

The Advance-Titan

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@theadvancetitan
atitan@uwosh.edu



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Courtesy of Steve Frommell / Advance-Titan

The UW Oshkosh volleyball team celebrates after winning its second straight WIAC title on Nov. 8, 2024, after defeating UW-River Falls 3-0 at the Kolf Sports Center.

UWO on cusp of WIAC three-peat

By Nolan Andler
andlernof63@uwosh.edu

The No. 3 UW Oshkosh volleyball team went 2-1 in a three-game stretch against nationally ranked top 15 teams last week.

The Titans beat No. 11 UW-Whitewater 3-2, and over the weekend traveled to Illinois Wesleyan University for two games against No. 6 IWU and No. 5 Juniata College (Pennsylvania), falling to IWU 3-0 and responding the next day with a 3-0 sweep over Juniata.

Being in the middle of a stretch where UWO will play five top 15-ranked teams in the country, head coach Jon Ellmann said he knows that this is a great test for tournament time.

"We couldn't ask for better postseason prep," Ellmann said. "As we continue to work extremely hard and fine-tune, it has helped us to learn that what we do on our side of the net is still the most important factor."

UWO began the week with a road game at UW-Whitewater on Wednesday night (Oct. 29). The Titans were led in the win behind a career-best 32 kill day from Sami Perlberg. Despite falling in set one and falling short in a 31-33 marathon in set three, UWO was able to win sets two and four 25-14 and 25-

17 to get the match to set five. In the fifth set, the Titans were able to come out with a 15-12 win after UWO, down 10-11, went on a 4-0 run behind two kills from Riley Borrowman to pull away and win the set and its third straight regular season match over the Warhawks.

Highlighted in the win was the effort from Perlberg, as stated earlier, her 32 kills and 34 points were a career high.

Ellmann said he credits her work ethic for her ability to be dynamic on both offense and defense.

"(Perlberg) is one of the most dynamic attackers in the country, but what people don't often celebrate is how good she is defensively and in serve receive," Ellmann said. "She has worked so hard technically, physically and emotionally to become the player that she is. The best part is that she still hasn't reached her ceiling."

Oshkosh traveled to Illinois Wesleyan over the weekend of Oct. 31-Nov. 2. UWO opened its time in IWU with a match against the IWU Titans. IWU beat UWO 3-0 to hand Oshkosh its first loss since Sept. 20 against University of Northwestern (Minnesota). In the game, IWU won sets one and three handily with scores of 25-11 and 25-18, respectively. Set two was close, but UWO, up 13-6, allowed IWU to go on a 5-0 run to lower

the gap to 13-11. IWU getting back in the set allowed themselves to come back and beat UWO 27-25.

Even though Ellmann doesn't believe in losses being a good thing, he said he believes that in the loss against IWU that the team learned something.

"This group has continued to learn and evolve regardless of outcome," Ellmann said. "That's what true competitors do, they never settle. Did we learn a lesson however, we surely did, and we're grateful for it."

The Titans responded immediately the next day (Nov. 1) with a 3-0 sweep against Juniata College, the team that has won three-straight NCAA championships. The Eagles made UWO work, however, as UWO won set one 26-24, set two 25-22 and set three 25-19. Grace Jurgens and Perlberg led the way for the Titans in the kill department with 12 and 10 kills, respectively. The performance from Borrowman also was key as she recorded five kills, an assist, a dig and an ace along with six blocks. With the win, UWO handed Juniata its first 3-0 loss since 2019.

The Titans' ability to respond fast against the Eagles after the IWU game was something that Ellmann was happy to see.

Ellmann said he credits the discussion that took place in the locker room after the IWU match with what the team did versus Juniata.

"We had a little longer than normal conversation in the locker room after the IW match that resulted in some great take-aways," Ellmann said. "It's one thing to be aware and say what we want to do. It's another to come out and do it."

Heading into the last regular season game, which is also the last home game of the season for UWO, Oshkosh is in a similar spot as the last two years, where a win gets the Titans a WIAC regular season championship. Unlike last year's 3-0 sweep over UW-River Falls, the Titans will be hosting No. 5 UW-Eau Claire, which is tied with UWO at the top of the WIAC. So the winner will be the 2025 WIAC champions. Even with it being postseason time following the game, Ellmann said the team's focus is on the game against UWEC and its pursuit of claiming a third consecutive WIAC title.

"You need to acknowledge that the game is for a regular-season championship," Ellmann said. "We all know that. Being in that position is what we want. There will be a heightened sense of excitement, but we will prepare the way we always do."

The game against UW-Eau Claire will take place at Kolf Sports Center at 7 p.m. on Friday, Nov. 2. You can watch the game on the WIACNetwork.com or listen on 90.3 WRST-FM.

The **Advance-Titan**

Email: atitan@uwosh.edu
Website: advancetitan.com
Facebook: @theadvancetitan
Instagram: @theadvancetitan

Editor-in-Chief
Jacob Link
linkj13@uwosh.edu

Managing Editor
Josh Lehner
lehnerjo70@uwosh.edu

Advertising Manager
Luke Bussey
busseylu85@uwosh.edu

News Editor
Vladyslav Plyaka
plyakavl38@uwosh.edu

Assistant News Editor
Isaac Pischer
pischeris70@uwosh.edu

Arts & Culture Editor
Cassidy Johnson
johnsonca51@uwosh.edu

Opinion Editor
Suzanne Dawood
dawoodsu14@uwosh.edu

Sports Editors
Nolan Andler
andlern63@uwosh.edu

Zach Bellin
belliz88@uwosh.edu

Assistant Sports Editor
Dylan Przybylski
przybylsdy63@uwosh.edu

Photo Editor
Jessica Duch
duchje18@uwosh.edu

Web Editor
Abby Slieff-Vogt
slieffvoab13@uwosh.edu

Social Media Manager
Raegan Nelson
nelsonra47@uwosh.edu

Copy Desk Chief
Izaac Downie
downieiz81@uwosh.edu

Reporters
Justice Cyr, Joey Egan, Brayden Junkers, Matthew Hoyman, Katie Lechton, Alex Marzu, Elijah Plonsky

Faculty Adviser
Ben Birkinbine
birkinbineb@uwosh.edu

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Jess Duch / Advance-Titan

Chancellor Manohar Singh unveils a new mural on the side of the Kolf Sports Center Oct. 16. Singh announced UWO Infinite on Oct. 27.

‘A plan that never sits on a shelf’

Chancellor Manohar Singh has an a vision for UWO’s next chapter

By **Elijah Plonsky**
plonse72@uwosh.edu

UW Oshkosh Chancellor Manohar Singh says the university’s next strategic plan isn’t going to collect dust, and that UWO Infinite will be a living document changing as fast as the world around it.

“It’s not going to be a document on the shelf,” Singh said. “We’ll revisit it every year, so it never becomes irrelevant.”

Singh said a flexible approach will guide the university’s development to best serve the students of today, and that the new plan was born from necessity after institutional and academic restructuring.

“The world around us has changed,” he said. “Our last plan was written for a different moment — we had three campuses, and a deficit. Since then, we solved our deficit and adopted a different academic structure. Today’s reality is different so, our strategy must be too.”

He emphasized UWO’s mission — to serve Wisconsin students and strengthen the regional workforce — remains constant, but said the university must rethink how that mission is carried out.

“The mission isn’t changing,” Singh said. “But how it’s achieved must be financially sustainable.”

Imagining A New Future:
Singh said UWO’s shift from departments to broader academic schools will allow greater flexibility and interdisciplinary collaboration.

“We’ve clustered departments

into schools so we can be nimble,” he said. “Now philosophy can connect with computer science, or biomedical sciences with engineering.”

He said this structure will help students prepare for a workforce increasingly shaped by artificial intelligence — especially as automation continues to blur professional and disciplinary boundaries.

“AI raises the premium on the human side of technology,” Singh said. “Understanding culture and ethics makes better nurses, better engineers — and better problem solvers.”

Singh calls the initiative UWO Infinite, describing it as a mindset and a promise to stay flexible, forward-looking and community-driven.

“In my first 112 days, I saw the infinite potential of this institution,” he said. “And the infinite passion of alumni, and community partners for our students.”

He described the plan as a dictionary that keeps changing — a living framework that will evolve rather than expire.

“It will never be irrelevant,” Singh said, “because we’ll adapt it to what we need tomorrow.”

At the core of UWO Infinite, Singh said, is a renewed focus on student voices and interdisciplinary learning.

“We want to be as close to student aspirations as possible,” he said. “My job isn’t to replicate my journey — it’s to help you chart your own.”

Singh said the planning process will involve three collaborative layers: a Process Management Group, a steering

committee with student government representation and other subcommittees.

“The Process Management Group handles the administrative side,” he said. “The steering committee will craft the words, guided by what students and the larger community envision.”

Subcommittees will have town halls, surveys and host listening sessions to gather all community input possible.

“This is the community’s university,” Singh said. “Everyone who belongs to it — or wants to — has a say in what it becomes.”

Early Community Talks:
Singh said UWO Infinite is already beginning to take form through partnerships beyond campus. One of the most promising is a potential collaboration with Moraine Park Technical College in Fond du Lac.

“We serve the community — we go where students are,” Singh said. “So, we’re exploring offering UW Oshkosh classes at community colleges so students who can’t come to campus can still access UWO instruction.”

Singh said he met with Moraine Park Technical College President Bonnie Baerwald to discuss how the concept could look.

“We identified four or five of the most popular programs that already send students to UW Oshkosh,” Singh said.

“If nursing is one of their popular programs,” Singh said, “we may be able to help those students continue their education where they are.”

He said the collaboration remains in its exploratory stage but

aligns with UWO’s goal of extending access and strengthening regional ties following the closures of the two-year campuses.

“We’re just exploring the possibilities,” Singh said. “But we want to respond to what the community needs. My heart lies with Fond du Lac and the Fox Valley. I’d like all students brought into the fold again.”

Singh also said UWO is expanding its accelerated “four-plus-one” programs to help students earn a bachelor’s and a master’s degree in five years.

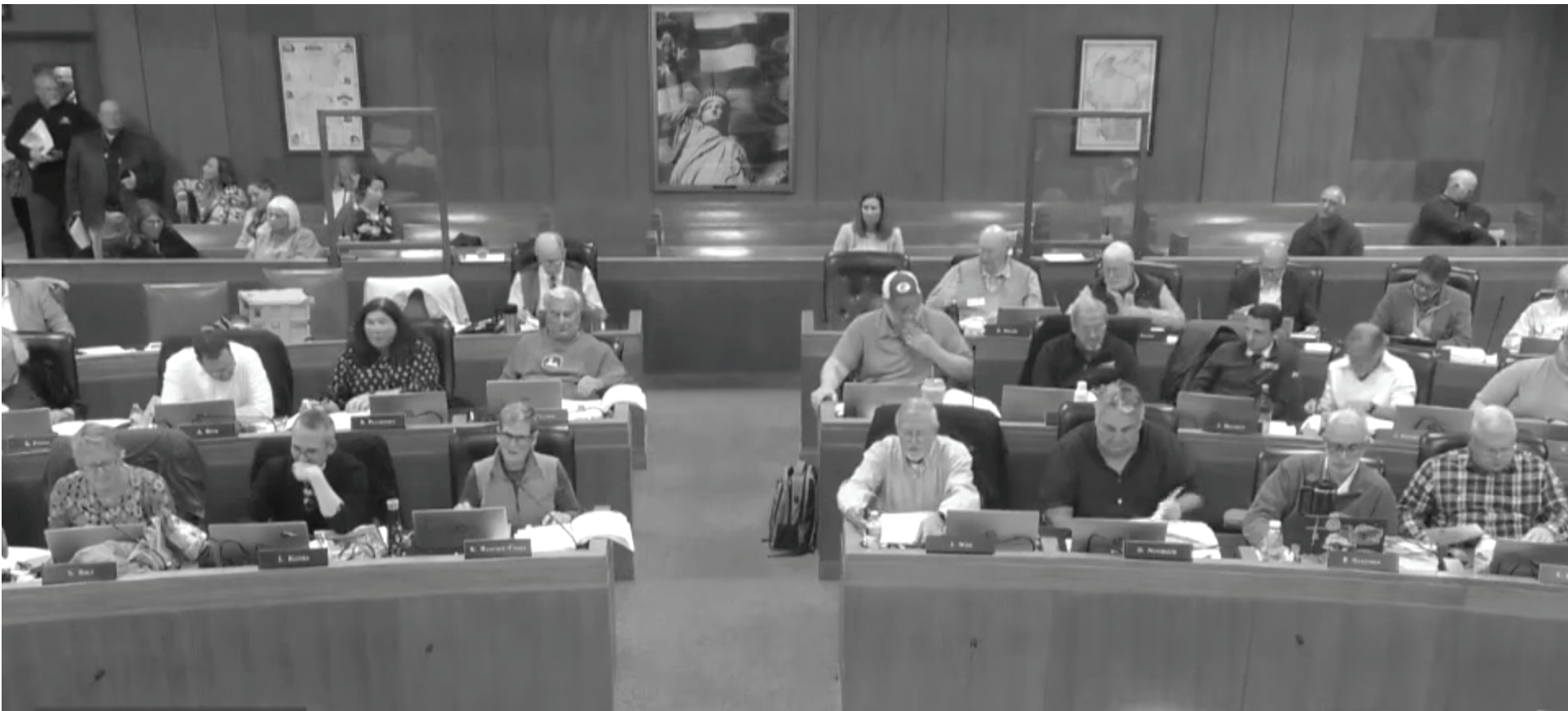
The goal, he said, is to combine the broad foundation of the liberal arts with the professional and technical skills employers demand — all while lowering costs and shortening time to graduation.

“We want students to have a solid grounding in the liberal arts: writing, history and philosophy,” Singh said. “Then, on top of that, we want to give them the professional skills the job market requires — without the burden of two extra years of college.”

“Students can finish with a master’s in five years instead of six,” he said. “That means they enter the workforce earlier and save \$40,000 to \$60,000.”

As the Strategic Planning Committee launches the first rounds of listening sessions, Singh said the work ahead will remain guided by adaptability and community input.

“We need to be ready for the next generation,” he said. “This plan ensures we always deserve the love and respect our community has for us.”



Courtesy of Oshkosh Media

The Winnebago County Board of Supervisors discusses the 2026 budget to allow the county to spend \$236 million next year. The budget was approved 34-2 on Oct. 27.

Winnebago County approves 2026 budget

\$236 million to be spent in the coming year, addressing workforce needs and priorities

By Jacob Link
linkj13@uwosh.edu

The Winnebago County Board of Supervisors approved the 2026 county budget proposed by Winnebago County Executive Gordon Hintz by a vote of 34-2 Oct. 27, allowing the county to spend \$236 million next year.

Hintz said that the spending plan maintains core services, addresses workforce needs and invests in long-term priorities.

“This budget isn’t just about numbers, it’s about people,” Hintz said. “It invests in our workforce, supports families and builds a foundation for future growth.”

The 2026 county budget will introduce a 3% market adjustment and a 2% “achievable merit pay” to recruit and retain county employees. Hintz said the spending plan reduced the use of reserve funds and strengthened core county services by adding targeted resources in public safety, election administration, human services, emergency management and parks to maintain reliable services.

“It’s responsible, forward-looking and focused on things that matter most to residents: safe communities, strong infrastructure and the

ability to meet people’s needs efficiently and effectively,” he said.

The budget also aims to preserve the buildings at the former UW Oshkosh Fox Cities campus, such as the Barlow Planetarium, Communications Arts Center and the fieldhouse. According to Hintz, the plan will secure funding for the Homelessness, Eviction & Loss Prevention program, increase investment in the Capital Improvement Program for county infrastructure needs and enhance cost-recovery to fund programs and reduce reliance on property taxes for services.

Hintz plans to increase the tax levy by \$1,374,795 in order to help raise the total budget revenue, of which 33.71% will be made up of property taxes. The rest of the budget will be funded by state aid (36.03%), charges for services between departments (15.3%), public charges (10.21%), licenses and permits (0.5%), while 4.23% is listed as being funded by “other” categories.

Although the tax levy increased by 1.9%, the county dropped the mill rate, the amount of property tax per \$1,000 of a property’s assessed value, from \$3.55 to

\$3.41 in order to limit the effect of rising property taxes. This means, for example, that a home valued at \$100,000 would be required to pay \$341 in county property taxes as opposed to \$355 from last year’s budget.

The 2026 budget was put together after the county held multiple listening sessions to give feedback on how last year’s money was spent. Hintz then led 10 committee meetings, which reviewed the department-level budgets, and the plan was ratified after feedback from the public and multiple legislative reviews.

Man arrested following shooting at Oshkosh McDonald’s

By Isaac Pischer
pischeris70@uwosh.edu

The Oshkosh Police Department arrested a man Oct. 29 following a shooting at the Jackson Street McDonald’s.

According to the Oshkosh Police Department, officers responded just before 2 a.m. for the report of a shooting involving two employees inside the business.

“We were in the drive-thru when it happened,” a UWO student waiting there said. “A worker came out and said to us, ‘There was just a shooting, and we aren’t serving food.’ We could hear the alarms going off in the store.”

Police say that upon further investigation, officers discovered that two employees had gotten into a verbal argument about work duties, specifically, when the suspect was reportedly refusing to work, leading to a confrontation with a manager. The verbal argument turned physical, and during this physical disturbance, a person was shot.

The victim, later identified as the manager, was transported to a local hospital with non-life-threatening injuries, specifically a gunshot wound to the foot, according to the criminal complaint.

The suspect, later identified as 24-year-old Adam Samida from Oshkosh, initially left the scene. Officers canvassed the area, and within 14 minutes, he was taken into custody for second degree reckless injury, carrying a concealed weapon and disorderly conduct, although court records later showed he was formally charged with misdemeanor disorderly conduct with use of a dangerous weapon and carrying a concealed weapon.

A \$500 signature bond was set, and a Dec. 18 status conference is scheduled.

“We went to Kwik Trip, and within minutes Jackson Street was flooded with cop cars, and intersections were closed,” the UWO student said.

Police say that this was an isolated incident and that Samida and his manager were



Courtesy of Oshkosh Police Department

The firearm used in the Oct. 29 shooting. Police said the incident stemmed from a argument between two employees at McDonald’s.

well known to each other. “The Oshkosh Police Department is committed to fostering a safe and secure community for all businesses and their employees,” Public Affairs Officer Kate Mann said in a press release. “We contin-

ue to work diligently to locate and apprehend dangerous individuals who threaten public safety. We urge all community members to report any signs of workplace violence. The safety and security of our citizens remains our top priority.”

Anyone with information regarding the incident is encouraged to contact the Oshkosh Police Department at 920-236-5700. To remain anonymous, contact Winnebago County Crime Stoppers at 920-231-8477.

Women’s basketball falls 84-53 to Iowa State

By Justice Cyr
cyrju94@uwosh.edu

The UW Oshkosh women’s basketball team took a bus down to Ames, Iowa for an exhibition match last Tuesday with the Iowa State Cyclones. The match took place at Hilton Coliseum, with the host Cyclones ranked preseason #14 in the nation for Division I women’s basketball. The Titans fell to ISU 84-53.

In the game, ISU jumped out to a quick 10-1 lead and would never really look back, thanks to 18 points combined from standouts like All-American Audi Crooks and All-Big 12 Second Team Addy Brown — and that was just in the first period. For the game, Crooks and Brown combined for 41, Crooks putting up 24 on 8-for-14 shooting. Coach Brad Fischer said he had high praise for the All-American.

“The kid is so strong, and she’s bullying kids from Baylor and Texas, and so for us to give her resistance at times was a win for our team,” Fischer said.

The Titans would put up those 53 points on 35% shooting from the field, accumulating only six team assists and being outrebounded 40-31. They slowed the Cyclone attack down in the second half, only giving up 35 while scoring 25.

The Titans wouldn’t give up, shooting 24 threes in the contest. Only seven of them fell, but with the departure of 1,000-point scorer Kayce Vaile, Fischer said the offense will look a little different.



Courtesy of Brady Halverson / UWO Athletics

Paige Secker shoots a jumpshot over Iowa State’s Sydney Harris. Seckar led the Titans in points, rebounds and steals finishing the game with a statline of 13 points, six rebounds and two steals.

“I think overall it’s definitely going to look different, Kayce would obviously get deep touches for us,” Fischer said. “I’m not exactly sure who that person is yet, Paige (Seckar) is probably going to play more faced up to the rim, more athletic.”

Leading the way for most stats for the Titans would be Seckar with 13 points, six rebounds and two steals. And after a WIAC Newcomer of the Year campaign, she’ll have high expectations com-

ing into her sophomore year.

“People say that the biggest jump is from freshman to sophomore year, because they know what’s coming,” Fischer said. “I think Paige has had a different mentality... I think she’s gonna be a matchup nightmare for people.”

It certainly won’t be the same Oshkosh team that fans have been accustomed to since the emergence of Vaile, but the program is still the same, continuing to cultivate a strong culture even through

the trials and tribulations of the transfer portal, with the Titans not having someone transfer out of the program in Fischer’s entire tenure.

Oshkosh is coming off a Final Four appearance, where the Titans would fall “one shot short” of a National Championship appearance. With the Titans coming into the season as d3hoops.com’s No. 3-ranked team in all of Division III, there is much excitement for another deep run.

“I do know that this group

will take what we learned last year,” Fischer said. “When that moment comes, we’ll be a little more ready when we were last year.”

UWO women’s basketball officially starts the season this Friday in De Pere, against Carroll University for the St. Norbert College Nicolet National Bank Tip-Off Tournament. That match will take place at 5 p.m. at Mulva Family Fitness and Sports Center.

Softball renamed to honor Nienhaus

By Zach Bellin
belliz88@uwosh.edu

The formerly known as UW Oshkosh Softball Park was dedicated to Mary Beth Nienhaus Thursday, Oct. 30, and will now be known as the Mary Beth Nienhaus Softball Complex.

“Nienhaus is quite simply a force of nature,” Assistant Chancellor for Intercollegiate Athletics Darryl Sims said. “For more than half a century, she has dedicated her life to teaching, coaching, mentoring and giving. Always giving to her community, to her students and to the countless people’s lives she has touched.”

Both Sims and Chancellor Manohar Singh spoke at the dedication ceremony.

Nienhaus is notably known for her work in the Fox Valley as a philanthropist, educator and coach after having a barrier-breaking collegiate athletic career at Marquette University.

In the 1960s, she became the first female student-athlete at Marquette, and her success in amateur golf competition got her a spot on the men’s golf team.

As a coach, Nienhaus and the Appleton West High School girls golf team were a powerhouse from 1981 until 1986, winning four WIAA state championships over that span, and was named the Ladies Professional Golf Association Coach of the Year in 1987.

Her connection to UWO comes



Zach Bellin / Advance-Titan

Darryl Sims overlooks the reveal of new signage during the dedication to Mary Beth Nienhaus at the formerly known as UWO Softball Park Oct. 30.

from her cousin’s grandson, Levi Borchert, who was a member of the men’s basketball team from 2019 to 2023. She’d come to watch Borchert, and through that, met Sims and other faculty members, which led to meetings about project plans UWO athletics had.

“I’m here today because of Darryl,” Nienhaus said. “He must’ve gotten an A in persuasive speech.”

Surrounded by alumni and student athletes, Nienhaus expressed how honored and grateful she was to have the softball complex dedicated to her.

“I’ve always believed that

athletics has the power to teach lessons that reach far beyond the field, through teamwork, perseverance, leadership and integrity,” she said. “Our softball team exemplifies those qualities. These remarkable young women represent what it means to be a Titan, resilient, driven and proud.”

Supporting women’s athletics has always been a passion for Nienhaus.

“I’ve witnessed firsthand how sports opens doors and builds confidence for young women, empowering them to reach their full potential to reach their goal in every area of life,” she said.

Nienhaus hopes the dedication will influence generations of student athletes to come to chase their dreams, to compete with passion and that their hard work and dedication matter.

With the support of UWO athletics, Nienhaus has begun a charity campaign, “Fields for the Future,” which is an effort to generate donations towards improving Tiedemann Field at Alumni Stadium and the Mary Beth Nienhaus Softball Complex.

For more information, the campaign can be found on both the baseball and softball pages on the UWO athletics website.

Soccer wins 2-0

By Matthew Hoyman
hoymanma40@uwosh.edu

The UW Oshkosh (6-6-5, 2-4-1 conference) women’s soccer team wrapped up the regular season, shutting out UW-River Falls (12-5-2, 3-3-1 conference), 2-0 at home at the J. J. Keller Field at Titan Stadium, Saturday, Nov. 1.

Maddie Daigle scored her first career goal for the Titans to break the 0-0 tie in the 56th minute with an assist from Gabby Born and Alexa Schorr. Oshkosh’s Maris Heun followed it up with a goal of her own, assisted by Greata Steines, to give UWO a 2-0 lead, which ended up being the final score.

UWO’s Mallory Kerhin had three saves on goal, giving herself seven shutouts on the year. Kerhin’s efforts earned her the Wisconsin Intercollegiate Athletic Conference Women’s Soccer Defender of the Week for the second time this season.

The Titans led the Falcons in many statistical categories. Oshkosh generated 13 shots compared to River Falls’ 10, led 6-3 in shots on goal, and corners 5-3. River Falls had one more save than Oshkosh, leading 4-3.

UWO played UW-River Falls in the quarterfinal round of the WIAC tournament on Wednesday. The score of the game can be found at uwoshkoshtitans.com.

Cross country places fifth at WIAC meet

By Dylan Przybylski
przybylsdy63@uwosh.edu

The UW Oshkosh men's cross country team placed fifth, scoring 129 points, and the UWO women's team placed sixth, scoring 144 points at the Wisconsin Intercollegiate Athletic Conference Championships Nov. 1 at XC Ranch in Oshkosh.

On the men's side, the Titans were led by senior Cameron Cullen, who placed ninth and finished with a personal record time of 24:06. Paul Proteau placed 15th with a personal best time of 24:46. Cullen and Proteau both earned their first All-WIAC honor.

Senior Trent Chadwick finished with a time of 24:58, good for a 23rd-place finish. Junior Jason Skinkis ran for a time of 25:17 and finished in 38th place. Junior Alex Peterson was the final point scorer for the Titans with a 47th-place finish and a time of 25:25. All three runners set personal records this past weekend.

UW-La Crosse took the team win, scoring 24 points, also having the first and second place finishers in Grant Matthai and Jayden Zywicki. UW-Platteville came in second place with a team score of 77. UW-Stevens Point finished in third place with a team score of 87.

On the women's side, the Titans were led by freshman Lehna Mitchell, who placed ninth and finished with a personal record time of 21:49. Mitchell was awarded with All-WIAC Second Team honors in her first-ever conference meet.

Sophomore Emma Boegh finished in 28th place and ran a personal record time of 22:31. Senior Gwen Feitl finished in 34th place and finished with a time of 22:49. Junior Allison VanDerWegen took 43rd place with a personal best time of 23:07. Freshman Amari Siegfried was the final point scorer for UWO with a 56th place finish and a personal record time of 23:27.

UW-La Crosse took the team win, scoring 21 points. UW-Eau



Raegan Nelson / Advance-Titan

UWO's Owen Bostick, Joseph Hertel and Aaron Nehls compete in an event during the WIAC Championships at the XC Ranch Saturday.

Claire came in second place with a team score of 63 points, also having the top runner in Molly Heidorn. UW-Whitewater came

in third place with a score of 98.

The Titans will return to action on Thursday, Nov. 6, traveling to Green Lake to compete

in the Ripon College Red Hawk Open. The women's team will run at 3:15 p.m. and the men's team will run at 4 p.m.

Hall of Famer of the week: Jacque Strook

By Zach Bellin
belliz88@uwosh.edu

Jacque Strook, a middle blocker for the UW Oshkosh women's volleyball team from 2006-09, appeared in 151 of the 161 matches throughout her career.

After being a perennial part of the team, Strook's consistency was rewarded as she received the 2009 Wisconsin Intercollegiate Athletic Conference (WIAC) Player of the Year, on top of being named an NCAA All-American, as well as on the NCAA All-Midwest Region and All-WIAC first teams.

That season, Strook started every game but one, which she still appeared in. She'd lead the team in hitting percentage and kills with .316 and 431, respectively, while also leading the WIAC with 174 blocks.

As a member of the program, Strook and the Titans would compile a record of 143-18 while sharing the WIAC championship with UW-Eau Claire in 2006 and 2008, and outright winning the conference in 2009.

Over the course of a long 151-game career, Strook accumulated

1,127 kills, 481 blocks, 161 digs and 21 service aces, on top of hitting .263.

She credits her career a lot to the preparation from her time at Richland Center High School she came into Oshkosh with.

"I would not be here today without them (her high school coaches)," Strook said. "All the suicide dives to get my butt here and to the block helped me with my eventual college career."

In national competition, Strook would be a pivotal member of the 2008 and 2009 teams, which went to the quarter-finals and semi-finals, respectively.

The 2008 teams' season ended in the quarter-finals of the Division III championship tournament, and the 2009 teams' season concluded in the semi-finals to Juniata College (Pennsylvania) 3-0 after five consecutive wins to get to that point.

In the final season of Strook's career, she broke her single-game career high with 19 kills in the WIAC tournament's third-place match against UW-Platteville. She'd also have a .417 hitting percentage in the match to help the Titans win 3-2.



Katie Lechton / Advance-Titan

Jacque Strook, the former middle blocker for UWO volleyball, speaks at the podium during the hall of fame induction ceremony.

UWO football loses to UW-Platteville 21-14

By Christian Cortez
cortezch82@uwosh.edu

The No. 25-ranked UW Oshkosh football team fell to No. 13-ranked UW-Platteville 21-14. Quarterback Quintin Keene went 12-for-19 for 142 yards with one touchdown and one interception and AJ Korth went 8-for-14 for 78 yards, 35 rushing yards and one touchdown.

UWO received the ball first but quickly stalled out and punted from the Pioneers' 49-yard line.

Punter John Abernathy punted eight times during the game and punted a total of 334 yards with two 50-yard punts and one that went within the Pioneers' 20-yard line.

After the punt, Platteville drove down the field for a field goal attempt, but missed. Oshkosh then went back-to-back on stalled drives. Platteville also had a failed possession with a turnover on downs.

Platteville scored the first points of the game with a 59-yard

drive and ended with a rushing touchdown by Pioneer running back Nathan Uselding.

It took just three plays for Oshkosh to respond to tie the game with a 69-yard pass from Keene to Hunter Gibson.

The Pioneers regained the lead with an eight-play possession and led at halftime 14-7.

The second half started with two punts by both offenses and another failed field goal attempt by Platteville; the score remained the same.

In the third quarter, Keene was intercepted at the end of the quarter and Platteville scored a touchdown to increase the lead to 21-7 after a 57-yard drive.

UWO's final scoring drive started on their own 11-yard line, starting with a 26-yard rush from Ammiel Jackson and a 25-yard catch by Doug Burson. Then Korth rushed a total of 25 yards on back-to-back plays, getting to the Pioneers' four-yard line. Then Keyvon Holloway caught his first touchdown of the season

to bring Oshkosh back to a one-score game.

After a punt by Platteville, Oshkosh had a chance to tie the game, but from holding penalties and miscues, UWO could not convert and punted the ball back to Platteville. Platteville ran the clock down, and the game ended with a UWO loss, 21-14.

The Titans will host UW-Stevens Point at J.J. Keller Field at Titan Stadium on Nov. 8 at 1 p.m., where UWO will celebrate the 2015 WIAC championship team.



Scoreboard

Wednesday, Oct. 29

Women’s Volleyball

UWO - 3

UWW - 2

Friday, Oct. 31

Women’s Volleyball

Illinois Wesleyan University - 3

UWO - 0

Saturday, Nov. 1.

Women’s Volleyball

UWO - 3

Juniata College (Penn.) - 0

Men’s Cross Country

5th of 8 teams, 123

Women’s Cross Country

6th of 8 teams, 144

Football

UWP - 21

UWO - 14

Men’s Swim and Dive

UWW - 196

UWO - 92

Women’s Swim and Dive

UWW - 158

UWO - 141

Women’s Soccer

UWO - 2

UWRF - 0

Upcoming Events

Wednesday, Nov. 5

Women’s Soccer

at UW-River Falls at 2 p.m.

Thursday, Nov. 6

Women’s Cross Country

at Ripon College at 3:15 p.m.

Men’s Cross Country

at Ripon College at 4 p.m.

Men’s Wrestling

at UW-Whitewater at 7 p.m.

Friday, Nov. 7

Women’s Soccer

WIAC Tournament - TBA

Women’s Basketball

at Carroll University at 5 p.m.

Women’s Volleyball

vs UW-Eau Claire at 7 p.m.

Saturday, Nov. 8

Men’s Wrestling

at Lakeland University at 9 a.m.

Women’s Swim and Dive

at Lawrence University at 11 a.m.

Men’s Swim and Dive

at Lawrence University at 11 a.m.

Football

vs UW-Stevens Point at 1 p.m.

Women’s Basketball

vs University of Chicago in De Pere at 1 p.m.

Men’s Basketball

vs Saint John’s University (Minn.)

at 5 p.m.

Sunday, Nov. 9

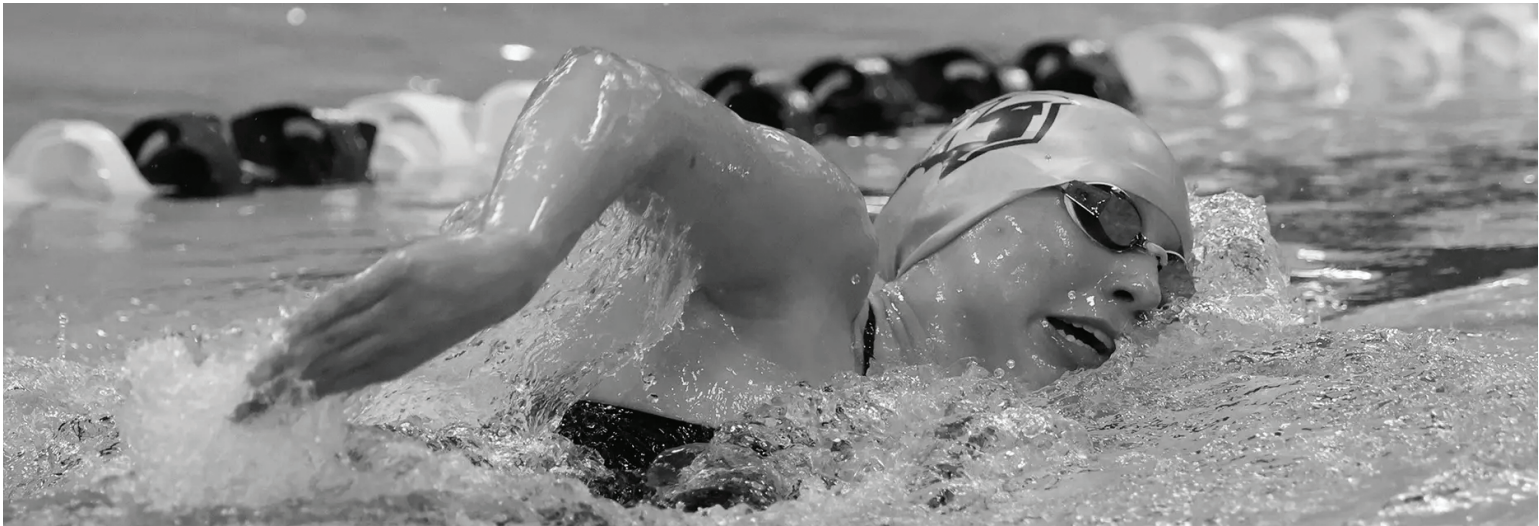
Women’s Soccer

WIAC Tournament - TBA

A-Trivia

When was the last time the women’s soccer team won the WIAC Championship?

Answer: 2021



Steve Frommell / UWO Athletics

Callee DeBruin swims in the 100-yard freestyle. She placed first with a time of 55.85 seconds, earning the team 9 points.

Titans fall to rival UW-Whitewater

By Joey Egan

eganjo64@uwosh.edu

The UW Oshkosh men’s and women’s swim and dive teams fell to UW-Whitewater with scores of 92 and 141 points, respectively, last Saturday at Albee Hall.

Whitewater won the dual meet by scoring 196 points from its men’s team while the women’s side scored 158 points.

UWO opened the meet with the 200-yard medley relay races which the men’s team took third place while the women’s team took second place. In the second event of the meet Titans’ Callee DeBruin took first place with a time of 11:03.65, scoring 9 points in the women’s 1000-yard freestyle. In the ninth event of the meet, Oshkosh’s Damen Seremet took first place in the men’s 100-

yard breaststroke with a time of 1:01.64, scoring 9 points. The Titans’ Rowan Sinclair took first place in the women’s 200-yard butterfly with a time of 2:18.58 scoring 9 points while teammate Millie Belik took second place. In the 16th event Maya Indiraraj took first place in the women’s 1-meter dive, finishing with a score of 208.05 while UWO’s Paige Vitek took second place.

In the women’s 100-yard freestyle Callee DeBruin took first place with a time of 55.85 scoring 9 points while Kori Burnett takes second place for Oshkosh. The Titans’ Sienna Della-Peruta took first place in the women’s 200-yard backstroke with a time of 2:16.37, scoring 9 points, while Payton Purdy took third place.

UWW spoiled the men’s 200-yard breaststroke, placing all three swimmers on the podium,

but in the women’s event UWO’s Bella Cichon took second place while McKenna Keepers took third place. Oshkosh’s Elias Landolt took third place in the men’s 500-yard freestyle while in the women’s 500-yard freestyle DeBruin took first place with a time of 5:27.33 for her third first place finish of the meet. Behind her was Brianna Wesenberg who finished in second place.

Oshkosh’s Leo Ramirez-Gutierrez took first place in the men’s 100-yard butterfly scoring 9 points with a time of 55.32 while his teammate Julian Koller took third place scoring 3 points his time was 56.61. The Titans’ Charley Cook took first place in the 3-meter dive with 199.20 points. The UWO women’s team placed three on the top podium as Maya Indiraraj took her second first-place finish of the meet

with a time of 214.57 while her teammates Olivia Santiago took second along with Paige Vitek taking third place.

In the 200-yard individual medley, the Titans also had two finishers in the top three with Charlie Mason finishing in second place with a time of 2:04.59 scoring while Sienna Della-Peruta took first place in her second event win of the meet for the Titans with a time of 2:21.17.

UWO’s men’s and women’s teams finished in second place in the 200-yard freestyle relay.

Overall, the Titans combined for a total of 11 first place finishes, 18 second place finishes and 13 third place finishes. UWO’s next meet will be on Saturday, Nov. 8, at 11 a.m. against Lawrence University in the Gene Davis Invitational in Appleton.

Marzu Momentum Shift: Week 9 rankings

Week 9

1.		River Falls	1
2.		La Crosse	1
3.		Platteville	1
4.		Whitewater	3
5.		Stevens Point	3
6.		Stout	1
7.		Oshkosh	1
8.		Eau Claire	1

Graphic by Alex Marzu / Advance Titan

the running game was the star of the show, and there were no standout performances either. Not even the turnover battle was a major factor (2-1 in favor of La Crosse); it was just a dominant performance all-around. And for people who hate stats, that’s about as sweet as it gets. The Eagles hit the road to take on UW-River Falls on Saturday.

By Alex Marzu

marzual86@uwosh.edu

1. UW-River Falls (7-1, 4-1 in WIAC). Week Eight result: win over UW-Whitewater 52-14.

Anytime you lead 31-7 at halftime, you know you’ve done something special. But when you do it against the number one team in the WIAC, in the Momentum Shift, and who have been regarded as the poster child of Divison III as of late, then you’ve done something generational. Kaleb Blaha showed all of us why he’s considered one of the best quarterbacks in the division, posting four touchdowns, two of which were 75 yards or longer, by the break. If this is how good this team can perform against the best of the best, they might not leave the number one spot. The Falcons will return home to take on UW-La Crosse on Saturday.

2. UW-La Crosse (6-1, 4-1 in WIAC) Week Eight result: win over UW-Stout 31-14.

Sometimes it’s not necessarily about domination, but about playing fundamentally sound football, and that was the case for the Eagles on Saturday. After going into halftime 14-7, the defense stood its ground and allowed the offense to pull away en route to a 17-point win over the Blue Devils. Neither the passing nor

3. UW-Platteville (6-2, 3-2 in WIAC)Week Eight result: win over Oshkosh 21-14.

Another example of home team dominance in the WIAC comes in “Platte Vegas,” with a relatively low-scoring affair (compared to competition across the rest of the conference), where, besides a massive splash play and a late rally drive, the Pioneer defense kept the Titan offense in check. On the offensive side of the ball, the running game was a massive driving force, accounting for all three scores, two of which belonged to Trevor Burnett and his 81 yards. And of course, you can’t talk about the Platteville offense without discussing freshman tailback Blake Bangston and his 121 rushing yards, though no touchdown. Platteville remains at home to take on UW-Stout on Saturday.

4. UW-Whitewater (6-2, 3-2 in WIAC) Week Eight result: loss to River Falls 14-52.

There are no words to de-

scribe how shocking the first half performance of the Warhawks was. Both facets of the offense were flat, and the defense couldn’t stop Blaha from slinging the rock, giving up two big 75-plus yard plays. What may be even worse is that things stayed relatively the same in the second half, a complete loss in

every facet. Rebounding from a massive blowout is a tall task, but against Eau Claire, Whitewater has a decent shot to get the taste of defeat out of its mouth quickly.

To read the rest of the rankings, check out the full story on [advancetitan.com](#).



Choking: kink or crook?

By Suzanne Dawood
dawoodsu14@uwosh.edu

Welcome to Sex In-The-920! I’m the Carrie Bradshaw of UW Oshkosh, or your college sex guru. November is known to be Strangulation Awareness Month, and last I checked, it’s November. I believe it is extremely important to bring awareness to the dangers behind certain kinks during sex. Last week, on Oct. 29, UWO held the annual Fox Valley Take Back The Night event. This event is to bring awareness to sexual violence, assault and domestic violence within the community.

Now, with this being said, it is important to bring up the safety that is needed behind strangulation. Strangulation, or choking during sex, has been a little bit of a popular kink in today’s age. This isn’t an attempt to bash on what you like, because it’s okay if you like to have a little bit of fun during intimate moments. I happen to have a dear friend who works at the Christine Ann Center, which is a domestic abuse service and emergency shelter for individuals here in Oshkosh,. She mentioned to me that choking is a major tactic of abuse for individuals who domestically abuse their partners. This idea really made me think, and I couldn’t help but wonder, is there a safe way to have fun while choking your partner, or is it all entirely

dangerous? I really got to thinking about the topic, and I do believe there isn’t a safe way to do it. Many individuals during sex are already losing their breath, and choking quite literally takes your breath away. According to Domesticshelters.org, after 10 seconds of choking, an individual can become unconscious, and if the choking continues for a minute, you can die. And although the individual who was choking might not have had any malicious intentions, this is considered domestic violence and murder, and you can go to prison. So it’s not good for any party.

With this being said, there are other kinks that can be discovered if you’re the dominant type or even the submissive type. Sexual freedom is allowed to be explored, and this is the 21st century, so the world is your oyster, and the internet is open for research. Other forms of dominance, rather than choking, can be language and the way you talk to your partner during sex. There are always safer alternatives. As always, remember that you don’t have to do anything that you don’t want to do, and sex should be enjoyable for both individuals. You shouldn’t do something knowing it will only please your partner. Remember to always practice safe sex, and remember to always know your limits.

Trick-or-treating’s best scores

By Genevieve Haartman
haartmange52@uwosh.edu

When I was little, I always remember trading with my friends and siblings to get all of my favorite candies on Halloween night, right after we got home from trick-or-treating. With Halloween just passing, I want to share with you some of my favorite Halloween candies that I fought so hard for all of those nights.

1. Reese’s Peanut Butter Cups
To this day, peanut butter cups are some of my favorite candies. But the special holiday editions they make will somehow always top the regular version. They just taste better somehow, and sweet and salty is just one of those combinations you can’t beat with its perfect balance of flavors.

2. 100 Grand Bar
I remember it was like hitting the lottery if you got one of these suckers in your bucket. But to this day, they still feel like hitting the lottery when you get one. They are another candy bar that I think just has a great balance. The caramel with the crispy pieces covered in chocolate makes for a perfect little treat.

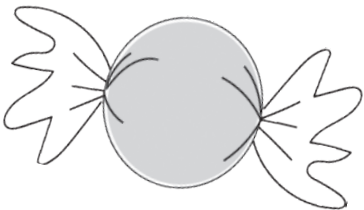
3. Milky Way
I know this can be controver-

sial, but I think Milky Way bars are delicious. Especially between 3 Musketeers and Milky Way bars, I think they go head-to-head if I had to rank them. But a Milky Way bar is just sweet enough without being too much.

4. Gummy Worms
Trolli’s gummy worms might just be another one of my favorite candies, especially sour gummy worms. But these are another candy that just hit the spot. I love fruity and sour candy, and if you got one of those tiny packs on Halloween night, I was giving my best offers to get that candy.

5. Sour Patch Kids
Sour Patch Kids are also likely tied with gummy worms. They are once again a great balance of flavor, between the sweet, fruity and sourness of them.

If I was graced by Sour Patch Kids as a kid, I did everything I could to hold onto them, just because of how rare but amazing they were.



Opinion

Want a village?

You need to become a villager

By Izaac Downie
downieiz81@uwosh.edu

Over the past year, especially on social media, I have seen the terms “village” and “villager” a lot, and it got me realizing: everyone wants a village, but not enough people want to put in the work to be a villager.

No, I’m not talking about Minecraft. From my understanding, the phrase “be a villager” really started with parents and community when it comes to pregnancy and raising a child, because, in fact, it does take a village.

However, being a villager can mean so much more than just helping a child grow up. That “be a villager” mentality can be applied across all aspects of life to help build community and personal relationships to make you and the people around you the best versions of themselves.

I’ve noticed in recent years, especially with quarantine and the rise of social media, that fewer and fewer people want to be a villager in their everyday lives. From “protecting your peace” to expecting instant gratification or reciprocation for helping someone, the villager mentality is dwindling.

I really started using this philosophy with coworkers at my restaurant job, and it’s just one example of a place where a village can grow. For example, you can’t expect someone to jump out and take your Friday night shift at work so you can go out with your friends, if you never pick up someone else’s shift so you can stay in bed and doomscroll TikTok for hours on a Tuesday. Or, what if one of your coworkers needs a ride home from work and it’s a little out of the way for you? Even if you don’t necessarily get gas money, wouldn’t you feel bad if your car was in the shop and you needed a ride to/from work, and people were telling you no? The workplace is a great way to build a village and community because it’s always nice to have someone watching your back and helping you when you get overwhelmed, so reciprocate!

Here on campus is another great way to be a villager. Imagine you were in a class where you didn’t really know anyone else. I know it’s easier said than done, but it’s okay to go up to people and start a conversation and ask them how their day has been or ask for help if you don’t really understand an assignment. I know human interactions have gone down in recent years, and more and more people are afraid to have that initial conversation or question for fear of being awkward, but in reality, life as a whole is awkward.

It could be as easy as noticing that the stranger who usually sits near you in class missed a day of lecture for having the

frat flu. You could just go up to them and ask if they would like to borrow your notes so they can catch up on what they missed. Wouldn’t you want someone to do that for you if you missed class, especially with a strict professor who refuses to post lecture slides online?

Speaking of professors, they themselves can help build a village with students as well. Instead of just docking points off an assignment or just marking something as incorrect, perhaps take the time to really explain what that student can improve on. If you were trying to learn a new skill or concept and were making some mistakes, you would want the “expert” to be more specific than “incorrect, do better next time” and actually tell you what to improve on, right? I know it might be hard when you have 30 freshman Writing 188 essays in front of you to grade, but taking that extra step can help the students grow and do your part as a villager. And, who knows? Maybe you’ll get a couple more extra hands in the air in class from students participating and fewer faces buried in a laptop if you show that effort (remembering students’ names is a big one, too).

For parents, being a villager means taking your child to as many children’s birthday parties as possible, even if that means awkward conversations with the other moms and dads. You would feel awful for yourself and your child if you put in all that effort to put together and throw a birthday party, just for no one or barely anyone who RSVP’ed to show up. Be there for each other, buy some extra crayons for the classroom if you can and offer to host a play date with another child so their parents can go out for a night on the town and have a date of their own. It’s the little things.

Being a villager in romantic relationships sounds like a given, but just thinking “I would want them to do the same for me” can help any kind of relationship grow and prosper. For example, girls, you can’t expect a guy to be willing to watch “The Notebook” with you if you won’t willingly watch his favorite three-hour black-and-white war movie with him. Or for guys, you can’t expect your girl to want to watch your favorite team dominate the Cowboys with you if you aren’t willing to give up some of your College Football Saturday to take her to the pumpkin patch with her for a couple of hours. Now, not everything has to be “equal,” but even showing a little interest in something your partner likes and enjoys goes a long way, even if you aren’t necessarily getting anything in return.

Living with roommates is a big place where being a villager can help you and the people

you live with not want to rip each other’s throats out. If you see the Brita empty, just fill it up, even if you weren’t the last one to use it. Cleaning and chores are a big one where it’s everyone for themselves, when it doesn’t have to be. If you see your roommate has some brutal clinicals this week and a big midterm coming up, do some of their chores on the chore list or wash some of their dishes in the sink while you wash your own. Just think about the relief you would feel if you just got done with an absolutely exhausting week of classes, where you’ve been chugging Alani’s to stay awake and study and complete assignments, and you come home to an empty sink with no dishes in it. It would/should make you want to do the same for your roommates when they’re going through a tough time.

Your biggest community comes with your friends and family, where you should really want to be a villager so you can continue your villages. If you don’t check up on your friends and family, you certainly shouldn’t expect them to do the same. Yes, this means the dreaded “C” word of our generation: making a phone call. Call your parents, call your grandparents, call your high school friend that you’re starting to drift away from because you go to different colleges. Check up with your fellow villagers! Being an adult and navigating life is tough, so make sure your loved ones are doing okay, and they’ll do the same.

Checking in with each other is very important because a lot of the time, bad feelings and thoughts go unspoken, especially for guys. Boys, this means maybe taking a break from showing each other your Jonathan Taylor over-two-touchdowns bets and asking each other if you guys are doing okay mentally. Being a villager for your friends also means not constantly ghosting your friend group’s hangout plans so you can hang out with your boyfriend five days a week. You can’t expect your friends to keep inviting you to things and keep including you if you are always saying no. That’s not how a village works, especially if you are trying to “protect your peace.”

These are just some examples, but there are so many aspects of life where you can be a villager and worry about more than just yourself to help others and a community. You need a village in case you ever need some help or need a little boost in life, and small things can go a long way. People will remember what you do for them, and hopefully, that can come back and bless you as well. It might take a little extra effort, but be that villager that you want other people to be for you.

Embody your body on Main Street

By Natália Koritková
koritkovna91@uwosh.edu

Just a few blocks from UW Oshkosh on 579 North Main St. in downtown Oshkosh, there’s a studio where creativity and mindfulness come together. Open Monday through Friday from 8:30 a.m. to 8 p.m., Saturday from 8:30 a.m. to 10 a.m. and Sunday 9 a.m. to 10 a.m., there’s a time for absolutely anyone.

Since 2016, Embody Yoga & Pilates has been offering students and the Oshkosh community a place to come unwind and learn something new about how to recharge their bodies.

When the pandemic forced studios to close, Lea Ann K. Schneider was quick in building a virtual platform for her business. Even though she says she’s not “computer savvy”, she figured it out in no time.

Though she prefers the energy of an in-person class, many students continue to log in from home.

“It’s worth it to provide this convenience for my regular students, so that they can still log in when and where they can,” Schneider said.

For Schneider, clients always come first, and Embody has a big college clientele.

“Freshmen and sophomores sometimes just walk over when the weather’s nice, but I get a lot of juniors and seniors too,” she said. “I do try to offer student rates, because I have one who’s still in college and one graduated a couple years ago and yes, money is tight.”

Student discounts make it very appealing, and when the atmosphere is as welcoming as Embody’s, who wouldn’t want to make the short walk downtown for the next few years of their stressful studies?

Embody offers discounted student packages, making it a budget-friendly option for those looking to practice regularly. As a former UW Oshkosh student, Schneider knows managing in college can be hard and she takes pride in making her studio accessible to everyone on all levels.

Beginners are always welcome at Embody. Classes are versatile and designed for all levels, with modifications and amplifications, as sug-



Natália Koritková / Advance-Titan

Embody Yoga & Pilates has been offering opportunities for the community to unwind since they opened on Main Street in 2016.

gested by Lea Ann Schneider.

For those who want a slower morning stretch, Sunday’s “Set Flow” classes are a gentler, non-heated option.

For Schneider, Embody is more than a business; it’s a community, where she wants to make everyone feel comfortable with their skills.

“Authenticity is huge for me,” she said.

Schneider is transparent with the extent of her skills and doesn’t offer anything she’s not 110% sure of. The focus of the studio is on building her community, and a big part of that is how much clients trust her teaching.

It’s the only yoga and pilates studio in Oshkosh providing Hot Vinyasa classes — held in a heated room, linking together breathing and movement for a dynamic flow.

Schneider, who has been teach-

ing for more than 25 years, came with her own take on yoga.

“I wanted to offer my expertise in the areas I’m interested in and I like to stick with what I know,” she said.

Schneider continues to do so, with improvements and additions always just around the corner.

In 2020, Schneider expanded her studio by introducing pulsed electromagnetic field (PEMF) cellular exercise. The practice was originally popular in the equestrian world; sending energy pulses, which expand the cell, improving the way they receive nutrients and release toxins.

Schneider came across it for the first time when her friend used PEMF therapy on her injured horse. The results were so impressive, she wondered if it could be used on humans, too.

“It was such a perfect comple-

ment to yoga,” she explained. “Yoga recharges you through movement and breath and PEMF recharges your cells with energy.”

Ever since, people have been coming to try or rent it out, sometimes even bringing their dogs to relieve them of their pain.

The studio also hosts a variety of workshops throughout the year. The upcoming event will be held on Dec. 5, focused on restorative yoga and gong meditation, led by Michael Bettine, a long-term gong meditation practitioner.

Schneider collaborates with local and national practitioners to bring these events to Oshkosh, whether they stop by, are intrigued by her studio or she’s known them for a long time.

Another recurring workshop

is beginner and advanced yoga, where students work on their postures with direct assisting — making them feel less intimidated by the whole concept.

“I do a lot of hands-on assisting in those workshops and help them get into their practice figures and where their bodies need to be,” Schneider said.

In the fall, essential oils workshops resurface. All the oils used can be found directly in the Embody store, so students get exactly what they’re working with.

With affordable student deals, innovative classes like PEMF therapy and beginner-friendly lessons, there aren’t many studios that could compete with Embody. For students looking to destress during finals or simply get into yoga, Embody might just be your new go-to.

Contribute to the new Advance-Titan Continuity Fund

To donate, make a check out to the
Oshkosh Area Community Foundation
(Memo should read Advance-Titan Continuity Fund)
and mail to Oshkosh Area Community Foundation
230 Ohio St., Suite 100, Oshkosh, WI 54902