win.

Oshkosh will hit the road to take on UW-Platteville (22-10, 2-6 WIAC) in a doubleheader at the UW-Platteville Softball Complex May 1, with first pitch scheduled for 2 p.m.

Sports

Scoreboard

Thursday, April 25 Softball

Game 1 UWO - 9 Carroll University - 0 Game 2 UWO - 4

Carroll University - 0

Friday, April 26 Baseball

Game 1 UWO - 10 UW-Stout - 0 Game 2 UWO - 4 UW-Stout - 6

Saturday, April 27

Baseball Game 1 **UWO - 2** UW-Stout - 4 Game 2 UWO - 14

UW-Stout - 4 **Softball**

Game 1 **UWO - 3** UW-Stout - 2 Game 2 **UWO - 7**

UW-Stout - 1 **Tennis**

WIAC Team Tournament UWO - 0

UW-Whitewater - 5

Wednesday, May 1 Softball

at UW-Platteville (see results on UWO athletics website)

Upcoming Events

Friday, May 3 Baseball

at UW-Platteville 1 p.m. and 4 p.m. **Track and Field**

WIAC Outdoor Championship -

at 2:30 p.m. at UW-Platteville

Saturday, May 4 Track and Field

WIAC Outdoor Championship at 11 a.m. at UW-Platteville

Baseball at UW-Platteville 12 p.m. and 4

Softball

at UW-Eau Claire at 1 p.m. and 3

By the numbers

-The UWO softball team currently leads the WIAC in home runs with 20. UW-Whitewater is in second with 14

-The Titans softball team also leads the WIAC in ERA with 1.07. UW-Stevens Point is in second place with a 1.33 ERA.

Baseball splits four against Stout

By Owen Larsen larsenow07@uwosh.edu

The UW Oshkosh baseball team split four games against UW-Stout on April 26 and 27, winning two games by the scores of 10-0 and 14-4 and losing two games by scores of 6-4 and 4-2.

UWO came into the four-game series following a loss against Carthage College on April 24 in a high-scoring 12-10 contest. Stout came into the series following a high scoring win against St. Mary's University (Minnesota), winning by a score of 13-12 in extra innings.

Connor Brinkman got the start for the Titans in game one of the series, looking to improve his 4-2 record on the mound this season.

The scoring got started in the second inning when Oshkosh brought four runners across the plate in the inning. Mason Kirchberg hit an RBI double that scored Nick Shiu. Two at-bats later, Braydon Skenandore hit a two-RBI triple, scoring both Kirchberg and Zach Taylor. Skenandore eventually scored in the inning after advancing home off a wild pitch to make the score 4-0.

The Titans added to their lead in the third inning when Taylor hit a RBI single to make the score 5-0.

As the Titans continued to shut down Stout's offense they would find a way to bring three more across the plate in the fifth inning. The scoring started with Taylor grounding into a double play that allowed Jack McNamara to score from third base. Kirchberg stepped up to the plate in the following at-bat and belted a two-run home run to give the Titans an 8-0 lead heading into the sixth inning.

The Titans finally put an end to the contest in the seventh inning when Shiu hit an RBI single and Jack McKellips earned an RBI off a bunt single to push the lead to 10-0. The game ended after McKellips' RBI due to the 10-run rule.

Brinkman earned the win in the contest, pitching the full seven innings, giving up no runs on four hits and striking out five batters.

Connor Walters got the nod for the start in game two of the series for his seventh start this season.

Stout found the scoreboard early with an RBI single in the first inning to grab a 1-0 lead. The Titans responded in the bottom half of the inning by scoring two runs of their own off a throwing error by the Stout shortstop to allow Brenden Max to score from third and a wild pitch that allowed Mc-Namara to take home plate, giving the Titans a 2-1 lead.

Both teams didn't add to the scoreboard until the sixth inning when Stout knotted things up at 2-2 after scoring off a wild pitch from Josh Jansen.

The Titans retook the lead in the bottom of the seventh inning when Kirchberg hit an RBI single. In the following at-bat, McKellips hit a sacrifice fly to score Taylor from third base and extend UWO's lead to 4-2.

The top of the eighth inning saw Stout put four runs on the scoreboard to retake the lead. Stout brought home two runs off a bunt and a throwing error that allowed



Courtesy of UWO Athletics

Connor Brinkman throws a pitch against UW- Stout on April 26. Brinkman struck out five batters.

two runners on first and second base to score. Stout's Jack Schirpke hit a two-RBI double later in the inning to give Stout a 6-4 lead.

The Titans were not able to bring any more runners home for the rest of the game and dropped the game to the score of 6-4.

Jansen received the loss on the mound, giving up two earned runs on two hits and dropping his record to 1-2. Walters received a no-decision for his start after throwing 5.1 innings and giving up two runs on nine hits while striking out seven batters.

Senior LJ Waco, the team's de facto ace this season, received the start in game three of the series for UWO's senior day for potentially his last game pitching at Alumni Stadium for the Titans.

The scoring began with Stout grounding into a double play in the top of the third inning allowing the runner from third base to score to give Stout a 1-0 lead. The Titans responded in the bottom half of the inning when Skenandore pulled off the rare feat of stealing home to tie the game at 1-1.

Carter Stebane helped find the board for the Titans in the bottom of the fifth inning by hitting an RBI groundout to give the Titans a 2-1 lead. However, Stout responded immediately in the sixth inning with an RBI double and an RBI single to take a 3-2 lead.

Stout added an insurance run in the top of the ninth inning to push its lead to 4-2. The Titans went three-up, three-down in the bottom of the ninth, giving Stout the 4-2 victory.

Brett Gaynor got the start in the final game of the series, looking to help the Titans recover from the back-to-back losses.

Stout scored first in the contest, but not until the third inning when they scored off an RBI single by Justin Sedin.

Freshman Chris Callas in just

knot the game up at 1-1 by hitting an RBI single to left field, scoring Shiu from second base. Jake Surane hit an RBI single in the fifth inning to give the Titans their first lead of the game at 2-1.

The sixth inning saw both teams bring multiple runs home. Stout scored two runs in the top half of the inning with an RBI single and an RBI fielder's choice to take a 3-2 lead. Kirchberg knotted things up immediately with a leadoff solo home run. The Titans then reclaimed the lead from an RBI single from McNamara, which allowed a second runner to score off a fielding error from Stout's catcher. McNamara scored later in the inning thanks to a throwing error to make the score 6-3.

Both teams hit home runs in the seventh inning, with Stout's coming from a solo shot by Riley Boushack to cut the Titans' lead to 6-4. The Titans immediately extended their lead in the bottom half of the inning from Stebane's two-run home run, making the score 8-4.

The Titans put the game away in the bottom of the eighth inning thanks to a dominant display at the plate. Shiu got the scoring started with a two-RBI single. Kirchberg then brought Shiu with an RBI double to make the score 11-4. Owen Housinger got involved in the action with a two-RBI single, and later in the inning, Logan Schill scored after a failed pickoff attempt from Stout's pitcher.

The failed pickoff attempt made the score 14-4, effectively ending the game because of the 10-run rule.

Aaron Huibregtse received the win on the mound after 2.1 innings of work and allowed one run on three hits. Gaynor received a no-decision for his start after 5.2 innings of work and allowing one

his fourth game of the year would run on three hits. Gaynor received a no-decision for his start after 5.2 innings of work and allowing three runs off eight hits while striking out three batters.

> The Titans record now stands at 18-16 overall and 11-8 in the Wisconsin Intercollegiate Athletic Conference heading into their last series of the regular season.

The Titans will head to UW-Platteville to play four games in the final series of the regular season on May 3 and 4 with games starting at 1 p.m. and 4 p.m. on Friday and 12 p.m. and 4 p.m. on Saturday.

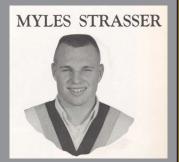
Sports

Titans in the NFL Draft

The 2024 NFL Draft wrapped up April 27, with 257 players being selected by all 32 teams across seven rounds. While nobody from the UW Oshkosh football team was drafted this year (the closest was former quarterback Kobe Berghammer who received a Pro Day invite from the Green Bay Packers), the program has seen three of its players selected by NFL teams.

Myles Strasser

UWO running back Myles Strasser was selected by the New York Jets with the 452 pick in the 17th round of the 1968 NFL Draft. Strasser, who played for the Titans from 1965-67, finished his UWO career with 2,067 rushing yards. He



never played a game for the Jets, instead choosing to sign with the Montreal Alouettes of the Canadian Football League.

Graphic by Jacob Link All photos courtesy of UWO Archives

Clair Rasmussen

Clair Rasmussen was the second Titan to be drafted into the NFL after he was taken by the Houston Oilers with the 352nd pick in the 14th round of the 1970 NFL Draft. Rasmussen was a first-team all conference selection for all four years he played for UWO as a defensive tackle. He played for the Titans



from 1966-69 and was a member of Oshkosh's 1968 Wisconsin State University Conference championship team. The Oilers converted Rasmussen to an offensive guard during training camp, but he sustained a shoulder injury and had to turn to coaching.

Ron Cardo

Running back Ron Cardo was the last UWO football player to be drafted after he went to the San Francisco 49ers as the 236th pick in the 10th round of the 1971 NFL Draft. Cardo, who played with the Titans initially in 1965, was drafted into the Vietnam War before returning to UWO to play for the Titans from 1968-70. In his final three years at Oshkosh, Cardo earned all-conference honors three times and rushed for 2,706 career yards. By the time he graduated, Cardo held program records in rushing yards, rushing touchdowns (31) and points scored (218). Cardo, who led the Titans to a Wisconsin State University



Conference championship in 1968, still ranks fourth in all-time rushing yards, fourth in rushing touchdowns and fifth in points scored. Cardo did not see the field for the 49ers and was cut midway through the 1971 NFL season after San Francisco tried to convert him to tight end.

Titans tennis falls to Warhawks, eliminated from WIAC

By Emily Buffington buffie63@uwosh.edu

The UW Oshkosh women's tennis team fell 5-0 to UW-Whitewater in the Wisconsin Intercollegiate Athletic Conference Team Tournament Apr. 27, hosted at Lake Geneva Tennis in Lake Geneva, Wisconsin.

For the first time since 2019, the Titans (10-5, 3-3 WIAC) advanced to the WIAC Team Tournament. Unfortunately, fourth-seeded Oshkosh was defeated by the top-seeded Warhawks (9-9, 6-0 WIAC) in five contests in the tournament.

In the doubles matches, UWO's Olivia Pethan and Alysa Pattee were taken down 8-4 by UWW's Cassandra Lee and Gracie Ha in the No. 1 position. Oshkosh's No.

2 doubles partners, Kayla Gibbs and Courtney Carpenter, lost 8-2 to Warhawks Kellie Ha and Molly Asfeld. In the No. 3 doubles position, UWW's Mackenzie Lindow and Alexandra Repplier outscored UWO's Hannah Stitt and Cate Gerl 8-1.

In the No. 3 singles matchup, Gibbs played the full match against Kellie Ha, but was outscored 6-1, 6-2. Gerl competed in the No. 6 singles, falling to Ferguson 6-0, 6-2. Pethan was down against Lindow 6-1, 2-1 before the Warhawks reached five team points and the match ended without a winner. Pattee competed in the No. 2 singles, Stitt in the No. 4 and Carpenter in the No. 5, but none finished their matches due to the decision.



Courtesy of UWO Athletics

Head coach Steve Francour talks with the women's tennis team before their match on April 27.

Adventure awaits in Oshkosh

By: Joey Endres endrej95@uwosh.edu

Upon walking into Adventure Games, customers are quickly greeted by large statues of goblins and dragons, walls of Magic the Gathering cards and board game players donned in their finest graphic T-shirts and jeans.

Located on 408 N. Main St. since 2019, Adventure Games is home to all the board games, dice sets and miniature figures a hobbyist could want.

Gamers can further immerse themselves at the many gaming tables they provide in the store, where they host various events throughout the week such as board game nights and card game nights. Outside of these events, they have free-to-use tables available in house.

"We're definitely in a renaissance of board games," Adventure Games employee Naomi Dorow said. "There's new stuff coming out every week."

Dorow said when the coronavirus pandemic happened, everyone was stuck at home and bored so many turned to board games to pass the time.

"We were selling games left, right and center," Dorow said. "We have a very active community here and a store Discord as well for customers, factoring into different realms of interest. We also have a huge Star Wars crowd that shows up on Thursdays which turn into very busy days."

Dorow said they often hold game nights and events at the store, including Star Wars Unlimited, Lorcana, Pokemon, Yu-Gi-Oh, and Magic the Gathering, which are currently some of the popular card games, as well as miniature events like Dungeons and Dragons campaigns.

"Critical Role did bring some



Kelly Hueckman / Advance-Titan

A few local shoppers are checking out what Adventure Games has to offer at their store located on 408 N. Main St. in Oshkosh WI.

interest into Dungeons and Dragons and then when the D&D movie came out there was another spike, though it has kept a general interest for years," Dorow

Dorow said the store has maintained an active community of regulars and newcomers through these events and the staff's hos-

Long-time customer Tom Vandervelden has been coming to Adventure Games for over five years for the staff's welcoming nature towards customers. He also likes that Adventure Games is a great spot to play with friends, not just buy things.

"They always have a good crowd of people to play with," Vandervelden said. "10 after nine on a Wednesday and there are people here playing; it is a really good crowd." Vandervelden said it's hard finding people to play with who are genuinely interested and the fact that there are always people here that want to play means a lot. Dorow said that being right across the street from comic store House of Heroes Comics and movie and video game store Mojos has certainly helped build and foster a similar community.



Anya Kelley / Advance-Titan

Adventure Games offers fun activities and items available for sale.

Restaurant review: Taqueria La Patrona

By Dylan Ruebl ruebldy63@uwosh.edu

There is a new restaurant in town called Taqueria La Patrona, an authentic Mexican restaurant which replaced by Jade Dragon.

I took some of my friends, Cassidy Johnson and Jacob Kremer to help me test out this new cuisine in the strip mall near the Scotts.

To start off, I have to say that the service was second to none. We walked in and were able to choose our seating. We got chips and salsa almost as soon as we sat down, and the server was ready to get our drinks and food out for us. Obviously, you get your complimentary chips and salsa as with most places, but what made La Patrona special was their complimentary salsa bar.

We were able to pick and choose our own dips for free. We opted for the cactus pico de gallo, the avocado and jalapeno dip, and a mixed queso and bean dip.

The pico de gallo was a mixture of cactus, cilantro, tomato and onion that was equally unique and refreshing. The avocado and jala-

peno dip reminded us of the green takis, with the spicy jalapeno being tamed by the fresh avocado. The mixed queso and bean dip was new and honestly very yummy, even to our friend who doesn't like beans.

Deciding what to eat was the longest part of the process because there were so many different options that sounded amazing. After ordering, it took about five minutes for our food to be ready and at our table.

Starting off with the carne con chile, which had steak and spicy green sauce paired with a side of rice and beans, eaten with your choice of corn or flour tortillas. If you love some spicy and genuine cuisine you can build yourself, this dish is definitely for you.

Kremer had gotten the grilled chicken plate, Mexican rice topped with grilled chicken and queso.

"The chicken and rice are tender and well seasoned, although slightly overpowered by all the queso," he said.

My other friend, Johnson, ordered a carnita street taco and a carne asada gordita. The street



Cassidy Johnson / Advance-Titan Taqueria La Patrona recently opened and provides a cozy and relaxing envirnement to get a meal alone or with friends.

taco was made with an authentic corn tortilla, tender pork, and crispy, sandwich-like tortilla. adorned with fresh cotija and cilantro to create a taco that melted

in your mouth. The gordita, also dressed with cotija and cilantro, had sliced,

juicy steak all wrapped up in a

At the end of our stay we paid at the register where they had set up a small drum set meant for customers to play if they enjoyed their food. Rest assured, we all played



Cassidy Johnson / Advance-Titan Taqueria La Patrona offers a wide variety of food options.

those drums.

I recomend going to Taqueria La Patrona this week because they will have specails for May 5, Cinco de Mayo.

Arts & Culture





Photos courtesy of Jordan Whitrock

UWO students perform their rendition of Shakespeare's classic play, "Twelfth Night" aat the Theatre Arts Center. Performances ran from April 25 to the 28.

UWO performs 'Twelfth Night'

By Mikenna Rinehart rinehartmi08@uwosh.edu

UW Oshkosh's rendition of "Twelfth Night," directed by Jane Purse-Wiedenhoeft, put the humor that hides in Shakespeare's work on full display.

The play was picked out last March, and Purse-Wiedenhoeft worked on the research throughout the summer and fall. The cast started rehearsals in late February.

Purse-Wiedenhoeft said she wanted to bring a more modernized feel to this show.

"In this production, we are pretending that we are a touring theater company that has arrived in Oshkosh to perform on the UWO stage and celebrate Shakespeare's play 'Twelfth Night' or 'What you Will' with local audiences." she said. "This imaginary theater company has arrived at the theater late and is in the process of completing their preparations for the performance. Giving this added context to the production has given us the opportunity to have

fun with how we tell the story without being glued to a historical time period."

The production awarded two of the cast members, Jena Plutz who played Viola/Cesario, and Luke Meister, who played as Feste the fool, nominations for the Irene Ryan Acting Scholarship. Meister also received a certificate of merit for composing the music for the songs that his character sang.

Plutz described the play as co-

has just survived a shipwreck where she thinks her brother has died," she said. "She decides to disguise herself as a man (Cesario) and work for Count Orsino, who she falls in love with. Cesario gets sent as a messenger for Orsino to profess his love to Oliva. In doing so, Olivia falls in love with Cesario. Chaos ensues, but ultimately, the conflict resolves itself and [almost] everyone lives happily ever after."

Julia Cain, who played Oliv-"The story follows Viola, who ia, encourages people to interact with Shakespeare's work more often.

"A lot of people like to shy away from Shakespeare because of the language, which I completely understand because I tend to do that as well," she said. "[But] this show is a great stepping stone into the world of Shakespeare for someone who wants to learn more."

The show ran from April 25 to the 28.

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Find these words from our stories this week!

steeplechase wildfire baseball arrested history gamers restaurant taqueria anxiety lounge relays organ adventure employee twelfth finals track sage clow burn

Mental health:

Take care of yourself over finals

By Cassidy Johnson johnsonca51@uwosh.edu

May is mental health awareness month, and the first two weeks of it also happens to be the busiest month of the year for UWO college students. In a time where many feel they have to put their mental health on the back burner, I'm here to tell you that this isn't the case.

We are all starting to feel a little burnt out at this point, but neglecting your mental health can actually contribute to this burnout, making it even harder to be a good student. Your degree is important, but so is your mental health. Here are some ways you can keep both your academics and your mental health intact amidst Mental Health Awareness Month and finals season.

1. Take care of yourself

The best way you can tend to your mental health and increase your motivation to keep going is by taking care of yourself. During busy times like these, it can be easy to push yourself to the side when in reality we should be doing the opposite. That's like expecting your plant to grow without watering it. How can we expect ourselves to perform well when we're not nurturing ourselves? We are the ones responsible for completing these tasks, after all.

It can be easy to let these things slip, but remember that we need to take care of ourselves now more than ever. At the most basic level, this includes making sure you take your meds every day, eating at least three (balanced) meals a day, and making sure you sleep six to eight hours every night.

Keeping up with your hygiene is also a good idea, not to mention showers can provide a great atmosphere for brainstorming. Showers can also be great for relaxation when you just need a break.

Allowing yourself to take breaks in general can be incredibly helpful in both maintaining your mental health and your motivation, thereby combating burnout. During these breaks, reward yourself with things that re-energize you whether that be hanging out with friends, calling your family or just spending time outside and soaking up some of that vitamin D. Making sure you get at least 30-60 minutes of downtime before bed to yourself can also help improve motivation and sleep quality, allowing you to wake up feeling refreshed and ready for the

2. Don't be afraid to ask for help

Asking for help can sometimes be one of the hardest parts of dealing with mental health. It can be scary to be vulnerable with another person, let alone admit that you need help. Most of this comes from fear of judgment, and while these feelings are valid, it doesn't mean people are judging you. You are not alone. According to the national Healthy Minds Study, more than 60% of college students "met criteria for one or more mental health problems".

Asking for help with your academics can also be scary for similar reasons. We're afraid of asking stupid questions and admitting failure, but that's how we learn. Luckily, the university created resources and programs with these things in mind. Things like the Writing

Center, the Center for Academic Resources and the Counseling Center are all awesome (and free) resources.

You can talk to a counselor in person at the Student Success Center or you can schedule a virtual appointment. If you're having a mental health crisis after hours, you can call, text or chat with a counselor. For those academic crises, the writing and tutoring centers can also be found in the Student Success Center, and there are drop-in hours in Swart for those math-related crises. If you're interested, you can find additional information on the UWO website.

3. Practice gratitude

Anxiety can be incredibly debilitating. Especially with final exams and presentations around the corner, it can be hard to manage. When my anxiety starts to overwhelm me, I always like to think or write down at least five things that I'm grateful for. It sounds weird, but Dan Baker, psychiatrist and co-author of the book, "What Happy People Know," claims that our brains cannot hold feelings of appreciation and fear at the same time.

While you do have the ability to switch between the two emotions, you physically cannot be anxious and grateful at the same time. According to Cameron Staulth and Baker, "during active appreciation the threatening messages from your amygdala [the fear center of the brain] and the anxious instincts of your brainstem are cut off, suddenly and surely, from access to your brain's neocortex." According to Baker, the neocortex is where feelings of anxiety "can fester,



Willem Flaugher / Advance-Titan Mental health advocate Lucy Stalowski poses on the stairs.

replicate themselves and turn your stream of thoughts into a cold river

of dread." It can be difficult to think of things you're grateful for in a moment of anxiety, especially when you first start. I recommend keeping a running list of things you're grateful for in your notes app so that you can easily jot down things you're grateful for when they come to mind, and so that you can easily access them when you feel an anxiety attack coming on. Getting in the practice of practicing gratitude every day can also do wonders for your mental health in general. Keeping a gratitude journal can be an awesome way to stay optimistic during this stressful time.

Noel Gallagher said it best: "I don't live to work; I work to live." Our academics are extremely important, but so is our well-being and happiness. Moreover, greater well-being can actually contribute to a better performance as a student. I know it can feel like a time-waster to let out those emotions, but we all know how much harder it is to get work done with underlying negative emotions. You actually end up saving time by allowing yourself to just feel your emotions in the first place instead of ignoring them and letting them fester. Those emotions will demand to be felt, and you can only push them aside for so long until it all overflows. The quicker you let yourself feel your emotions,

Best study spots on campus

By Cassidy Johnson johnsonca51@uwosh.edu

Finals are just around the corner, which means a lot more time spent studying. Studying the same things over and over again can get boring, and studying in your dorm gets old. Fight that mental exhaustion by studying in a new environment. All that information tends to blend together when you study in the same place, but studying in a new atmosphere can actually create more

unique and identifiable memory cues, making information retrieval a lot easier. Former Advance-Titan opinion editor Owen Peterson said it best in his article "Varying study spots is best for students." He said: "If you study in a variety of locations ... the information being learned will be associated with a wide variety of cues. This makes recollection much easier, as it is more likely that a cue of some sort will be present at the time of testing. The more cues associated with



Cassidy Johnson / Advance-Titan Sage's 4th floor lounge provides a comfy and secluded study spot.

a fact, the more likely it is that it will be remembered." So ditch your dorm and check out these awesome study spots here on campus. (end)

Sage Hall

One of my personal favorite study spots is the booths near Einstein Bros. Bagels in Sage Hall. The prime time to go here is at 9 a.m.: Einstein's Bagels is open and it's not too crowded, so it's easy to find a spot. If coffee and bagels aren't your thing, going after Einstein's closes is perfect for when you need that quiet study time. The booths are also incredibly comfortable, and most spots also have a power outlet.

Another favorite place of mine to study in Sage is in the third floor lounge. There's tons of comfy and dynamic seating, as well as nice, big windows to provide natural light. This is a great option if the booths near Einstein's are too loud for you, as most students are there solely to study.

If you're somebody who needs not just silence but solitude to concentrate, I've found a small lounge area on the fourth floor perfect for you. Found next to faculty offices, the space has two chairs and a couch and is adorned with an awesome view of the Fox River. I've tried to keep it a secret, but it's too good a study spot not to share.

The courtyard inside Sage is also a great place if you prefer studying alone and are craving some Vitamin D, although it often gets more populous as temperatures rise.

Reeve Memorial Union

Next up is Reeve Memorial Union. Although it can be pretty busy during lunch and dinner times, most of the time there's a nice buzz of students going in and out. If you're somebody who needs complete silence to study, this may not be the best place for you unless you're willing to wait until 7 p.m. when most of Reeve's dining clos-

Waiting may be worth it, however, as this paired with the fireplace and the comfy seating in the wintertime provides a super cozy vibe. If you wait until then, however, you may not get to experience the full beauty of the floor-to-ceiling windows, providing beautiful scenery and awesome natural light. Having food only a few feet away is also a big plus for when you need some brain food.

If you prefer something a little more quiet, you can take the stairs or the elevator to the third floor where you can study on the roof of Reeve. The open air and awesome view make this a great study spot, but also a chilly one unless you're using it during the warmer months. When the Wisconsin weather gets the best of you, there's a spot right inside with a nice, big table and comfy seats where you can still enjoy the view.

Clow courtyard

The courtyard, found right outside of the Clow Social Science Center, has a special place in my heart. It can be a little loud during passing times, but the flora and fauna provide a sense of privacy. The trees are also great for providing shade, with the sun leaking through to provide natural light as well.

It's warm but not hot, bright but not blinding, secluded but not lonely. The only downside is there's (obviously) no outlets, but this shouldn't be an issue if you prepare accordingly. It also shouldn't be an issue if you forget to charge your AirPods as the nature around provides its own melody of white noise perfect for studying.

While these may be my favorite spots, your preferences may be different. Don't be afraid to explore on your own to find your ideal study spot. It makes a bigger difference than you think.